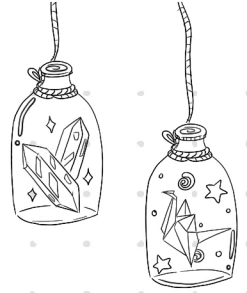




Daily Journal



Date:

Schedule

Notes:

Focus Today:

To do:

Reward Today:

Self Care:

What I am thankful for:

