## Somerset Partnership NHS Foundation Trust Stratfield Day Centre and Wellington Community Hospital

## The Challenge

Severe and complex Mental Health problems. Marked behavioural difficulties as a consequence of Metal Health problems. Complex Family/ Carer situations requiring specialist intervention.





## The Solution

Stratfield Day Centre and Wellington Community Hospital form the Older Peoples Community Mental Health. The service is provided for the elderly, mentally and frail by Somerset Partnership NHS FT. The Trust includes specialist Mental Health services for older people with dementia, severe depression, severe anxiety and severe schizophrenia.

The staff involved here are all working towards giving the best experience to each individual in every session that is held. This can sometimes be very difficult as we are always trying to cope with varying illnesses and different levels of challenging behaviour. The RITA have brought our Specialist Day Centres up to date in the interactive world in leaps and by miles! Historically there would be board games, reminiscence games and verbal games. These came in a manner guises that were to be found in various locations and were cumbersome. Now with the RITA the options for activities are never ending. Everything is so compact, easy to use positioned on a secure trolley unit and can be easily wiped over to comply with infection control.



We have remodelled our 6 week assessment of new clients to include this new technology. Each and every new client will have their own collage and favourite activities logged. Using the technology as part of the assessment process encourages more 1-1 time with our clients. It is an integral part of our service now and is utilised at every single opportunity. It is a solution to such an international problem.

It significantly helps with people that are visually impaired one example of this is that a client that loved to play cards struggled, as she could not see the cards and staff would have to tell her what the cards said. But now the staff are able to wheel the large 22" touchscreen unit to her and she plays 'play your cards right' digitally. This is just one of the many examples on how this has improved our day service.



Somerset Partnership NHS