



Civilised Separations

Bill Hewlett Therapeutic Mediation

My Family Wizard Webinar
High conflict parenting
disputes

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Alan Schore

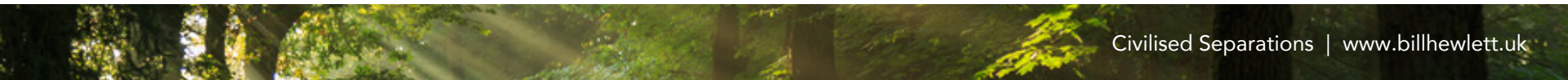
Care-giver induced trauma is
qualitatively and quantitatively more
potentially psychopathic than any
other social or physical stressor.

Attachment Theory

One of the consequences of poor attachment is that there seems to be less space or spare mental capacity for accessing emotional and cognitive information about relationships. In other words the capacity for 'reflective functioning' – to think about your own and other's internal states – is impacted. Rudi Dallos

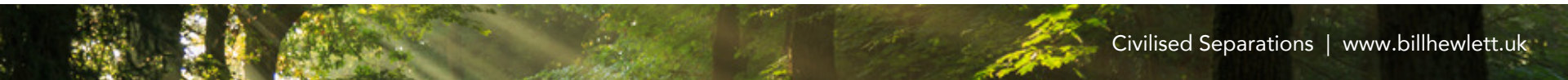
We are deeply relational beings

10% of conflict is due to differences of opinion and 90% is due to tone of voice. Rea Mariz



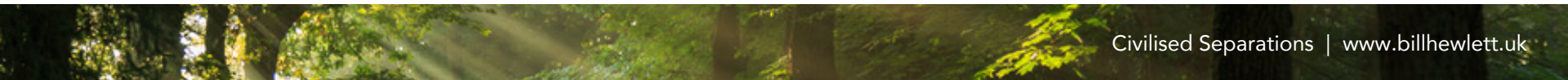
Why the parental alliance is so important

If the parents look after each other, they are automatically looking after the child



Peter Fonagy

The child tries to read the
meaning of their behaviour in
their parents reactions



Dyadic Relationships

Everything the child learns, it learns in relationship with others.

Good enough Parenting

It is rare to find a child who is able to be still and centered and feel safe in the presence of chaotic adults.

Winnicott 1962

'To the child...
traumas are not experienced
as events in life, but as life defining.'

Christopher Bollas





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