

# MICROLASER PEEL

## *Post-Treatment Instructions*

### **To prevent drying and crusting:**

- Apply Aquaphor or Vaseline to area as needed (1 - 3 days)
- A cold compress with clean gauze or face cloths can applied as needed for relief of discomfort and to keep area clean. Mix 1 tsp of vinegar with 1 cup of water and soak a clean face cloth to help reduce swelling.
- Remember to wash your hands before caring for your treated area.

### **Post-treatment care:**

- Sleep with head elevated the first night (helps reduce swelling)
- Use a gentle cleanser and moisturizer approved by your technician.
- Avoid activities that cause flushing for 1 - 2 weeks (depending on depth of peel)
- Use a SPF of 30 or more during the healing phase.
- Avoid sun exposure and tanning for 1 month.
- Take antibiotics or Valtrex if prescribed.
- For relief of swelling or discomfort, take Tylenol or Advil if needed.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

*Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!*