



## Exploring Your Impact in Groups

Working together effectively in groups, especially a Study Group, is critical not only to individuals and their feeling of worth, but, also to what and how your group achieves a successful outcome.

Attend this workshop, together with the rest of your Study Group, to get practical insights and feedback, or as we prefer at iOpener feedforward, on how you work together. Your impact on each other and how others outside the group perceive you. Plus, have the opportunity to observe another group in action and consider what can be learnt from them.

### How do I know I should attend this workshop?

1. Have you recently been asked to join a new group?
2. Do you know what strengths you bring to a group?
3. Do you feel confident about your place in the group?
4. Do you want to know how to work effectively together?
5. Could you and your group members benefit from specific and targeted feedforward on your interactions?

If you answer yes to these questions, then this workshop is for you.

### What will I do?

You along with your group members will be:

- Participating in a group role play, using a provided Case Study
- Critiquing your own group contribution
- Receiving feedforward from an allocated observer
- Observing an individual during a group role play and providing them with feedforward
- Exploring what makes some groups better than others.

### What are the outcomes?

By the end of this workshop you will have:

- Identified how individual contributions & interactions impact your Study Group dynamics
- Given and received feedforward on the part you played during an observed role play
- As a group prepared a group charter on how to work together for success
- Started working on a Personal Development Plan (PDP) on what changes you as an individual need to make during ongoing Study Group discussions/meetings

### How do I prepare?

You need to do the following:

1. Read the Case Study provided.



2. Consider what challenges you typically face when working in groups?
3. Be yourself during the role play, (this isn't an assessment). This way your feedforward will be the most valuable to you.

## Who is iOpener?

iOpener is an international consultancy that helps organizations achieve their strategic and commercial goals by maximizing the performance, productivity and happiness of business-critical employees.