

# Glycomics

## The Next Frontier in Medicine

Helen Messier PhD MD

# What do these have in common?

HIV infection

Cardiovascular disease

H. pylori infection

Rheumatoid arthritis

SARS-CoV-2 susceptibility and infection

Diabetes

Kidney function and disease

Modulation of the inflammatory response

Cancer metastasis

Regulation of apoptosis

Seaweed

# Objectives

## Understand:

What glycomics is and where it fits in relation to other “omics” in clinical care

Importance of glycans in human health and disease; examples of diseases where glycans play a critical role

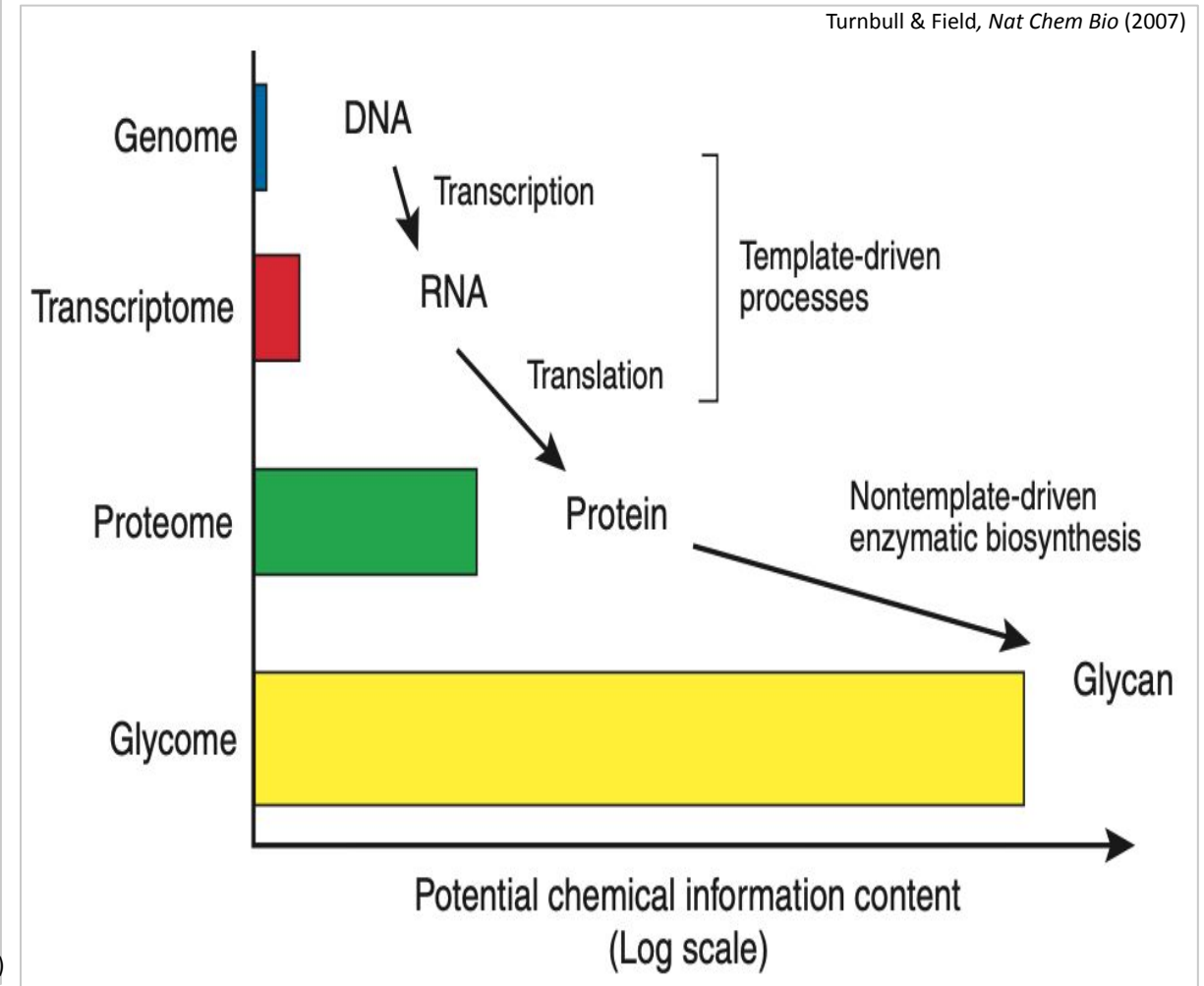
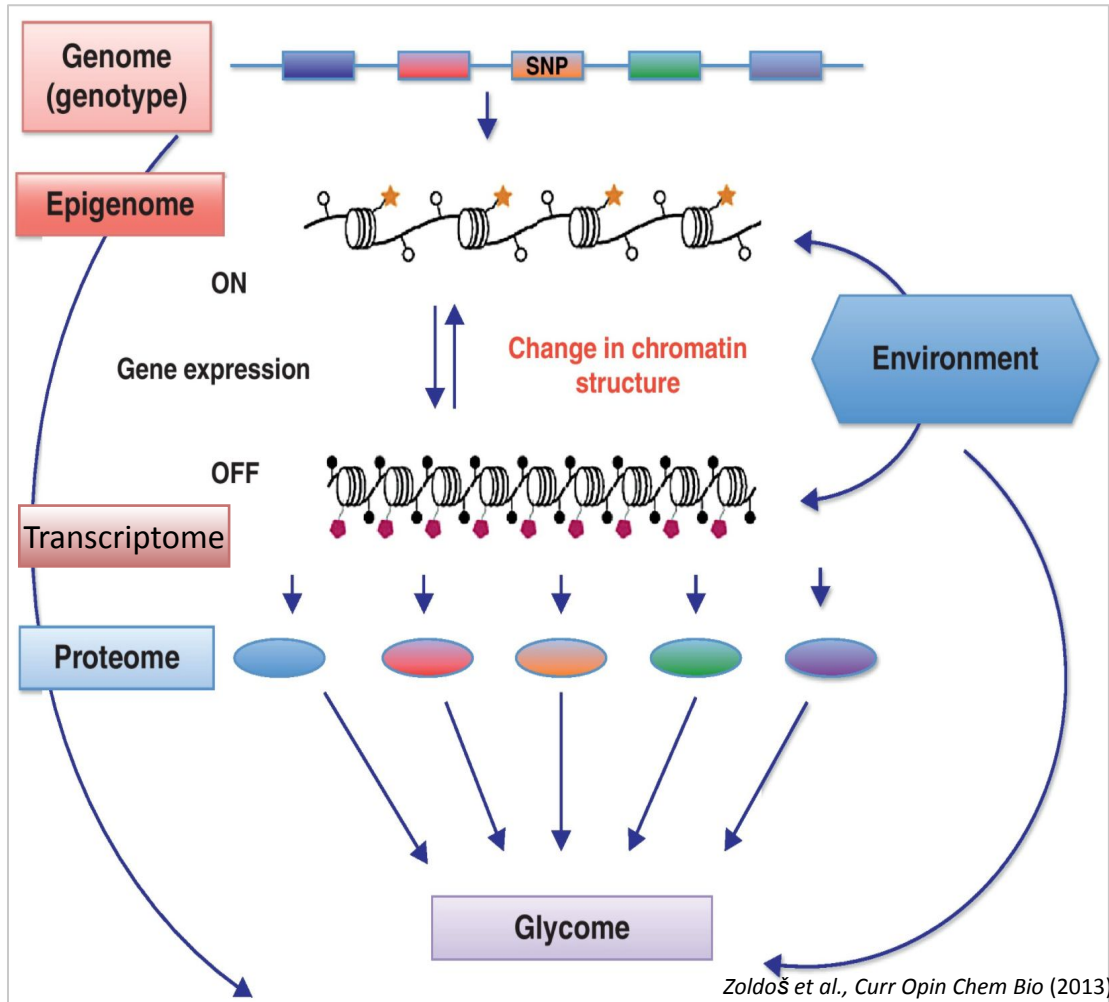
Importance of glycans in infections eg. influenza and SARS-Co-V-2

