

North Tyneside CCG welcomes RITA

I have been a nurse for over 40 years and during that time have seen and been part of implementing a number of innovations to improve the quality of care delivery and patient outcomes.

NTCCG were delighted to welcome Rita to all of our Care Homes! Rita is a Reminiscence Interactive Therapy and Activities system. We worked with My Improvement Network to provide training across the care homes and deploy the systems in return for a commitment to provide case studies to monitor the impact.

As soon as the case studies and feedback started to come in via Ruth Marshall our Nursing Home Clinical Lead we knew we had made the right decision. The individual personalised impact studies demonstrated how the system was contributing to making a real difference to the lives of care home residents and the working lives of staff. For some, it was a mechanism to unlock the past and enable a different and shared conversation or activity to take place which opened up a whole new chapter. Other people found the distraction and engagement reduced agitation, improved behaviour, reduced PRN medication and reduced falls. Others simply took delight in the activities and resources on offer. They have proved so popular with the residents that we have provided further devices to enable us to explore further their impact on personalised care as well as wider home, resident and staff dynamics.

Recently we have shared NTCCG HowFit programme developed by Dr Steve Parry with My Improvement Network which has now been uploaded to the system to support the improvement of strength & balance with residents. This is a fantastic example of how NHS organisations and industry technology innovators can work collaboratively to enable improvements in care delivery that have a positive impact for local people and staff.

“By investing in technologies like the RITA system we can make a real difference to the lives of care home residents, helping them live healthier and happier lives.”

Dr Lesley Young- Murphy
Exec Director of Nursing: Chief Operating Officer
NTCCCG
Visiting Professor Northumbria University