



## About Garry Mannion

Garry offers a unique skill set and perspective of coach, actor and experienced business professional. Following his Masters in International Management, Garry earned a scholarship for his Sports Science MSc at the world-leading institute, Loughborough University. This led to a career as a professional rowing coach, which included coaching for Team GB. He then moved on to work in industry and combine these areas forging a specialist career in Employee Wellbeing, where he advises on market trends and has led business-wide projects covering CRM, ISO9001 and Bid Management.

Garry trained at Guildford School of Acting in Musical Theatre (MA) and works on stage, TV and film. He is also a presenter and interviewer in Formula 1 both live and in front of the camera, working for and travelling with a number of teams on the grid. He has extensive heritage knowledge, presenting at events such as the world-famous Goodwood Festival.

He enjoys the energy and active learning that goes with applying the skills learnt through acting. He also thrives on the challenges faced within a business environment and seeing what dramatic results occur with only small changes!

### Examples of Garry's work:

Garry has worked for a number of years with business leaders and organisations sharing his knowledge and skills to help each individual develop their range and skillset. He regularly works at top-ranked business schools on their MBA, EMBA and Corporate programmes. He has facilitated and acted in programmes covering:

- Management Development Centres
- Leadership in Action
- Difficult/Courageous Conversations
- Influencing & Persuading
- Real Play
- Consultative Selling
- Leadership & Influencing Skills in Action

### Accreditations

- BA (Hons) Business Studies
- MSc in International Management
- MSc in Sports Science
- MA in Musical Theatre