## DERMAL FILLER

— Post-Treatment Instructions

- Immediately after the treatment there may be slight redness, tenderness, swelling or itching in the area treated this is normal and will resolve within 24 hours.
- The initial swelling after a lip treatment may last longer than in other parts of the face. The lips may appear uneven, asymmetrical or have lumps during this time, this is normal. Final results are usually seen at 2-3 weeks.
- Avoid touching the treated areas for the rest of the day. Light make up can be applied and the area washed as normal routine the day following treatment.
- Avoid exposing the treated area to extreme temperature changes, ie saunas, tanning beds or extreme cold for prolonged periods of time in the first 48hours after treatment.
- Dermal fillers are temporary, discuss a plan with your provider for when your next treatment should be.
- Ice packs can be given for comfort post treatment

**NOTE**: Please delay booking Filler or Neuromodulator treatments for a minimum of 2 weeks before and after the COVID vaccine.

Please provide 24 hour notice for all cancellations or no-show fees may apply.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!

