

Dudley MBC - Woodview House Specialist Care Home - Shaw Healthcare



Woodview House is a specialist care home that is suitable for a wide range of personal care and rehabilitation needs. There are 24 individual rooms and the residents are generally over the age of 65. Staff at Woodview House often found that residents were isolated due to their behaviors, and often needed something to stimulate and calm residents whilst providing meaningful activities.

There are many scenarios where introducing RITA has helped with social inclusion as well as stimulating and improving the wellbeing of residents. We introduced RITA to a withdrawn and quiet man, who was generally isolated within the setting, he thought the 'Pig Racing' was very funny and he really engaged with both RITA and the staff. He was holding hands with a member of staff, interacting and engaging with her which is something he would never normally do.

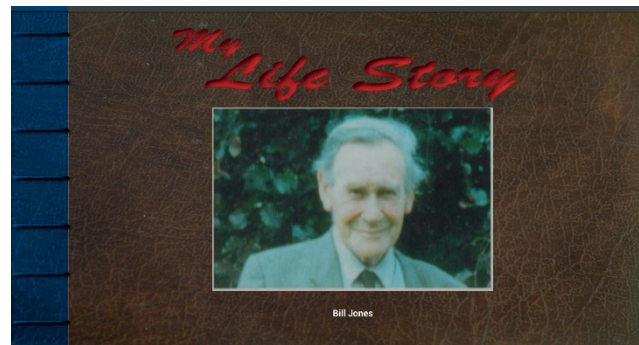
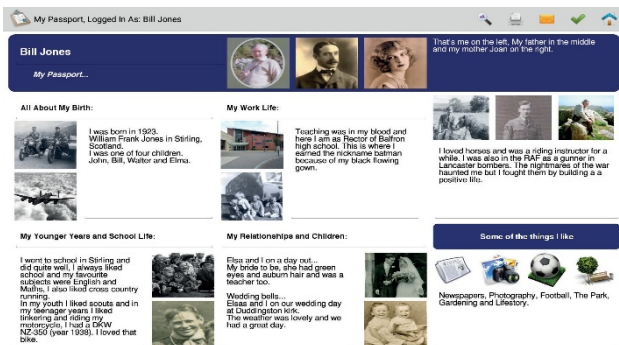
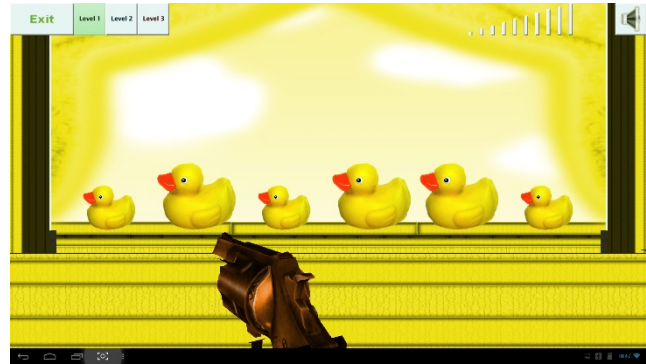
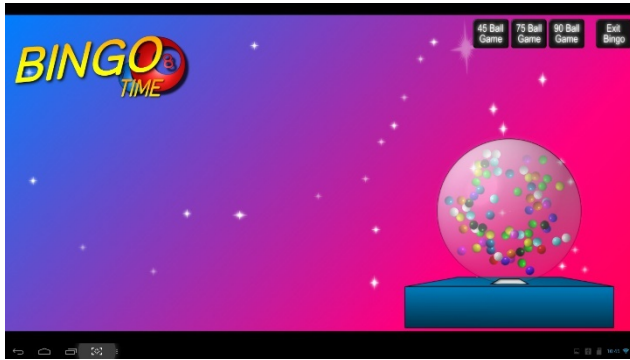
A second resident, who was also isolated due to mood swings and behaviours, used RITA to enjoy a karaoke session. She "came to life" and was much happier than normal, singing along to the music, staff saw a significant improvement in her wellbeing. So much so, her husband has booked to use RITA during his next visit after seeing the amazing impact it had had on his wife!

RITA has also helped to improve the sleep/awake regimes with residents, one gentleman in particular was showing signs of agitation and the music was used to calm him. He liked to use the keyboard where he could make his own music - being able to do this on his own without assistance helped to calm him so much that it enabled him to go to sleep easier.

One resident had a very low mood and introducing RITA meant that we got to see her smile! The TV Clips and Blue Peter assisted in engagement with staff, reminiscing about her life and generally improved this resident's wellbeing. The memories that she shared allow staff to gain an insight in to her life and improve interaction and conversation for the future. - improving person-centered care.

Not only is RITA great to use with individuals, but the group sessions are a great way to get residents involved and interacting with each other. They particularly enjoy to exercises and her daughter had told staff that they reminded her of when she used to go to keep fit classes. The quiz was also a favourite, and enabled interaction and social inclusion, reducing isolation and agitation with residents.





My Improvement Network are delighted to be able to support the **RCN Project** and their mission to increase awareness around delirium in older people with dementia.

The integration and use of technology within healthcare offers significant benefits in both primary and secondary care settings. These benefits can extend across nursing practice from improving person centered care to enhancing daily workflows. Providing educational tools that empower and guide nursing staff through this digital revolution is critical and will help facilitate successful incorporation and safe implementation of technologies within nursing, by nurses.



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