What the endothelial glycocalyx is, and how to clinically assess and improve its function

# Glycomics:

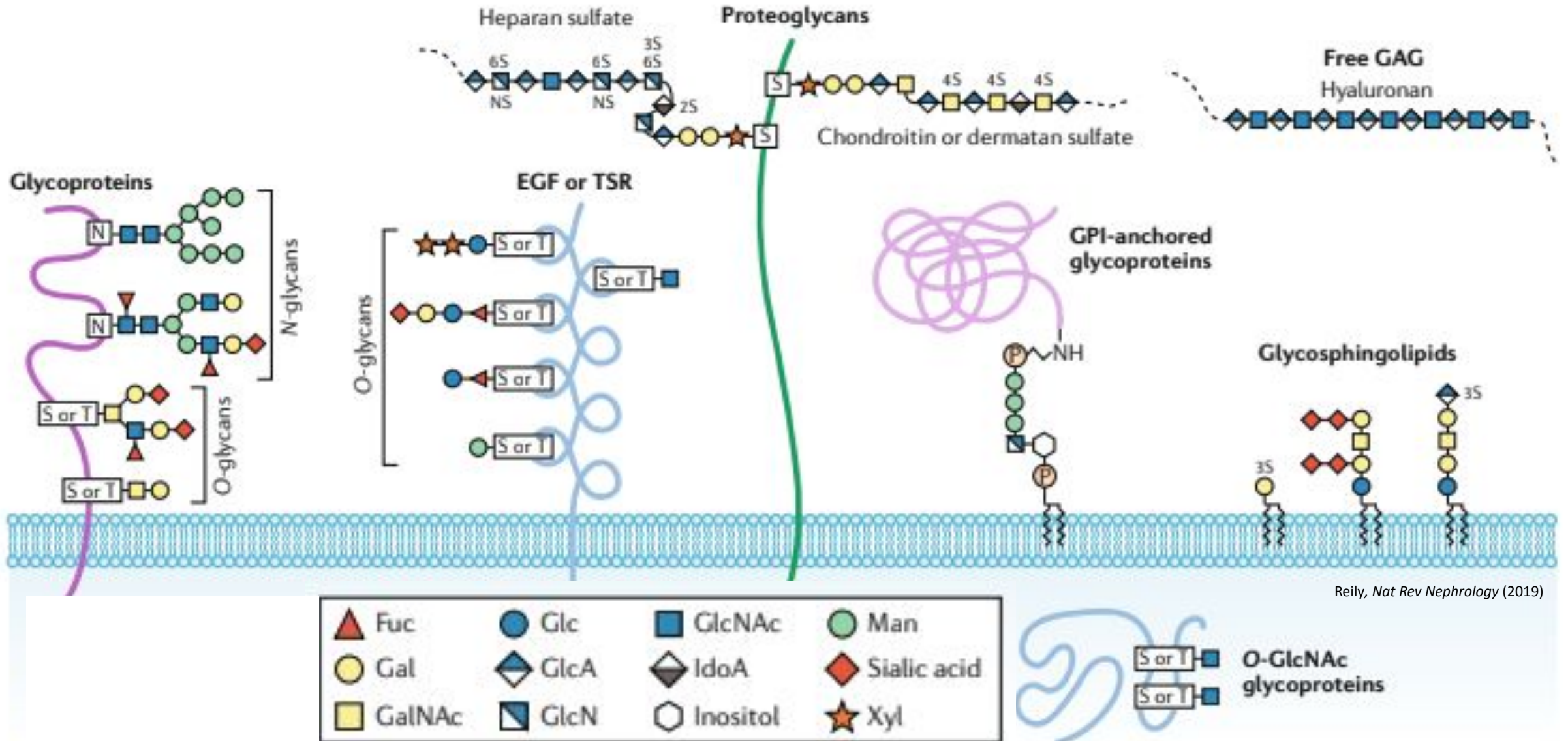
The study of the entire complement of sugars, both free and as part of complex molecules

