

Collingwood Court Care Home

Collingwood Court Care Home is based in North Shields Tyne & Wear. We are housed in a



modern, purpose-built care home in Chirton, We provide personalised residential and respite care for up to 63 older people, including those who are living with dementia. Our team also offers day care for older people living in the local area. Both day guests and residents socialise and join in activities and outings together. We have been fortunate to have been considered for 2 RITA Activity Units from North Tyneside CCG that are further supporting our residents with day to day activities and also helping to calm and alleviate challenging behaviours.

“In the short time that we have had the units we have measured 880 hours of use across the two floors. It is amazing, it is having a massive impact on the residents and the staff”

**Maggie Harrison
Manager**

| Scenario | Action | Outcome |
|---|---|---|
| A married couple living at the home are both deaf. They are able to lip read and sign between themselves but never get involved in any group activities. There is no communal engagement. | Following the introduction of RITA, the gentleman became engrossed in the quiz. He was even reading questions to Maggie, the Manager and making jokes. He became completely engaged challenging the RITA questions in the quiz. | This was an extremely positive outcome as he has always been reluctant to become involved in any group activity. One of the carers commented that it was the most she has ever seen him chatting in all the years he has lived at the home. A real success story. |
| End of Life resident | Brought RITA into the room for the resident and family | Family were extremely grateful for having a form of distraction and helping when often communication is difficult. |

| Scenario | Action | Outcome |
|------------------------------|---|---|
| Isolated patients | Introducing RITA, brings residents out of their shell. It offers trust and confidence and they show a willingness to become interested in the activities within the system. | Residents are happier as they become involved in the wider community environment, laughing and talking to each other. As they play games. Snakes and Ladders has been popular. A great tool to generate conversation and reminisce with each other. There is definitely more interaction between the residents. |
| Sundowning | By introducing music and movies | Residents are calmer and happier as they listen to the music. They are more interested around mealtimes supporting nutrition and hydration. They are also less sleepy because they are occupied with meaningful activity. |
| Unsettled Residents at night | Many of the residents have trouble sleeping, becoming anxious and unsettled. | The Night Staff always have RITA on hand. Having something like this to distract our residents can have the effect of limiting disruption to other residents that are sleeping and also reducing our incidence of falls. |



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