

Dear Family,

Welcome to Sunny Days!! We look forward to working with you and your child.

To prevent the spread of infection to children and families in our program, it may be appropriate at times to reschedule an in-person session or to arrange a telehealth session. It is up to the discretion of the practitioner to decide if s/he should cancel a session when a child or family member is ill. Please contact your Sunny Days Regional Administrator if you have questions regarding make-ups and/or telehealth sessions. The NJEIS is closely following the Governor's lead in deciding if certain geographical areas, counties or towns will need to return to Telehealth only services based on the public health data he monitors daily. All options for service delivery are on the table and the provision of in-home services may again be suspended in affected areas throughout the coming months should the data indicate.

For more COVID information please call the Department of Health Hotline at 2-1-1.

Cancel your in-person session and contact your pediatrician/ family physician when any member of your family has been exposed to someone with COVID-19 or develops any symptoms of COVID or other illnesses including but not limited to vomiting, flu-like symptoms, eye/ear drainage, rash and lethargy.

In- Person Session Safety Protocol:

- Require a 3-person maximum (includes child)
- Adults must wear a mask (optional for child over 2 years age, no mask for child under age 2)
- Must maintain 6 feet distance
- Practitioner is not allowed to bring in any toys or equipment for the session
- Both practitioner and family must sign **Pre-Visit Checklist** prior to practitioner entering your home and providing services. If either of you answer "YES" to any of the screening questions, in-person session can not occur. Telehealth options should be discussed.

COVID-19 Symptoms:

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19 (cdc.gov):

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Families: Have the responsibility to review and understand the guidelines provided regarding quarantine following travel or known exposure to COVID-19. You should consult the current recommended minimum quarantine timeframes per the **NJ Department of Health** via: <https://covid19.nj.gov/faqs/nj-information/slowing-the-spread/what-should-i-do-if-i-think-ive-been-exposed-to-covid-19-should-i-quarantine-how-long-do-i-have-to-stay-home> to determine if quarantine is necessary based on your personal situation. .

Thank you for your cooperation in preventing the spread of illness. We look forward to working with you and your family.