

## Potential Sessions for Staff in Education

The profile report is just the start of the journey with C-me. Gain a deeper understanding of yourself and others by exploring how else the report can be used. Get in touch to create bespoke workshops or take a look at our most popular topics.

- Foundation Workshop Introducing C-me, different behavioural preferences and exploring individual profiles, as well as individual and team strengths.
- Effective communication Improve relationships by growing in self-awareness of the subtleties of communicating effectively and learning to adapt communication styles, spotting potential conflict triggers, handling difficult conversations, giving and receiving feedback, as well as a consideration of the dynamics of remote communication.
- Leadership and Management Looking at behavioural clues, 360 degree perspectives, personal and team development plans, running effective meetings and developing coaching skills and the ability to draw out potential in others.
- Recruitment and Retention Useful when considering the delivery of effective interviews, maximising candidate fit, ensuring appropriate team balance and delivering effective appraisals.
- Personal and Team Development Looking at how to create intentional development plans, consideration of individual behaviours on team dynamics and learn how to address blind spots and turn them into engines for growth.
- Resilience and Stress Management \* With the fast pace that schools inevitably operate at, it is important to take time to explore our default behaviours under pressure. This workshop focusses on wellbeing by using C-me to address issues such as managing stress, building confidence and trust, strengthening team resilience and performance and the ability to bounce back from setbacks.
- Building High Performance Teams \* A deeper dive workshop looking at role agility, team cohesion, adjusting culture, change management (including pacing change) and clarity in decision-making.
  - \* N.B. These sessions require the High Performance Report

"Working with C-me has given us a language to use that is clear and simple. Their staff are friendly and fun as well as being professional and perceptive. I would highly recommend using them"

Julian Dutnall - Head Teacher (Francis Bardsley Academy)

"C-me's interactive workshops have helped us explore in detail with leaders what their profile means in practice in the day to day leading of teams within schools ... Using C-me has led to increased productivity in meetings and more fruitful relationships between leaders"

Sophie Francis - Deputy Headteacher (Wellsway School)