# Glycome: The main class of post-translational modifications

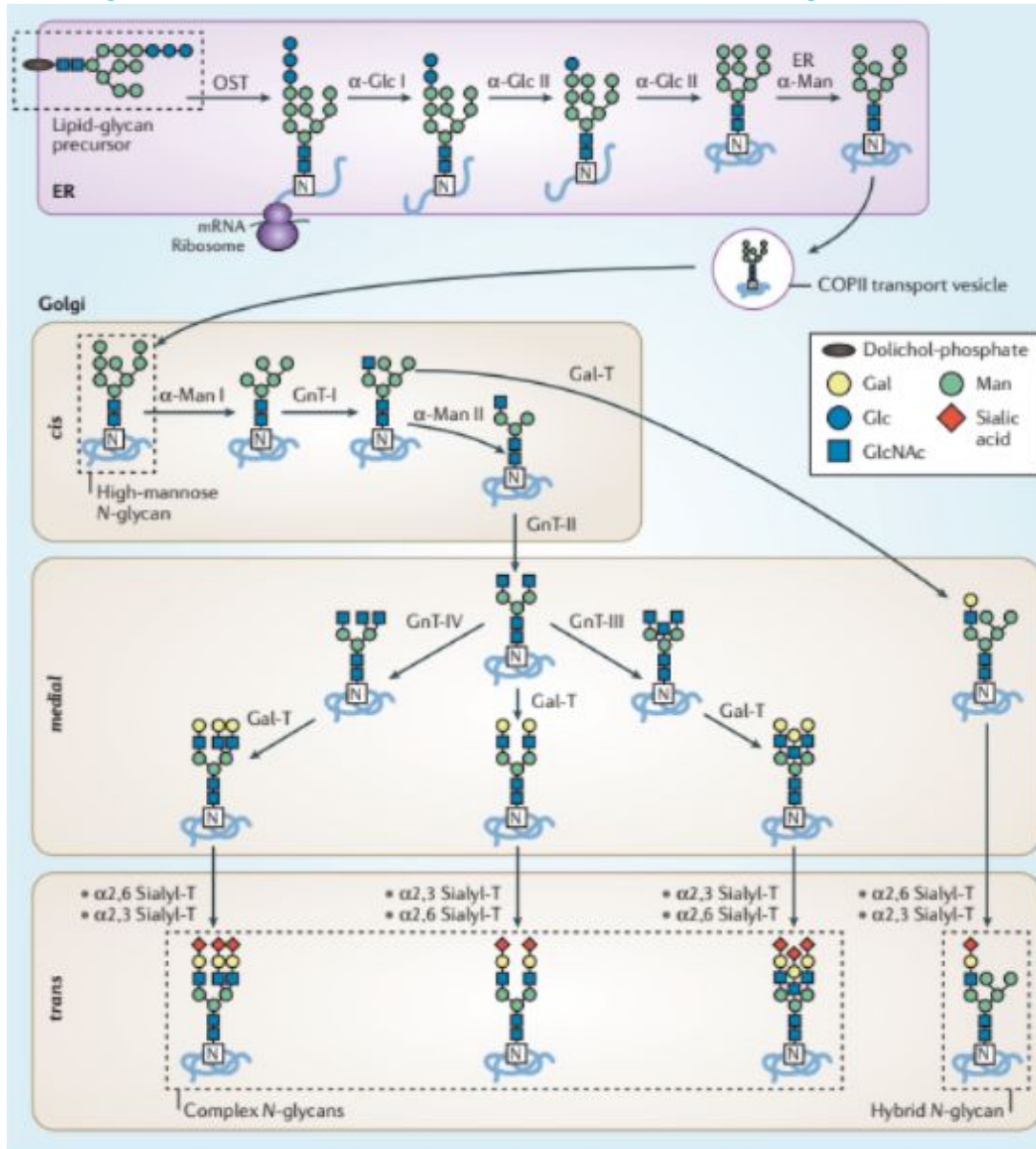


# Glycans: Polymer chains of covalently linked monosaccharides

## Main classes of human glycoconjugates.



# Glycoproteins are synthesized in the ER and Golgi



Sequential concerted multi-step process thru ER and Golgi

Initiation: determines target proteins

Immediate core extension: options for different core structures

- Elongation / Branching: expands, repeats common structural motifs

- Capping: terminates oligosaccharide chains

# Glycosylation is highly conserved across mammalian cells

16 distinct pathways with ~200 glycosyltransferases:

- 2 types of lipid glycosylation
- 14 distinct types of protein glycosylation
- 11 types of O-glycosylation
- N-glycosylation
- C-mannosylation
- GPI anchor generation

***Greatly amplifies the proteome by producing diverse forms with myriad properties and functions***

*~1% genes directly involved in glycosylation*

*~50% all proteins are glycosylated, majority of human nuclear and cytoplasmic*

*> 85% secretory proteins are glycosylated*



# Glycans have myriad roles and functions in health

Immune cell interactions are mediated by surface molecules that drive cellular activation via binding of membrane-bound glycoconjugates to sugar-specific receptors

Endothelial cell-leukocyte interactions – crucial for trafficking – are controlled by glycan adhesion molecules also regulated by glycosylation

Crucial and multifaceted roles in B cell and T cell differentiation

Effector functions of antibodies

Marking of apoptotic cells for clearance

# Glycans have myriad roles and functions in disease

Congenital disorders of glycosylation (CDGs)

Host microbial recognition

Immune evasion in pathogens and symbionts

Pathogenesis of autoimmune disease, e.g. RA, IgA nephropathy, IBD

Diabetes involves abnormal O-linked N-acetylglucosamine-mediated signaling, enhanced glycation of multiple proteins

Influence metastatic properties, inhibition of apoptosis, resistance to chemotherapy

# Histo Blood Group Antigens (HBGAs)

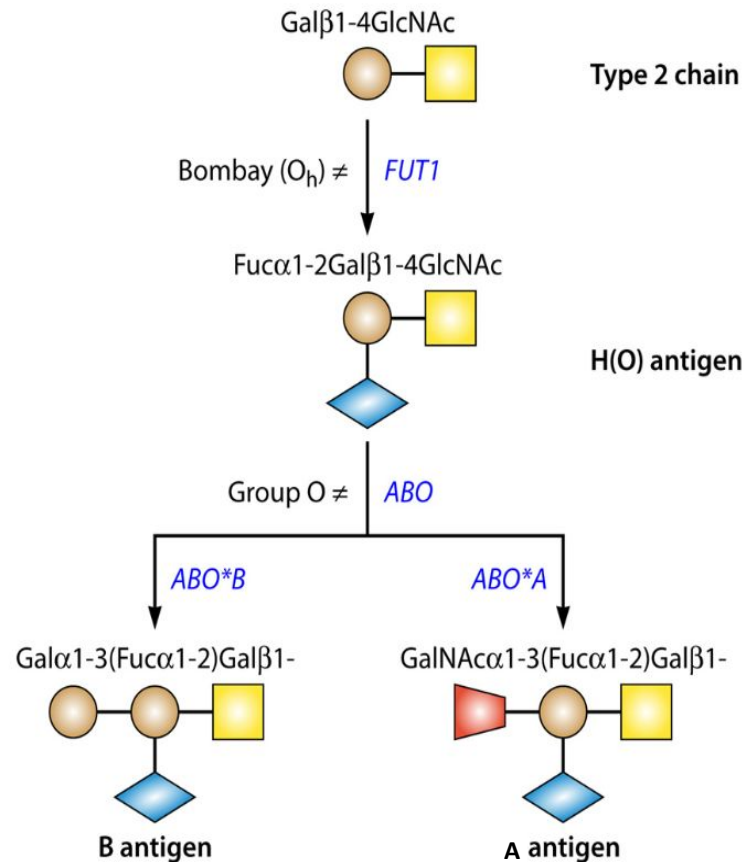
First glycan antigenicity established

Surface of RBCs, gut and respiratory epithelia, secretions

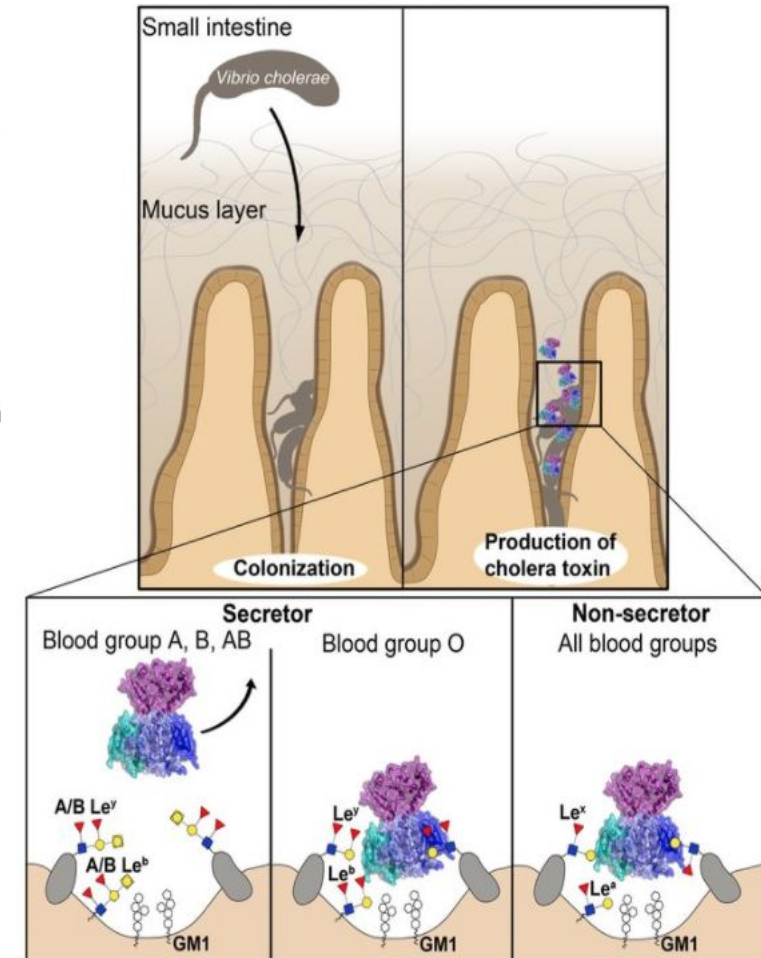
Expression regulated by glucosyltransferase genes in ABO, FUT1-2 loci.

