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Did you know?

with True Balance

Hair loss affects at least 50% of men and about 25% of women by the age of 50. There are many types of hair loss. Androgenic alopecia is hair loss secondary to hormones specifically testosterone.

Testosterone is converted to DHT which affects the hair growth cycle and causes shortening of the growth cycle and hair loss. Women experience diffuse hair loss and tend to lose the hair on the top of their head. Hair loss in men may be much more extensive, affecting mostly the temporal areas and the top of the head.

> People with hair loss can experience a variety of emotions from annoyance and concern to devastation and humiliation. There exist many treatments in the market for hair loss. Most treatments target the DHT and its effect on the scalp and follicles.

PRP Hair Restoration

with True Balance

Hi There!

Here at True Balance, we believe in a multi thronged approach to combat hair loss. We have selected specific treatments and modalities that have been shown to be successful in reducing hair loss and improving hair growth. We have created packages that include multiple treatments to improve the success rate of our packages.

Each package includes PRP (Platelet Rich Plasma) which is a treatment that has been shown to reduce hair loss and improve hair growth including increasing individual hair width and hair density. PRP contains high concentrations of over 20 growth factors that are actively secreted from the α -granules of platelets. These growth factors promote hair regrowth by binding to their respective receptors expressed by stem cells of the hair follicle bulge region and associated tissues. Further, they stimulate a cascade or chain of events which then culminate in a stimulation of the hair follicle to grow. Multiple small injections are done in a linear pattern 1 cm apart to a depth of 1.5-2.5 mm. Topical analgesia can be used. A minimum of 3 sessions at 1-month intervals are recommended. We combine PRP with other treatment modalities to improve the success rate of our program. True Balance offers three different packages to suit your needs.

MEET JANET!

Janet is one of our expert Nurse Injectors here at True Balance!

Check out her video on PRP for Hair Restoration it has everything you need (and want) to know!

WATCH NOW



PRP Hair Restoration

Packages Available





3 Platelet-Rich Plasma treatments to the scalp

(4 Weeks apart)

- 3-piece Hair Kit: Shampoo, Conditioner, Scalp Treatment
- Supplements
- Home device to enhance treatment
- Low-level light therapy

PRP Hair Restoration

Pre & Post Treatment

Spruce Grove

780-962-3262

Pre-Treatment

To maximize results, discontinue the following 7 days prior to treatment:

- Aspirin
- Omega-3 Fatty Acids
- No Alcohol or Green Tea 24 48hrs before treatment

Make sure you are well hydrated and had consumption of food 2-3 hours leading up to your procedure.

Post-Treatment

To maximize results, follow the below instructions:

Avoid for 48 Hours after treatment:

- Aspirin
- Alcohol, Smoking, Caffeine,
- Direct Exposure to Sunlight
- Ice packs
- Strenuous Exercise

Important:

- Avoid touching the treatment area for at least 8 hours following your procedure.
- Stay hydrated and continue a healthy, nutritious diet to enhance your results.
- The use of SPF post-treatment is very important.
- If you experience excessive swelling, use gauze provided and gently press down as directed by your nurse.

RISKS AND COMPLICATIONS

I have been informed that the potential risks and complications of PRP at the injection site(s) are: Immediate Pain, Bruising, Infection, Itching, Swelling, Tenderness, Dizziness, Feeling Faint and Bleeding *Please note that multiple treatment sessions are usually necessary to obtain results and the outcome may vary or be limited in effect.

Please note that patients suffering from active infection or autoimmune disorders are contraindicated for this treatment.

Sherwood Park 780-464-4506 St. Albert 587-290-2290