



About Daniel Gilsonan

After a blue-chip career in corporate finance and strategy at several of Europe's leading investment banks and global industrial companies, Daniel's passionate interest in psychology and relationship & team dynamics led him to retrain as an organisational psychologist, psychodynamic psychotherapist and executive coach.

When working as a facilitator and coach, Daniel's approach is to help the learner build self-awareness and skill. Daniel's purpose is to make it safe for people to be themselves, thereby empowering them to fulfil their potential. He sees the facilitator/learner or coach/client relationship as a partnership of equals, in which it is the coach's role to be an informed and challenging, yet non-judgmental ally to the client. That is, he creates challenging yet safe learning environments, where learners can take risks and experiment with new ideas or techniques.

Prior to his career change, Daniel worked in Mergers & Acquisitions, Corporate Finance and Corporate Strategy, first in the City, where he worked in the M&A team of a leading European full-service investment bank, and later in-house in the business development and strategy teams in leading FTSE 30 branded consumer businesses.

He has a proven track record of innovation to deliver real strategic change. Over his career, he has led dozens of transactions with combined value in the \$10s of billions, with significant international and cross-border experience throughout Europe, Asia and North America.

Examples of your work:

- Designed and delivered a leadership conference for the top 60 leaders of a significant global resources company focused on unlocking innovation and creating a purpose-led organisation
- Facilitated various master classes in emotional intelligence, managing conflict, unlocking innovation, influencing skills and presentation skills with executives as part of their leadership programs at leading international business schools
- Executive coach to C-suite executives across financial services and industry focused on leading with integrity to unlock collaboration and performance

Accreditations

- European Mentoring and Coaching Council Practitioner Level Coach
- PG Dip, Foundations of Psychodynamic Psychotherapy, The Tavistock Centre
- MSc Organisational and Social Psychology, The London School of Economics and Political Science
- Hogan Personality Inventory Certified
- Certificate in Counselling and Psychotherapy, the Tavistock Centre
- B. Commerce, Honours, The University of Queensland



What clients say about Daniel

“[Dan] was very engaging and kept the workshop interesting through its entirety” - *Strategic Decision Making workshop participant, London Business School MBA*

“Dan coached me through a transitional period in my career, leaving one job and finding and starting a new one. He helped me address the anxiety and uncertainty of the job search and to focus on the important issues. He coached me through the challenges of transitioning into a new job and role, including managing difficult conversations and helping build my confidence and assertiveness. I recommend him highly.” - *SVP, major Hollywood studio*