



Dr. Chloe

2021 Electronic Press Kit

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Bio

Dr. Chloe Carmichael, PhD, is a clinical psychologist practicing in Manhattan, New York City. She graduated summa cum laude with a BA in Psychology from Columbia University, she then completed her doctorate in Clinical Psychology at Long Island University. Her practice focuses on adults seeking personal or professional goal attainment; and she has published her book, [Nervous Energy: Harness the Power of Your Anxiety](#) with Macmillan Publishers which was endorsed by Deepak Chopra. Dr. Chloe's energy and unique approach have led to an amazingly successful practice with documented annual revenue of over \$1 million including her own sessions, sessions by her staff therapists, and her online programs for consumers as well as for other therapists who wish to learn about her techniques.

[FULL BIO](#)[DR. CHLOE'S PHOTOS](#)

Services



1

THERAPY FOR

- Anxiety
- Depression
- Phobias
- Self Esteem

Dr. Chloe has staff therapists for psychotherapy.

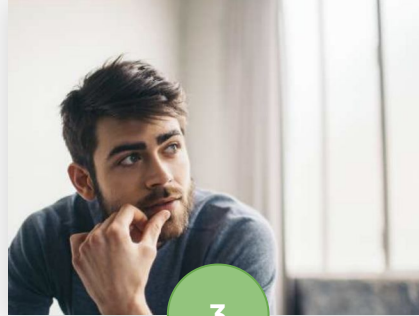


2

COACHING

- Dating + Relationships
- Stress Management
- Anger Management
- Executive Coaching

Dr. Chloe does the coaching herself.



3

SPEAKING

- Webinars & Seminars
 - Live Events
 - Virtual Events
- Know more [HERE](#)

Dr. Chloe has been praised by Jim McCann, the founder of 1-800-Flowers.

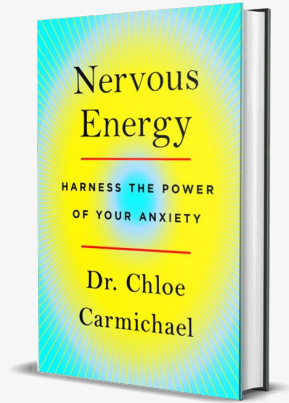


4

CONSULTING

Dr. Chloe is the consultant for Baker McKenzie, the 3rd largest law firm in the world.

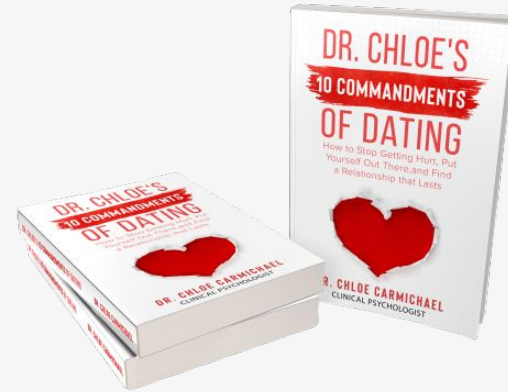
Books



[NERVOUS ENERGY: HARNESS THE POWER OF YOUR ANXIETY](#)

"If 'high energy' people learnt to harness their energy to go beyond reactive responses to modes of intuition, creativity, and emotional resilience, they would achieve even more. This book offers the tools they need."

- **Dr. Deepak Chopra MD, FACP**



[DR. CHLOE'S 10 COMMANDMENTS OF DATING](#)

Media: Article Features



Women's Health

In addition to regularly contributing to articles, Dr. Chloe also sits on the advisory board for Women's Health Magazine.

Media: TV Appearances



Media: TV Appearances



Media: TV Appearances

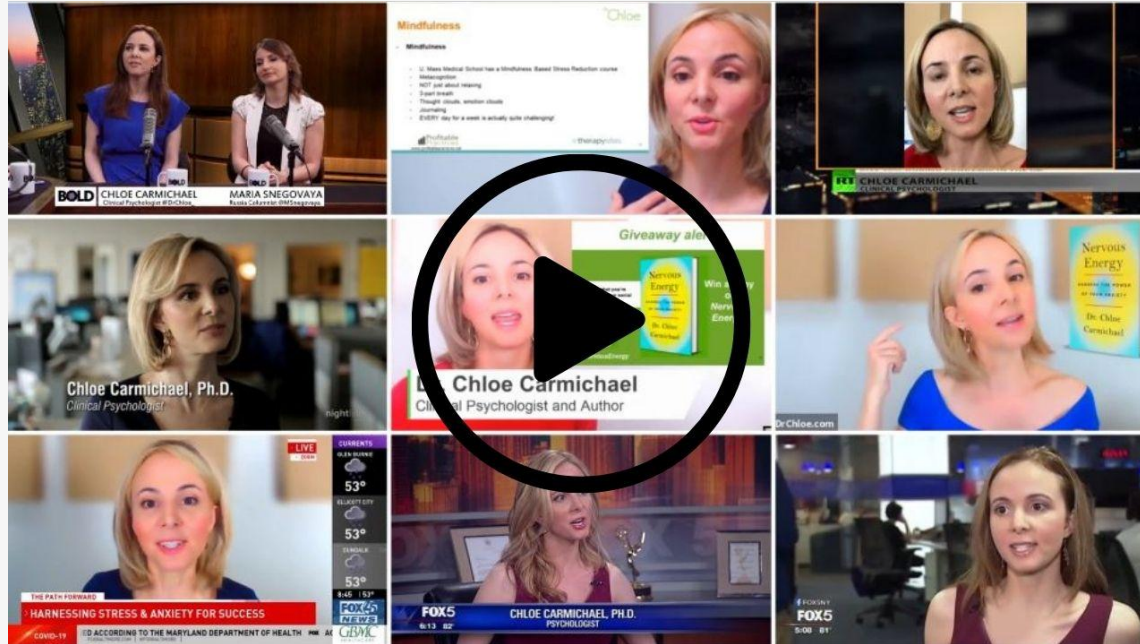


Media: TV Appearances

Dr. **Chloe**



Speaking



Facts



She has published her book, [Nervous Energy: Harness the Power of Your Anxiety](#) with Macmillan Publishers.



She graduated Summa Cum Laude with a BA in psychology from Columbia University.



She also earned a doctorate in Clinical Psychology from Long Island University, and went on to instruct undergraduate courses there.

Facts



Dr. Chloe's private practice focuses on stress management, relationship issues, self-esteem, and coaching.



Dr. Chloe has held annual workshops on Goal Attainment at Columbia University.



She completed clinical training at Lenox Hill Hospital and Kings County Hospital.

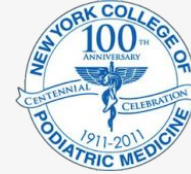


She has published work on issues related to psychotherapy through academic sources such as Guilford, and presented at the Anxiety Disorders Association of America.

Facts



Dr. Chloe served as adjunct faculty at the City University of New York.



She served as the psychologist for the New York College of Podiatric Medicine.



She completed coursework in Buddhism and meditation with Robert Tenzen-Thurman (the first American ever to be ordained as a Monk by the Dailai Lama) and the Mindfulness-Based Stress Reduction designed by the Jon Kabat-Zinn.

Facts



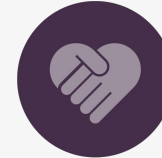
Dr. Chloe Carmichael worked at Corporate Counseling Associates in Manhattan.



She is a sustaining member and has chaired a committee for the New York Junior League.



She is a certified yoga instructor.



Dr. Chloe provides clinical as well as personal volunteer services to underserved populations including the homeless, veterans with addictions, and poverty-level immigrants.

Contact Information



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