



Gloucestershire Health and Care NHS FT

The OT team at Tewkesbury Hospital provide valuable feedback on how RITA has played a key part in enhancing their service, resulting in improvements in wellbeing, in addition to nutrition and hydration health.

“I used the RITA in the day room with 3 other male patients, two of which had a recent diagnosis of dementia. Together they played the Coconut shy game and got quite competitive with the scoring. I observed that each patient participated well to help with their hand-eye co-ordination, they really enjoyed the game which was after lunch club. I encourage patients to socialise together and improve their nutrition.”

“A special moment is when you see the patients face ‘light up’ and they were smiling again off the back of the activities that RITA provides.”

Scenario	Action	Outcome
<p>Patient A:</p> <p>This patient has been a bit down in the dumps over the last few days.</p>	<p>RITA was introduced to the patient and they were advised of the vast selection of activities that could be utilised.</p> <p>The patient chose to watch films of their own choice as well as participating in the quizzes because they wanted to ‘test their brain’</p>	<p>The patient responded really positively to RITA. They remained engaged and occupied which made the time pass quicker for them.</p> <p>A special moment is when you see the patients face ‘light up’ and they were smiling again off the back of the activities that RITA provides.</p>
<p>Patient B:</p> <p>This patient lives with dementia. She was very anxious without company and confused which in turn was causing the patient to ‘Call Out’</p>	<p>When the patient was introduced to RITA, they displayed an interest in the musicals and Jigsaw activity.</p>	<p>The patient engaged surprisingly well with RITA and demonstrated capabilities following simple instructions for puzzle work.</p> <p>The patient enjoyed watching a musical while eating her lunch which enhanced her nutrition and hydration health. This is key when a patient is in hospital, and we want to get them back to full health.</p>

Patient Feedback:

Did RITA improve your mood? A: *“Greatly, it gave me more interest during the day.”*

What was your favourite content? A: *“The films”*

