

## Springbank Nursing Home

The aim is to offer residents a fulfilled and contented life, ensuring all support is given to achieve the maximum capabilities of individuals; whilst giving them the very best of care.

Recreational and daily activities are organised in the Home; activities include bingo, board games, cookery, drawing, computer work, crafts, keep fit, musical movement, poetry and reading, quizzes, sing-a-longs and reminiscing amongst others.

<p><b>Has RITA enabled you to take people into the service that you may have previously declined?</b></p>	<p>RITA has provided meaningful engagement for residents who would normally shy away from getting involved in activities. One resident in particular, really enjoys the Kick Game and seems more stimulated whenever they play this activity.</p>
<p><b>Has RITA improved mental health and stimulation?</b></p>	<p>RITA is a great tool for residents to engage in 1-1 activities whilst confined to their bedrooms for medical reasons, due to its portability.</p> <p>We also have one resident who is nursed in bed throughout the day. RITA has been excellent because we've been able to do more person-centred sessions with her and keep her from feeling isolated from the other residents.</p>
<p><b>Have incidences of challenging behaviours reduced since RITA was introduced?</b></p>	<p>A few residents in particular have enjoyed the films and would otherwise present with challenging behaviour.</p>
<p><b>Has RITA improved residents engaging in group work activity?</b></p>	<p>RITA has generated a lot of conversation opportunities and lots of giggles.</p> <p>Group activities have improved and we now offer more constructive stimulation to keep the residents engaged.</p>



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