Polymorphic in human populations

Influence susceptibility to infection, inflammation



Cooling, *Clin Micro Rev* (2015)



Heggelund et al., *PLoS Path* (2016)

## IN THE CLINIC

Blood group O more severe *V. cholerae* infection

Human norovirus selectivity for ABO(H) and Lewis antigens

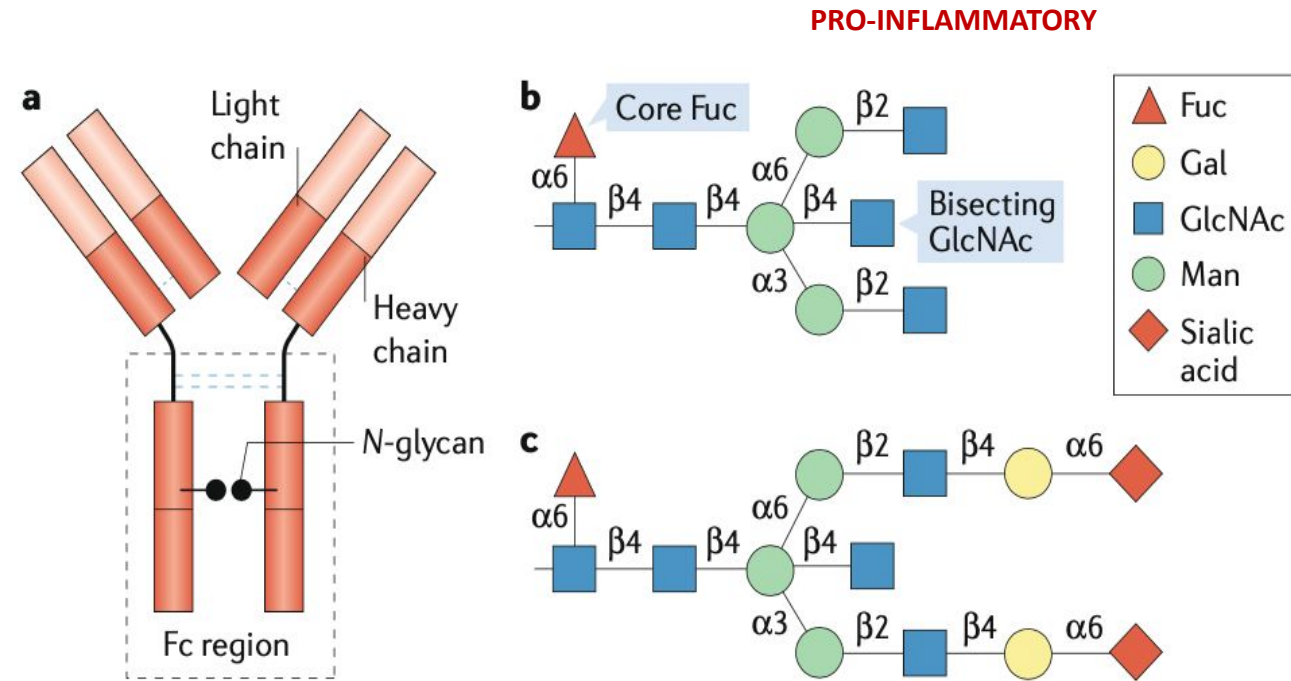
Blood group O resistance to SARS-CoV-2 infection – early evidence

# Glycans: N-linked

- Structural components, e.g. cell wall, ECM
- Modify protein properties, e.g. stability, solubility
- Direct trafficking of glycoproteins
- Mediate cell signaling, cell–cell and cell–matrix interactions

## IMMUNE SYSTEM

- T and B cell differentiation
- Migration targeting
- Unique effector functions, altered Fc and other receptor affinities
- Self vs non self, pro- vs. anti-inflammatory



Reily et al., *Nat Rev Nephrol* (2019)

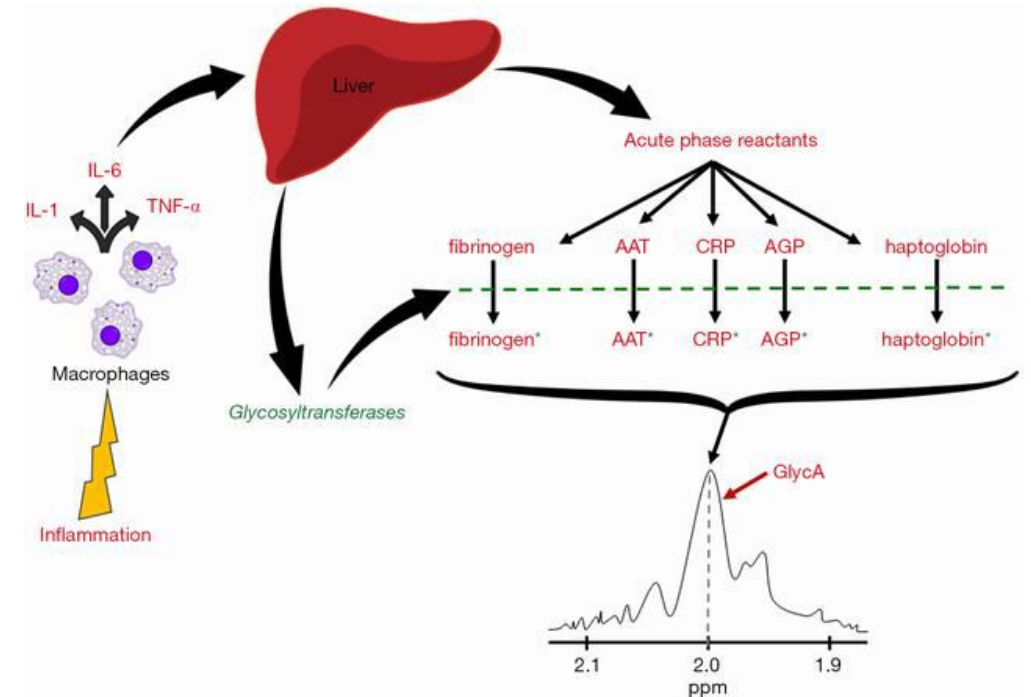
ANTI-INFLAMMATORY

## IN THE CLINIC

- Sialic acid- and gal-deficient IgG – RA, SLE, IBD, HIV, mycobacterial infections
- Pharmaceutical therapeutics – etanercept, infliximab rituximab
- Lack of different glycosylation in expression hosts leads to non-identical synthetic proteins >> *immunogenicity* e.g. Alpha-gal allergy, Neu5Gc

# GlycA is a biomarker of inflammation

- Acute phase reactants are almost all N-linked glycoproteins.
- Hepatic glycosyltransferases activity evolves during the inflammatory process.
- Extension of glycan residues, increased branching, removal of sialic acid/galactose residues.
- Number and complexity of N-glycan side chains attached to acute phase reactant proteins
- Elevated in acute and chronic inflammation
- CVD, RA, IBD, psoriasis, lupus, predicts death



Ballout and Remaley, *JLPM* (2020)

# Glycans: O-linked

Extracellular, secreted glycoproteins

Mucins: many O-linked glycans, extended cores create highly protective gel-like substance (mucus)

## IMMUNE SYSTEM

Protection from infection and self-recognition

B- and T- cell surfaces, modulated for cellular differentiation, activation, e.g., CD43, CD45

