



## About Mark Thomas

Mark's particular area of interest lies in helping groups to rapidly get results they need to progress. Over the past 20 years he's taken the time to understand the motivation that catalyzes performance and the differences between the skills and will needed to change or learn. More importantly, Mark has learned to pass on in hours the knowledge that he has developed over the years.

One thing that Mark is known for amongst the groups he works with is his enthusiasm and energy. He knows that enjoying what you do is a quick way to build success and confidence so he's keen to help his groups grow both as quickly as possible. But he also knows that pushing people to deliver more is what a skilled facilitator does. Participants often walk away surprised by what they have achieved and amazed that time has passed so quickly.

He particularly enjoys his work with high potentials and leaders, knowing that he makes a big difference to these participants' professional lives. They always leave with new tools under their belts and a practical understanding of their next steps.

### Examples of Mark's work

- Facilitated and coached high potentials as part of an 18 month strategic growth and talent management program for a leading European consultancy
- Designed and delivered a multinational team building event for a new start up enabling them to deliver a high profile project
- Led a global project team to develop a five day company induction program for an international pharma organization
- Delivered a program of communication skills development in the Gulf for a leading energy company in preparation for a prestigious international conference

### Accreditations

- Chartered Member of the Institute of Personnel & Development (MCIPD)
- Myers Briggs Type Indicator™
- NEO PI-R™
- NLP Master Practitioner
- The British Psychological Society (BPS) Levels A & B
- The Science of Happiness at Work™

### What our clients say about Mark

"What I liked most about working with Mark: the personal results! Really good coach with much experience, attention to questions and ability to create a good environment." *Senior Consultant, international strategy consultancy*



“Mark is an excellent coach. I personally achieved my objectives plus saw improvements in myself and others within the four hour session.” *Executive MBA Student, leading international business school*