

BTL EMSSELLA

Pre-Treatment Instructions

Emsella is a new therapy to help women suffering from stress and urgency urinary leakage. These 2 types of urinary leakage are quite different. Stress leakage occurs with laughing, coughing, sneezing and jumping. Urgency leakage occurs when a woman can't reach the bathroom when she gets the urge to urinate.

High intensity focused electromagnetic pulses are used to strengthen the pelvic floor muscle group (hypertrophy and hyperplasia). These pulses cause strong Kegel contractions but do not cause discomfort.

This treatment re-establishes neural control of the pelvic floor muscles. As well, the pulses re-educate patients on how to selectively fire these muscles so they can maintain muscle tone.

Treatments exert a calming effect on overactive bladder and urge incontinence.

Emsella is the only non-invasive technology with FDA and Health Canada clearances for treating urge associated urinary leakage in women.

Emsella has FDA & Health Canada cleared for the treatment of stress, urge, and mixed incontinence.

Why is this? Emsella targets and strengthens the pelvic floor muscle group, much like Kegel exercises, but far stronger. This is different from traditional vaginal lasers.

How so? Vaginal lasers add collagen around the urethra to help the pelvic floor grip it more efficiently. Emsella strengthens the entire pelvic floor muscle group - a much more direct treatment for incontinence.

How does Emsella work?

The device is a chair containing a very powerful magnet (2.5 Tesla, same strength as MRI machine). The energy is focalized to the depth & location of the pelvic floor muscle group using High Intensity Focused Electro Magnetic Energy (HIFEM).

Emsella depolarizes motor neurons to create 11,800 Kegel-like contractions per 28 minute treatment. These contractions create strengthen the pelvic floor muscles, but just as importantly, re-establishes the neural connections for firing the pelvic floor muscle group, re-educating patients on how to selectively contract the pelvic floor muscles. Meanwhile, the magnetic energy also appears to provide therapy to other neurons that may be causing

Preparation for treatment

A pre-treatment consultation is completed to ensure no medical contraindications exist. These include:

- Cardiac pacemaker
- Pelvic and/or hip metal such as a hip replacement or lower back fusion

A history of a previous tubal ligations is not a contraindication to treatment. Please wear loose fitting, comfortable pants to your treatment session.

Please contact True Balance if you have any questions or concerns following your treatment - we are always happy to help!

Thank you for choosing True Balance Medical Spa. To provide our guests with the best experience possible, we kindly request that a minimum 24 hours' notice is provided if unable to make an appointment; cancellation or no-show fees may apply. We look forward to seeing you soon!