

Meadowcroft Residential Care home share their experiences of using RITA



Our modern, spacious home in the heart of Bushbury, offers superb accommodation, which is purpose-built for residential and dementia care. Our aim is to create a homely and comfortable atmosphere where residents can relax and enjoy the support, friendship and care that we provide. Inside you'll be greeted by lots of smiles, a real family atmosphere and simply beautiful interiors.

We take pride in the support and reassurance that we provide for families and next-of-kin. We ensure that each Resident is treated as the unique person that they are, respecting their right to dignity and privacy and enabling them to lead as fulfilled a life as possible. It's the services that we provide and the very high standard of care and kindness that we set ourselves that makes Meadowcroft special.

Resident A

What was the reason for using RITA?

To socially engage with others and to keep the mind active.

Have you learnt anything new about the person through using RITA?

Yes, RITA prompted the resident to remember certain memories, songs, movies and games.

How did the resident respond?

RITA triggered the resident to ask questions about their favourite movies and they appeared happy to be included in this activity.

Did the activity reduce agitation or positively stimulate the resident?

Yes, it encouraged meaningful conversations.

Has RITA helped to meet the residents needs?

Yes, it helps the residents to be more socially engaged.

Resident B

What was the reason for using RITA?

To mentally stimulate and reduce falls.

Have you learnt anything new about the person through using RITA?

Yes, we have learnt what music triggers happy memories. We also learnt that the resident enjoys playing games.

How did the resident respond?

The resident displays an improved, positive attitude.

Did the activity reduce agitation or positively stimulate the resident?

There's a reduction with this resident 'wandering' as they are more engaged and focused on the RITA activities.

Has RITA helped to meet the residents needs?

Yes, RITA keeps the resident mentally stimulated and occupied which in turn averts them from boredom.

Manager Feedback

Is RITA being used for individuals, group sessions or both?

Both. We use it for group exercises and music sing-a-long songs.

Individually, we tailor the quizzes for more meaningful and memory provoking activities.

Has RITA improved your residents and families mood and wellbeing?

Yes, the residents enjoy using RITA. They prefer to use the RITA system more than doing other activities within the home.

Has RITA helped to reduce falls?

Yes.

Has RITA helped resident on resident incidents?

Very much so.

Does RITA help to calm agitated or distressed residents?

Yes, RITA reduces boredom for our residents and provides them with a focused activity to engage with.

Has there been a reduction in 'Sundowning'?

Yes.

Has there been an improvement with Nutrition and Hydration?

Yes.

