

# Your Health Data in Your Hands

Empowering your life journey with mitochondrial disease

## Have control over your health data



Have complete control over your health data and how you share it, such as sharing management strategies within the Mitochondrial community.

## Review results anytime, anywhere



When you document your health data, you can view test and treatment results anytime, anywhere. Refer back to your notes whenever you want.

## Keep health data in one location

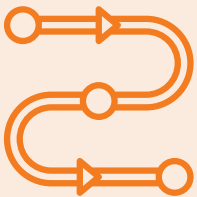


Keep records from the hospital, geneticist, dietitian, physiotherapist and anywhere else, all in one place to refer to easily.



## Provide results to multiple practitioners

Take your records and share them with multiple practitioners and members of your care team within seconds.



## Better understand the process and diagnosis thoroughly

Follow along with your care team and understand the progress of your mitochondrial treatments and what the results mean.

## Reduce duplication of tests



Reduce the number of duplicated tests by keeping records of the tests that have already been performed.

## Connect with the Community



Connect with individuals in the mitochondrial community and use your health data to compare management strategies.

## In case you move or switch doctors



Have your health records with you forever, regardless of if you move provinces/states or if you switch doctors.