

Kingsmill Hospital reduce length of stay, eliminate chemical restraint and enhance patient centred care using RITA

RITA was used in conjunction with the carers passport on a Ward. The ward staff were able to set an individual profile up with the assistance of a relative for a patient with Lewy Body dementia. They completed a 'my life' passport for this patient, this included her likes and dislikes, food preferences, former hobbies and career. Using reminiscence therapy through RITA supported the staff and the patient and increased the opportunities for social interaction on the ward.

The benefits supported by RITA for this patient has included a shorter length of stay in hospital, chemical restraint has not been used as the patient has been less agitated during this admission and has aided a patient centred approach to nursing care.

From 1st February to 8th March 2021 RITA has been used for 777 hours on the Ward.



Usage of RITA

