

# Aneurin Bevan University Health Board NHS Wales Royal Gwent Hospital - Cardiology Ward

### The Challenge

Whilst this is a 30 bed Cardiology Ward, not all patients are singly diagnosed with cardiac problems. On our ward we have patients with end stage Huntington's- Chorea and also patients with Schizophrenia as well as other complex conditions It can be challenging to find useful techniques in dealing with these patients.



## It offers diversion from an otherwise very long day and released ward nurses to continue with other jobs.

### The Solution

Having seen this technology on a Care Ward recently, I immediately saw the benefits the system can have in Cardiology with an increasing ageing demographic.

1. We had a scenario where one patient required 1-1 nursing through the night, due to night terrors. These would manifest with her screaming almost constantly and throwing herself on the floor. This was very distressing for the patient and also the staff. We struggled to find a useful technique to overcome this.

2. In both these scenarios the technology proved successful in lifting the spirits and calming the patients. The patient that was prone to wandering, no longer had this fixation and was distracted by the technology and was perfectly happy. In this situation we were able to reduce our 1:1 nursing from 24 hours per day to just escorting him outside once before sleeping. This was a very positive outcome for both the patient and the staff.

There is an obvious cost saving with the reduction in 1-1 nursing which could be argued covered the cost of the equipment tenfold.

### OUTCOME



In the other recalled scenario, we were able to calm and reduce the agitation of the patient, allowing her to relax and sleep peacefully through the innovative use of the system.



### **66** On a personal note, I believe that the Acute Wards would find this equipment beneficial for their patients, particularly as our patients are getting increasingly older and have multiple morphologies "

Robert Bristow - Ward Manager