



Namola Panic Tracker

The Namola Panic Tracker allows TB HIV Care employees to send an alert to Namola's 24/7 emergency response centre when in a threatening situation or a situation that requires emergency assistance. Once activated your name and GPS location will be shared with a dedicated Namola Response Centre operator who will coordinate emergency assistance on your behalf.

The Panic Tracker is like a little cellphone. It comes with:

- Built in GPS
- Built in Sim card





How to send an SOS:

- Hold down the SOS button until you hear the Panic Tracker beep and/or vibrate
- When you hear the beep, an alert has been sent to the Namola Control room
- Wait for the operator to call you on the device. The device will automatically answer
- Speak clearly (if you can) into the speaker on the back of the device
- **If Namola can't get hold of you**, the operator will call your mobile phone to see if they are able to reach you to get further information. As soon as the operator has enough information to deem your Panic Alert an emergency, they will dispatch help to the GPS location of the Panic Tracker.

When to send an SOS:

- When you feel that you are in a threatening situation
- If you would like to test the Panic Tracker (but please remember to answer the device and tell the operator you are just testing)

It is important to remember to:

- Charge your Panic Tracker once a day
- Carry the Panic Tracker in a place where you can't accidentally activate it, and where you can reach it easily in the case of an emergency.
- The Panic Tracker is not waterproof, please do not put it under your top as sweat may cause erosion of the charging points.

