

Royal Free London **NHS**



NHS Foundation Trust

We currently have our units deployed on several wards for the elderly. As well as patients with dementia where the system has demonstrated its tremendous merits, we have also been able to utilise this in helping people with Learning Difficulties and mild dementia.





One gentlemen had presented with very challenging behaviour and could be quite aggressive towards others on the wards. It was important that we managed this situation, but we didn't believe just offering cohort was a suitable solution. With this in mind, the Ward Sister suggested that the patient be occupied with the My Improvement Technology. The gentleman spent over 4 hours on the unit, particularly enjoying the music and videos. It was positive in keeping him calm and reduced his agitation.

One particular point that surprised the nursing staff, was that when he appeared to use the unit the following day, he was able to switch this on for himself and just appeared to carry on where he left off and began to show others how to use the system.

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