

## Darnall Grange Nursing Home:

### *The introduction of RITA has been instrumental to the continued delivery of care and safe well-being of our residents*

Darnall Grange is a 60 bed nursing dementia home and sits in the heart of the Darnall, Sheffield. Quality nursing care is given on an individual basis, the high standards that we set ourselves are guaranteed.

All our staff are friendly, motivated and attuned to the needs of all residents. High team spirits and professional attitudes are the key to our success.

***We have not recorded 1 single resident on resident incident for the month of July 2021.***

***Due to RITA providing positive, meaningful interaction to our residents, they are less likely to become bored and agitated with each other.***

***We've found that RITA brings our residents closer together as they realise how much they have in common through using the RITA activities as a starting point for conversations.***

**Improved co-ordination** We have 2 residents who enjoys playing the shooting game activity. Whilst providing mental stimulation to each resident, we also identified an enhancement with their hand/eye co-ordination.

**Focussed approach** There is one resident who can become agitated from time to time. We discovered that the Fish Tank activity helps channel the agitated behaviour and that the resident becomes focussed and calm. For us, being able to use RITA as a prevention tool for possible challenging scenarios is so important to the welfare of our residents.

**Enhanced Nutrition and Hydration** RITA is now used just before mealtimes due to us observing an increase in how much our residents eat and drink. RITA has the ability to engage with multiple residents at one time and subconsciously make them feel calm and relaxed just before mealtimes. This shift in behaviour then trickles down to the intake of food and drink that the residents consume, without them even realising it.

**Meaningful Conversations** Our residents love to talk about their past and their childhood. No-one can relate better to someone who lived through a specific moment in time, than someone else who lived through that same moment in time. When our residents partake in memory provoking conversations, prompted by RITA, they really bring out the best in each other. The mood in the home is one of laughter, smiles and joy.