

Child's Name: _____



INFANT DEVELOPMENT CHART - FIRST 18 MONTHS

Harold Ireton, Ph.D.



Birth	Social	Self-Help	Gross Motor	Fine Motor	Language	Birth
	Quiets when fed and comforted.		Wiggles and kicks.	Looks at objects or faces.	Cries.	
1 mo.	Makes eye contact.	Alert: interested in sights and sounds.	Thrusts arms and legs in play.		Makes small throaty sounds.	1 mo.
	Social smile.		Lifts head and chest when lying on stomach.	Follows moving objects with eyes.	Cries in a special way when hungry.	
2 mos.						2 mos.
	Recognizes mother.	Reacts to sight of bottle or breast.	Holds head steady when held sitting.	Holds objects put in hand.	Makes sounds—ah, eh, ugh.	
3 mos.						3 mos.
	Recognizes other familiar adults.	Increases activity when shown toy.	Makes crawling movements.	Holds up hand and looks at it.	Laughs out loud.	
4 mos.					Squeals.	4 mos.
	Interested in his or her image in mirror, smiles, playful.	Reaches for objects.	Pivots around when lying on stomach.	Puts toys or other objects in mouth.	Makes sounds like "Ah-goo."	
5 mos.						5 mos.
	Reacts differently to strangers.	Comforts self with thumb or pacifier.	Rolls over from stomach to back.	Picks up objects with one hand.	Responds to voices: turns head toward a voice.	
6 mos.						6 mos.
	Reaches for familiar persons.	Looks for object after it disappears from sight—for example, looks for toy after it falls off tray.	Rolls over from back to stomach.	Transfers objects from one hand to the other.	Babbles.	
7 mos.					Responds to his/her name; turns and looks.	7 mos.
	Gets upset and cries if left alone.	Feeds self cracker or cookie.	Sits alone, steady.	Holds two objects, one in each hand, at the same time.	Makes sounds like da, ba, ga, ka, ma.	
8 mos.						8 mos.
	Plays "peek-a-boo."	Picks up small cup with two hands.	Moves forward somehow while on stomach.	Uses two hands to pick up large objects.	Makes sounds like da-da, ma-ma, ba-ba.	
9 mos.						9 mos.
		Resists having a toy taken away.	Crawls on hands and knees.			
10 mos.			Pulls self to standing position.			10 mos.
	Plays "patty-cake."	Picks up spoon by handle.	Walks around playpen or furniture while holding on.	Picks up small objects using precise thumb and finger grasp.	Imitates sounds that you make.	
11 mos.						11 mos.
	Waves "Bye-bye."		Stands alone briefly.	Puts small objects in cup or other container.	Understands phrases like "No No" and "All gone."	
12 mos.						12 mos.
		Helps a little when being dressed.	Stands alone, steady.	Turns pages of books a few at a time.	Says "Mama" or "Dada" for parent.	
13 mos.					Hands you a toy when asked.	13 mos.
	Plays with other children.	Lifts cup to mouth and drinks.	Walks without help.	Builds tower of 2 or more blocks.	Points to things.	
14 mos.						14 mos.
	Gives kisses or hugs.	Insists on feeding self.	Climbs up on chairs or other furniture.	Marks with crayon or pencil.		
15 mos.	Imitates simple acts such as hugging or loving a doll.					15 mos.
	Greets people with "Hi" or similar.	Feeds self with a spoon.	Runs.	Scribbles with crayon or pencil.	Says 2 or more words besides Mama or Dada.	
18 mos.						18 mos.
	Wants a doll, teddy bear or blanket in bed with him/her. Sometimes says "No" when interfered with.	Eats with a fork.	Kicks a ball forward.	Builds tower of 4 or more blocks.	Uses at least ten words.	
21 mos.			Good balance and coordination.		Asks for a drink or food, using words or sounds.	21 mos.



