

DERMAPLANING

Post-Treatment Instructions

- Aerobic or vigorous physical activity should be avoided until all redness has subsided
- Direct sunlight exposure is to be completely avoided immediately following treatment
- SPF 30+ must be applied daily to the treated area for a minimum of two weeks
- Cleanse the treated area twice daily with a gentle cleanser, followed by a hydrating serum or cream, and apply your SPF 30+ last

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!