Regulate T cell functions: migration, receptor signaling, survival, apoptosis

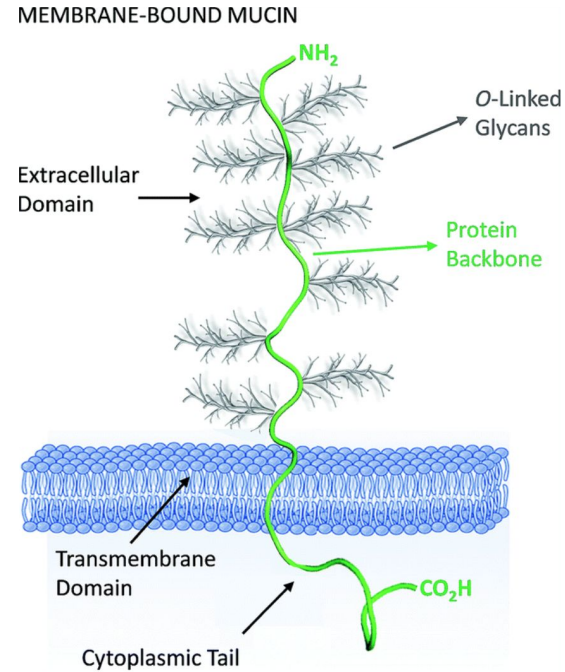
## IN THE CLINIC

Infected burn wounds

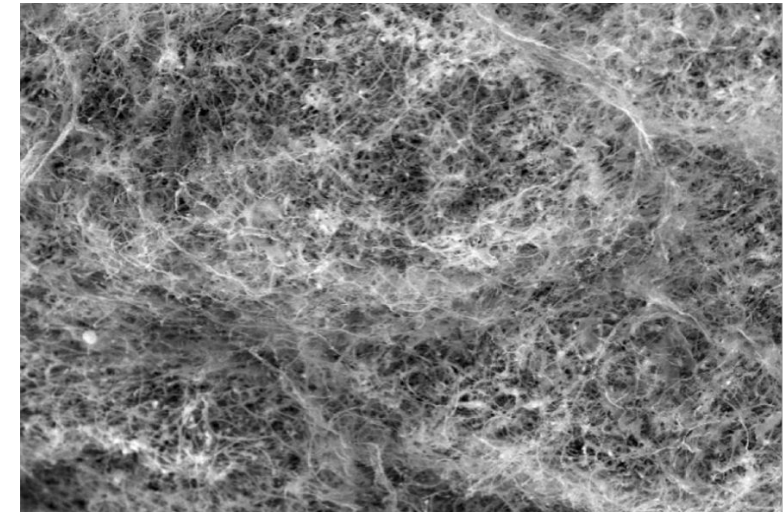
Gal-deficient IgA1 nephropathy

Diabetes, cellular response to insulin

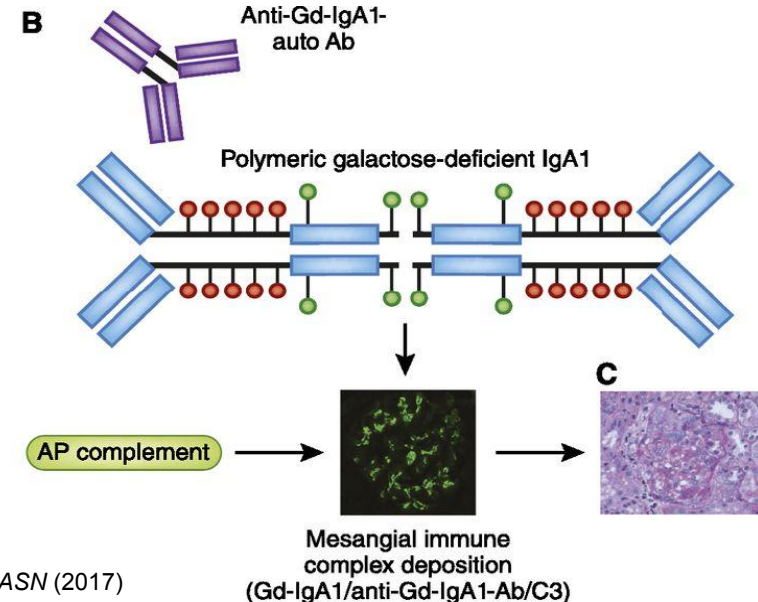
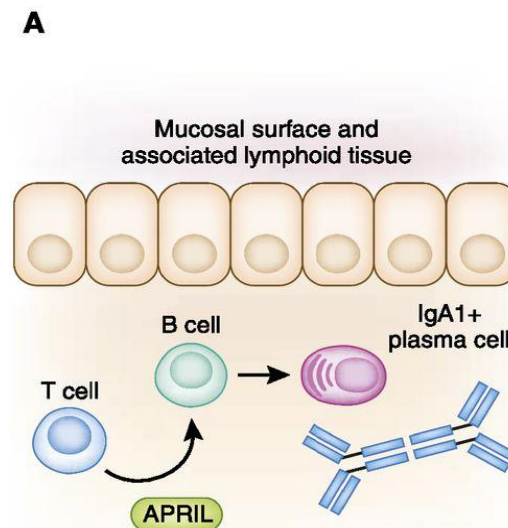
Cancer cell immune modulation



Martínez-Sáez et al., *Chem Soc Rev* (2019)



Wheeler et al., *MIT News* (2019)



Rodrigues et al., *CJASN* (2017)

