



About Clare Ramos

Clare is an experienced facilitator with a background as a qualified conflict resolution specialist and workplace mediator. Her understanding of relationships, empathy and questioning skills along with her energy and lightness of touch means she gets groups to gel quickly and learn fast. In her work she is keen for individuals to know how to bring light to any situation: that way they can be the best they can and get the most out of whatever situation they face.

Clare works with individuals, groups and teams who want to learn to maximize their personal impact, improve their working relations, develop skills and bring about mutually beneficial results. She sees at first hand the damaging effects that poor skills coupled with entrenched thinking can have both personally and professionally.

She believes passionately that the knowledge, skills and techniques she knows are core for any professional. So she is keen to share them facilitating, coaching, training or working one-to-one. Her aim is to provide practical and useful solutions that enable people to perform to their very best, working to their strengths, engaging fully and constructively with their colleagues as well as within their organization, and to achieve their potential.

Examples of Clare's work

- Delivered consultation and conflict resolution services for a global publishing company.
- Designed and implemented conflict management and resolution system within several of the UK's top universities, as well as other public and private organisations.
- Regularly helps resolve disputes between senior employees and within executive teams.

Accreditations

- National Certificate in Workplace Mediation
- Certificate in Community Mediation