

# BBL

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## *Pre-Treatment Instructions*

- Please discontinue the use of Retinol products at least 3-5 days prior to treatment.
- Avoid sun exposure for 4 weeks before your treatment, and self tanning products.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

*Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!*