

At Seven Hills we are successfully utilising RITA to implement positive shifts in behaviour, to learn more about our residents and delivering the best care possible.

Seven Hills is a 24-bed nursing dementia home with a 4-bed specialist dementia unit, newly refurbished and sits in the heart of the leafy suburb of Nether Edge, Sheffield. As is common to all the care homes in our group, a welcome and informative approach to relatives and friends are openly practiced so that they can play a role in the care that our staff deliver.

Quality nursing care is given on an individual basis, the high standards that we set ourselves are guaranteed. Our mission is to spread kindness and show people they matter. We do this by allowing people to live in the moment.

*“RITA is absolutely amazing! I wish I had 5!
We have one gentleman who usually stays in his room but has sat at the end of the corridor and is on film number 4. Honestly, I’m so grateful for it, it will definitely be one of the best things for people in care homes. The selection is amazing and it has activity ideas that also prompt staff”*

Qualitative anecdotal feedback

What was the main reason for using RITA?	<ul style="list-style-type: none"> • To elevate boredom • To bring residents together • 1-1 sessions • Stimulation • Reduce agitation • Distract distressed residents
Have you learnt anything new about your residents?	<ul style="list-style-type: none"> • Their interests, hobbies, favourite films and places they have visited. • RITA provokes the residents’ memories which prompts them to tell us stories about their lives.
What content have you used within RITA?	<ul style="list-style-type: none"> • Movies • Games • Music • Audio Clips • TV Clips
How did the residents respond?	<ul style="list-style-type: none"> • They were engaged • Interested • Happy • Smiling • Laughing • The look of Joy on their faces
Did the activities reduce agitation or positively stimulate the residents?	<ul style="list-style-type: none"> • Residents become calm and distracted. They are un-aware of other things happening around them which could potentially lead to agitation or escalated scenarios.
How has RITA helped to meet the resident’s needs?	<ul style="list-style-type: none"> • RITA prevents boredom and encourages the residents to interact with each other. This in turn reduces their social isolation and prompts positive conversation and aids the residents to stimulate each other. They lead the topics of conversation and realise subjects that they have in common. • RITA gives back some of their independence that they sometimes feel they’ve lost. They can safely search the RITA devices for content that appeals to them, by themselves.