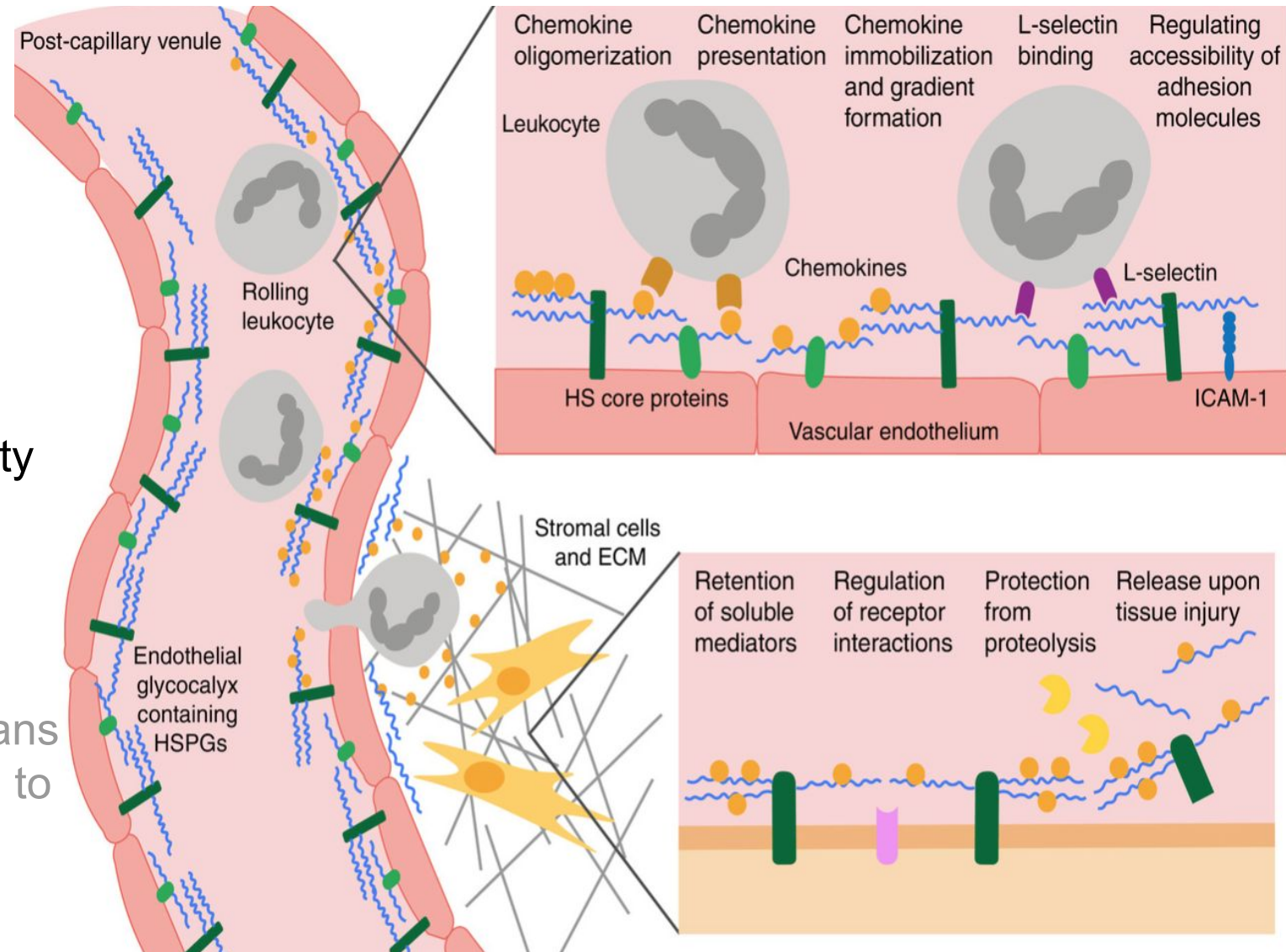
# Glycans: Other classes

## Glycosaminoglycans (GAGs)

- Extended, negatively charged, high water content, functionally diverse sugar chains
- Large portion of proteoglycan molecular mass
- Crucial to GCX formation, integrity

## Proteoglycans

- ECM glycoproteins
- Contain canonical N- and O-glycans
- Long sugar repeats (GAGs) bind to O-linked motifs
- Inflammation, infection, cancer metastasis.

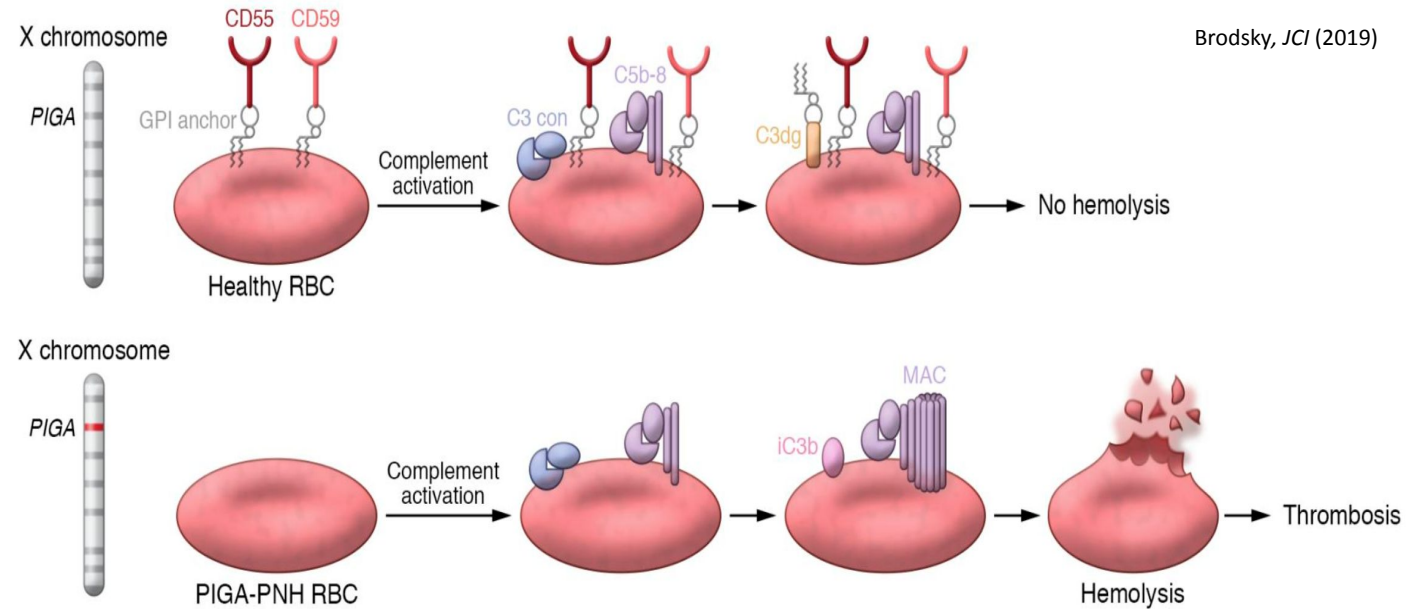


Collins & Troeberg, *J Leuk Bio* (2018)

# Glycans: Other classes

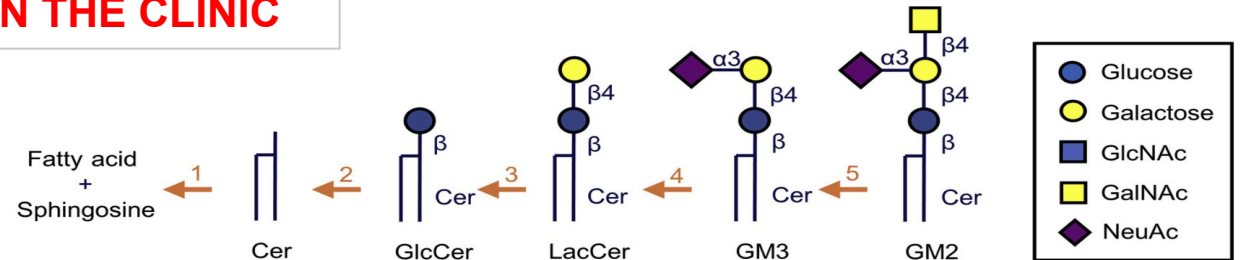
## GPI anchors

- Complex cell surface molecules with a common core
- Apical side of polarized cells
- Highly dependent on proper Golgi sorting

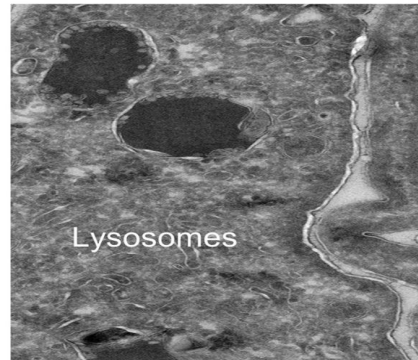


Brodsky, JCI (2019)

## IN THE CLINIC



Aerts et al., *Cur Opin Chem Bio* (2019)



Enzyme	Gene	Disease	Primary storage GSL
1: Acid ceramidase	Asah	Farber disease	Cer
2: Glucocerebrosidase	Gba1	Gaucher disease	GlcCer
5: $\beta$ -Hexosaminidase	HexA/B	Tay-Sachs / Sandhoff disease	GM2

## Glycosphingolipids (GSLs)

- Sphingolipid with glycan attached to ceramide
- Among most abundant glycolipids in humans
- Cell membrane lipid bilayer



