



AAAT.L.C.
Health Care, Inc.

AAA T.L.C. Health Care's Strict Precautionary Measures & Guidelines

We are actively monitoring the progression of Coronavirus 19 (COVID-19) to ensure that we have the most accurate and up to date information. In response to the pandemic, AAA T.L.C. Health Care is constantly adjusting our best practices and safeguards to ensure we reduce the spread of the virus. Monitoring updates and procedures from the Centers for Disease Control (CDC), the California Department of Public Health (DPH), and local and county authorities will continue to take precedence and be our first action. Our commitment to excellence in care, with a fluid response in the best manner possible, and following the appropriate policies and procedures is our highest priority.

AAA T.L.C. Health Care's Covid-19 Response Procedures

We have instituted new protocols to keep our clients and care providers safe, healthy, and comfortable. During these trying times we have taken on new procedures as follows:

- Live nurses are available to speak with you 24 hours a day, 7 days a week, 365 days a year.
- Our Care Management Team assesses all potential clients, on the phone or with virtual assessment, to ensure that we meet all of their individual needs.
- To guarantee the safety of our clients, our strike team of nurses are screened extensively to ensure safety for all human interactions.
- Proper Personal Protective Equipment is diligently worn by a special strike team of nurses specifically working with a potential and/or confirmed COVID-19 cases.
- AAA T.L.C. can help coordinate grocery delivery for our clients
- AAA T.L.C. staff members, caregivers, and nurses all take the necessary preventative actions, at all times, to avoid contracting the virus. Measures we also take: Cleaning and disinfecting surfaces, washing hands for 20 seconds or longer, avoid touching of the face, covering coughs and sneezes, staying home when sick, social distancing, and refraining from contact with anyone who may be sick.

COVID-19 symptoms to watch out for

Here are a variety of reported COVID-19 symptoms to watch out for. If you experience any of one these symptoms, or several of these symptoms, monitor your condition closely and **call your doctor**.

- Fever, including chills, shivering
- Cough
- Shortness of breath
- Overall fatigue, lethargic
- Some times symptoms appear like a cold with sore throat and headache.
- Loss of taste and smell, loss of appetite
- Other times, symptoms present to be more flu-like with either body aches, diarrhea, nausea.
- Sudden confusion, delirium and hallucinations
- Pink eye, conjunctivitis
- Swollen red or purple toes, caused by blood clotting in feet/limbs

What to do if you are sick with COVID-19

- Stay home except to get medical care and call ahead before visiting your doctor's office.
- Separate yourself from other people and/or animals in your home and avoid all contact.
- Wear a facemask and wash your hands often.
- Cover your coughs and sneezes with a tissue.
- Avoid sharing personal household items.
- Clean and disinfect all 'high-touch' surfaces every day.
- Monitor your symptoms closely.

Visit <https://www.CDC.gov/> COVID19 for more info.



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**RNs, LVNs, CNAs
& Caregivers**

(844) 4-AAA-TLC
Call 24 hours a day