

Dear Family,

Welcome to Sunny Days!! We look forward to working with you and your child.

To prevent the spread of infection to children and families in our program, it may be appropriate at times to reschedule an in-person session or to arrange a telehealth session. It is up to the discretion of the practitioner to decide if s/he should cancel a session when a child or family member is ill. Please contact your Sunny Days Regional Administrator if you have questions regarding make-ups and/or telehealth sessions. The NJEIS is closely following the Governor's lead in deciding if certain geographical areas, counties or towns will need to return to Telehealth only services based on the public health data he monitors daily. All options for service delivery are on the table and the provision of in-home services may again be suspended in affected areas throughout the coming months should the data indicate.

For more COVID information please call the Department of Health Hotline at 2-1-1.

Cancel your in-person session and contact your pediatrician/ family physician when any member of your family has been exposed to someone with COVID-19 or develops any symptoms of COVID or other illnesses including but not limited to vomiting, flu-like symptoms, eye/ear drainage, rash and lethargy.

In- Person Session Safety Protocol:

- **COVID Guidance**

On April 27, the CDC updated masking guidelines for fully vaccinated individuals. The CDC considers people fully vaccinated 2 weeks after their second dose in a 2-dose series (Pfizer or Moderna), or 2 weeks after a single-dose vaccine, (Johnson & Johnson's Janssen) vaccine. NJEIS practitioners who are fully vaccinated can follow the CDC guidance for mask wearing while providing services:

Fully Vaccinated

- You can gather indoors with fully vaccinated people without wearing a mask or staying 6 feet apart.
- You can gather indoors with unvaccinated people of any age from one other household (for example, visiting with relatives who all live together) without masks or staying 6 feet apart, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19.
- You can gather or conduct activities outdoors without wearing a mask except in certain crowded settings and venues.

- **When a practitioner or family does not wish to divulge their "vaccination status" indoor masking is required and outdoor masking is highly recommended.**

- NJEIS personnel are required to follow the protocols set by any individual childcare or other public place where NJEIS services may take place.

Travel Guidelines If Fully Vaccinated

- If you travel in the United States, you do not need to get tested before or after travel or self-quarantine after travel.
- You need to pay close attention to the situation at your international destination before traveling outside the United States. You do NOT need to self-quarantine **after** arriving in the United States.
- If you've been around someone who has COVID-19, you do not need to stay away from others or get tested unless you have symptoms.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19 (cdc.gov):

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Families: Have the responsibility to review and understand the guidelines provided regarding quarantine following travel or known exposure to COVID-19. You should consult the current recommended minimum quarantine timeframes per the **NJ Department of Health** via: <https://covid19.nj.gov/faqs/nj-information/slowing-the-spread/what-should-i-do-if-i-think-ive-been-exposed-to-covid-19-should-i-quarantine-how-long-do-i-have-to-stay-home> to determine if quarantine is necessary based on your personal situation. .

Thank you for your cooperation in preventing the spread of illness. We look forward to working with you and your family.