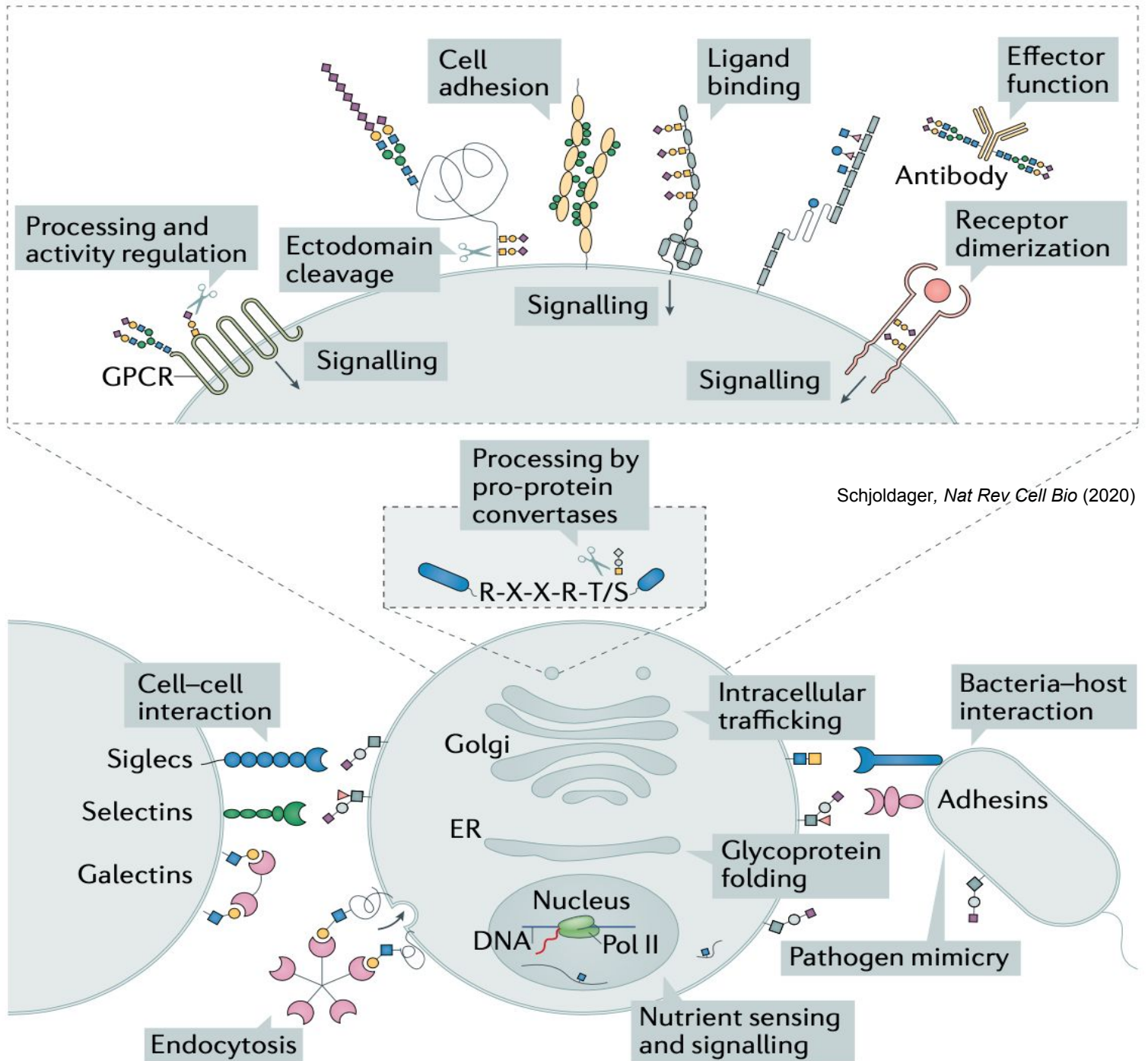
# Glycosylation Disorders

## IN THE CLINIC

CDGs: often embryonic lethal, underlying vital role of glycans; multisystemic, wide spectrum and clinical severity

Type I: abnormalities in formation of oligosaccharide structure on glycolipid precursors before attachment (ER)

Type II: defects in control of N-linked branching structure on nascent glycoproteins (Golgi)



# Glycans: Microbial

Bacterial LPS, gram (-) PGN, teichoic acids, viral capsules, fungal mannans

Display host-like glycans for immune evasion, including symbionts, e.g. gut microbiome

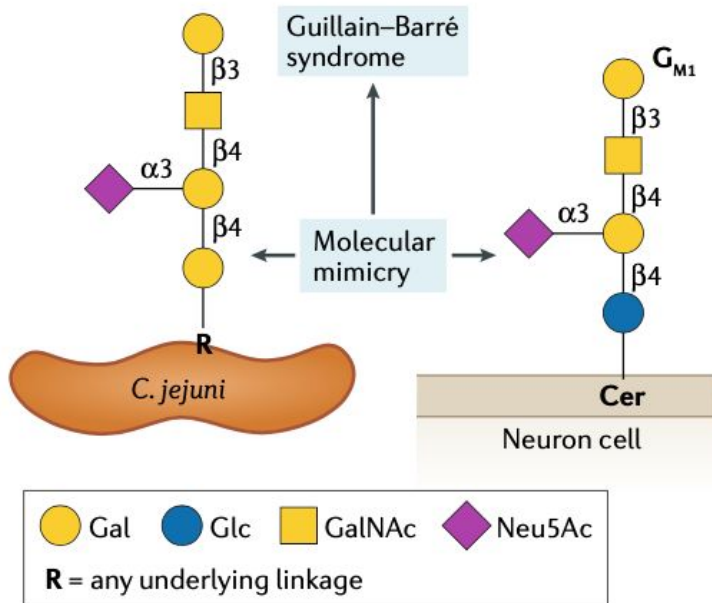
Glycosylation enzymes can modify host proteins for benefit, e.g. carbon source, cell adhesion

