

INTRAOURAL

Pre-Treatment Instructions

- Avoid any type of sun exposure for 4 weeks prior to treatment, including tanning beds, and self tanning product.
- Please discontinue the use of any Retinol products for at least 3-5 day before treatment.
- Minimal to no discomfort during treatment, no numbing will be needed.
- Treatment will require you to have your mouth open for the duration of treatment.
- Required to have no makeup applied before treatment, we can remove it for you at our clinic.
- Try to drink plenty of water before treatment, with heating up your skin to a certain temperature. The more hydrated you are, the faster this can happen.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!