

PROFRACTIONAL LASER

Post-Treatment Instructions

Pain:

Post-treatment, you can use cold wet facecloths as often as you desire to soothe the skin. Over the counter medications such as Benadryl, Claritin, or Tylenol may be able to provide some relief to any discomfort.

It is recommended to avoid Advil (Ibuprofen) and Aspirin.

Bleaching Creams:

If you have been instructed to use these products during your treatments, please ask the clinic staff for the suggested regime.

Retin A / AHA Products:

These products should be avoided for 1-2 weeks post treatment and one week prior to your next treatment.

You may choose to discontinue these topicals during your pro-fractional treatment and restart once your series is complete.

Oral Anti-virals (for cold sores):

If you were prescribed these, please take them as directed and until completed.

If you feel a cold sore beginning after the treatment, please notify the clinic.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!