

SCULPSURE

Pre-Treatment Instructions

- Prior to a SculpSure treatment, a consult is required.
- Shower or bathe the day of treatment to prepare your skin for your SculpSure treatment. Your skin must be free of all makeup, lotions, creams and body oils.
- It's a good idea to eat a small meal and drink a glass or two of water before your SculpSure treatment.
- Remove all jewelry and piercings pertinent to the treatment area.
- If you have very thick hair in the treatment areas please trim or shave the areas at home before your SculpSure appointment.
- Be sure to discuss your medical history and medications you take with your treatment provider.
- Cannot be using Retinol products at least 3-5 days prior to treatment.
- No sun exposure in past 4 weeks or self tanning products.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!