Bolton NHS Foundation Trust



The Challenge

Royal Bolton Hospital. Ward C2 were granted the opportunity to run a 4 week trial with the aim of reducing specialling on the Acute Medical Ward. We had one additional staff member on the rota at all times to deal with any specialling needs. We wanted to be able to provide more stimulation for those patients presenting with aggressive and destressed behaviours.

'Making Specialling Special' Project

The Solution

During the 4 week trial period we utilised the unit around many different wards and immediately saw better outcomes as patients became much calmer in mood when working through the reminiscence program of the technology.

It has become an obvious 'Go To' for the staff when trying to calm agitated and aggressive patients on the ward. These patients have become involved in singing in groups as opposed to arguing and becoming abusive and violent. All the staff have found it so easy to use and above all extremely effective in its use. It is a great distraction technique in trying to calm aggression in multiple situations.

We have been able to reduce our 1-1 nursing by a considerable degree and our Falls Co-ordinator has recorded that over the 4 week evaluation period their falls rate has reduced by 66%.

We hope to be purchasing additional units in the near future.

OUTCOME:

Falls reduced by **66%** as a result.