

EYEBROW THREADING

Post-Treatment Instructions

Activities to avoid:

The hairs from the face are removed from the follicle, leaving the pores on the skin open for at least 2-3 hours.

- Avoid touching the treated area for 2-4 hours.
- No make-up or perfumed products should be applied for 2-4 hours.
- Avoid steam treatment or heat source like sun bathing / tanning beds, hot baths, or the sauna for at least 25 hours.
- Avoid swimming or spray tanning 24-48 hours post-threading.

General care:

- Gently wash the treated area with anti-bacterial face wash.
- Choose a toner with witch hazel, this helps to reduce the size of pores and push out dirt. Or, chose a toner with salicylic acid which not only breaks down the oil in the clogged hair follicle, but helps kill bacteria.
- You may use other helpful ingredients such as Aloe Vera or polysporin.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!