CHILD DEVELOPMENT CHART - FIRST FIVE YEARS

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	SOCIAL	SELF-HELP	GROSS MOTOR	FINE MOTOR	LANGUAGE	
5-0 yrs.	Shows leadership among children.	Goes to the toilet without help.	Swings on swing, pumping by self.	Prints first name (four letters).	When asked, for example, "What is an orange?" answers, "A fruit."	5-0 yrs.
4-6	Follows simple rules in board or card games.	Usually looks both ways before crossing street.	Skips or makes running "broad jumps."	Draws a person that has at least three parts - head, eyes, nose, mouth, etc.	Reads a few letters (five+).	4-6
4-0 yrs.	Protective toward younger children.	Buttons one or more buttons.	Hops around on one foot, without support.	Draws recognizable pictures.	Prints a few letters or numbers.	4-0 yrs.
3-6	Plays cooperatively with minimum conflict and supervision.	Dresses and undresses without help, except for tying shoelaces.	Hops on one foot without support.	Cuts across paper with small scissors.	Follows a series of three simple instructions in order.	3-6
3-0 yrs.	Gives directions to other children.	Washes face without help.	Rides around on tricycle, using pedals.	Draws or copies a complete circle.	Talks in long, complex sentences (10 or more words).	3-0 yrs.
2-6	Plays games like tag, hide and seek.	Dresses self with help.	Walks up and down stairs - one foot per step.	Cuts with small scissors.	Answers questions like, "What do you do with a cracker? a hat?"	2-6
2-0 yrs.	Plays a role in "pretend" games like house or school - mom, dad, teacher.	Washes and dries hands.	Stands on one foot without support.	Draws or copies vertical () lines.	Speaks clearly - is understandable most of the time.	2-0 yrs.
18 mos.	Plays with other children - cars, dolls, building.	Opens door by turning knob.	Climbs on play equipment - ladders, slides.	Scribbles with circular motion.	Talks in sentences at least four words long.	18 mos.
12 mos.	"Helps" with simple household tasks.	Takes off open coat or shirt without help.	Walks up and down stairs alone.	Turns pages of picture books, one at a time.	Has a vocabulary of at least 20 words.	12 mos.
9 mos.	Usually responds to correction - stops.	Eats with spoon, spilling little.	Runs well, seldom falls.	Builds towers of four or more blocks.	Follows two-part instructions.	9 mos.
6 mos.	Shows sympathy to other children, tries to comfort them.	Eats with fork.	Kicks a ball forward.	Scribbles with crayon.	Names a few familiar objects in picture books.	6 mos.
Birth	Sometimes says "No" when interfered with.	Feeds self with spoon.	Runs.	Picks up two small toys in one hand.	Asks for a drink or food, using words or sounds.	Birth
Birth	Greets people with "Hi" or similar.	Insists on doing things by self such as feeding.	Walks without help.	Stacks two or more blocks.	Uses at least ten words.	Birth
Birth	Gives kisses or hugs.	Lifts cup to mouth and drinks.	Stands without support.	Picks up small objects - precise thumb and finger grasp.	Talks in single words.	Birth
Birth	Waves "Bye-bye."	Picks up a spoon by the handle.	Walks around furniture or crib while holding on.	Transfers toy from one hand to the other.	Says "Mama" or "Dada" for parent, or similar.	Birth
Birth	Plays social games, "peek-a-boo," "patty-cake."	Feeds self cracker.	Crawls around on hands and knees.	Picks up toy with one hand.	Understands phrases like "No-no" and "All gone."	Birth
Birth	Pushes things away he/she doesn't want.	Comforts self with thumb or pacifier.	Sits alone . . . steady, without support.	Looks at and reaches for faces and toys.	Makes sounds like da-da, ma-ma, ba-ba.	Birth
Birth	Reaches for familiar people.	Reacts to sight of bottle or breast.	Rolls over from back to stomach.		Responds to name - turns and looks.	Birth
Birth	Distinguishes mother from others.		Turns around when lying on stomach.		Babbles.	Birth
Birth	Social smile.		Lifts head and chest when lying on stomach.		Laughs out loud.	Birth
Birth					Makes sounds - ah, eh, ugh.	Birth
Birth					Cries in a special way when hungry.	Birth