



Croft Dene Care Home



We have had RITA donated to us by North Tyneside CCG and it has already made such a positive impact in reducing our falls. We have only had our unit for a very short time and we are overwhelmed with the impact it has had in improving our safety levels around falls and improving the level of care we aspire to provide. I am sure through continued use, that this trend will only continue.

Falls Improvement

Month	No. of Falls Incidents
June 2019	9
July 2019	8
August 2019	9
September 2019	11
October 2019	7
29 November 2019	5

Immediate Falls Improvement 43%

Already we have noticed that the resident in the EMI unit are sitting in groups chatting about movies etc. and are not bored and walking up and down the unit where there were regular episodes of residents falling to their knees. We have also been able to reduce our 1-1 enhanced care which has freed up resource. We have also been able to reduce our 'Entertainment Bookings' as RITA has proved invaluable in the plethora of entertainment contained within the system. So, we have been able to demonstrate financial savings here too!

Scenario	Action	Outcome
Bored & Agitated Residents – Low Mood	We played the music for the residents. It was soothing for them. They liked particular pieces of music. We could put this on replay for them.	Residents became less distressed, more settled and visibly enjoyed the music and watching films.
Sundowning	We put on a movie for our residents.	They all cluster together watching and listening. They are very settled. It's nice to see.
Distressed and Anxious Residents	<p>One of our patients was so distressed. That the SCA played some French music for her.</p> <p>Another patient was very vocal and looking for her Husband.</p>	<p>She started to dance for quite a few minutes. She then became settled, and became tired.</p> <p>RITA has been fabulous and distracting their determination to something nice that settles them.</p> <p>It is a very motivational tool for the staff to use and achieve such positive outcomes.</p>
Overall Summary	<p>Watching Films together and listening to music offers a very relaxed and calming setting that benefits all. It removes social isolation, reduces boredom and anxiety and offers triggers for conversation for all.</p> <p>We have been able to learn about the likes and dislikes of the residents, the choices of music and preferences for activities and films. Photo's allow them to reminisce and speak about their family. When you find out more about the residents, their care becomes personalised and we are better able to meet their needs.</p>	

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