Host Abs to shared glycans can be beneficial, e.g. suppress allergy

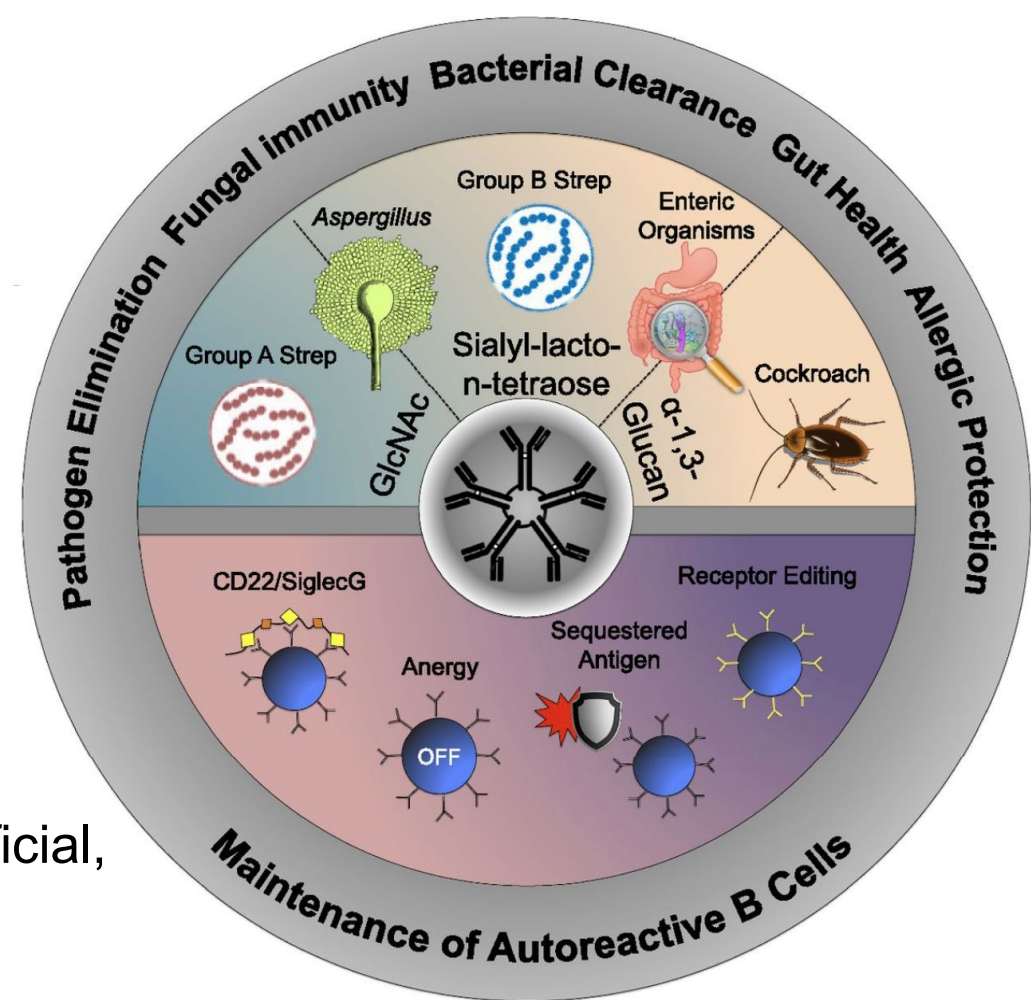
## IN THE CLINIC

Toxins – cholera, botox, STEC, cytolethal distending toxin B  
 Vaccines – pneumococcal, MCC

Pathogen-host glycan similarity can be associated with risk of autoimmunity via molecular mimicry



Poole et al., *Nat Rev Micro* (2018)

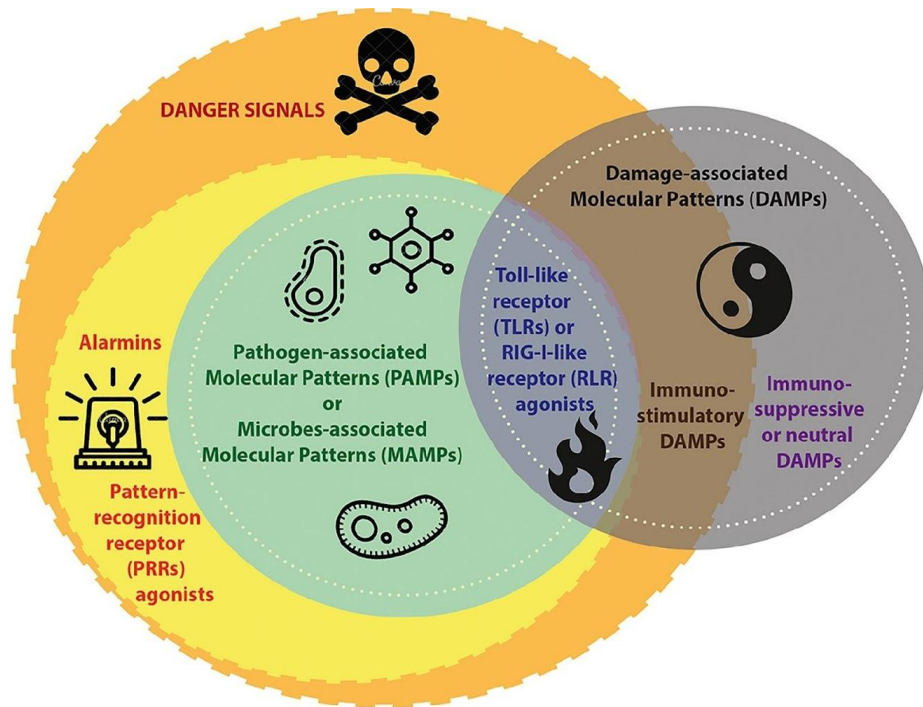


Patel & Kearney, *J Immunol* (2018)

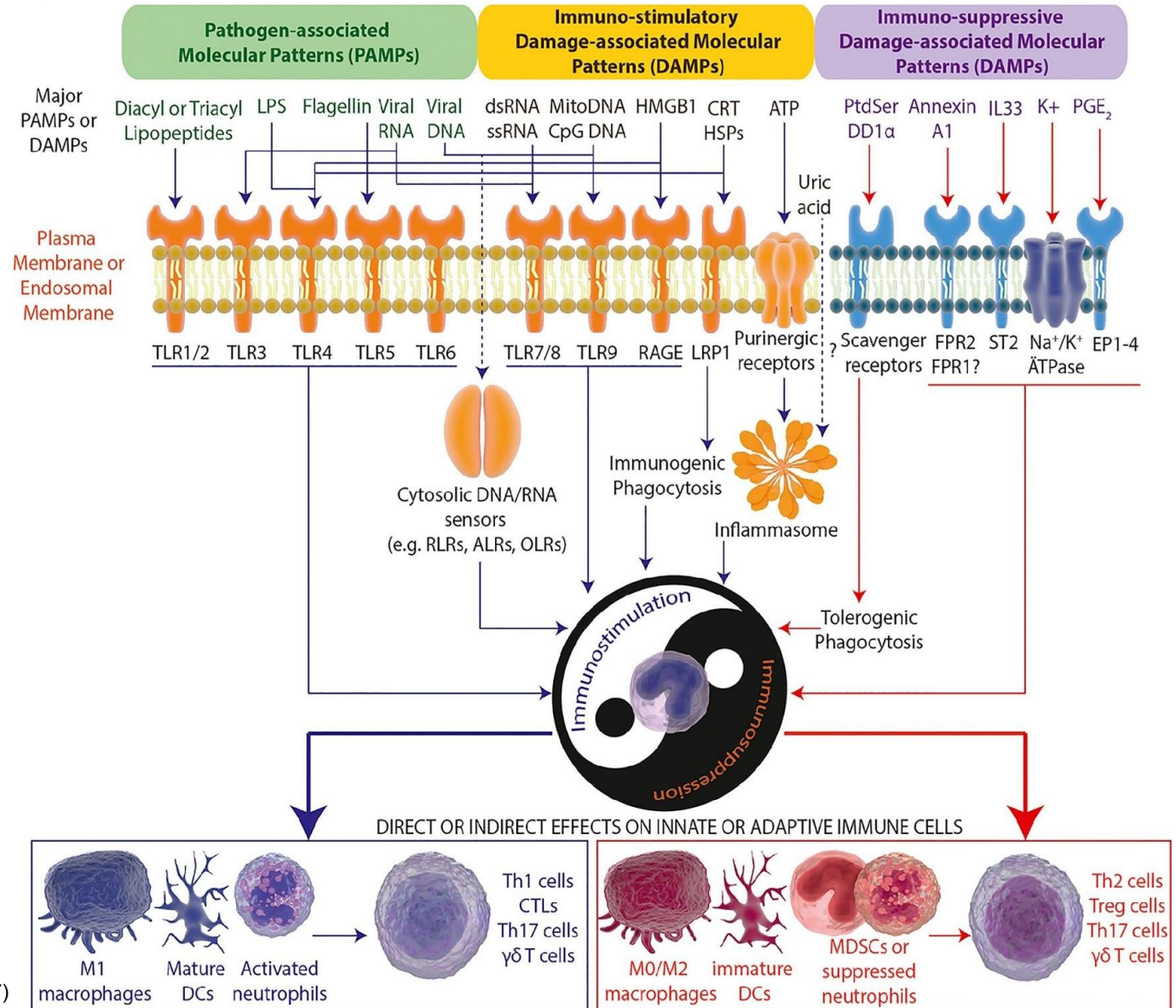
# Glycans: Molecular pattern ligands and receptors

Integration of these signals is critical to guide immune system discernment

- DAMP's, PAMP's, SAMP's  
Core inflammatory pathways, e.g. IBD, sepsis, cancer, chronic disease in aging  
Promising immunotherapeutic targets

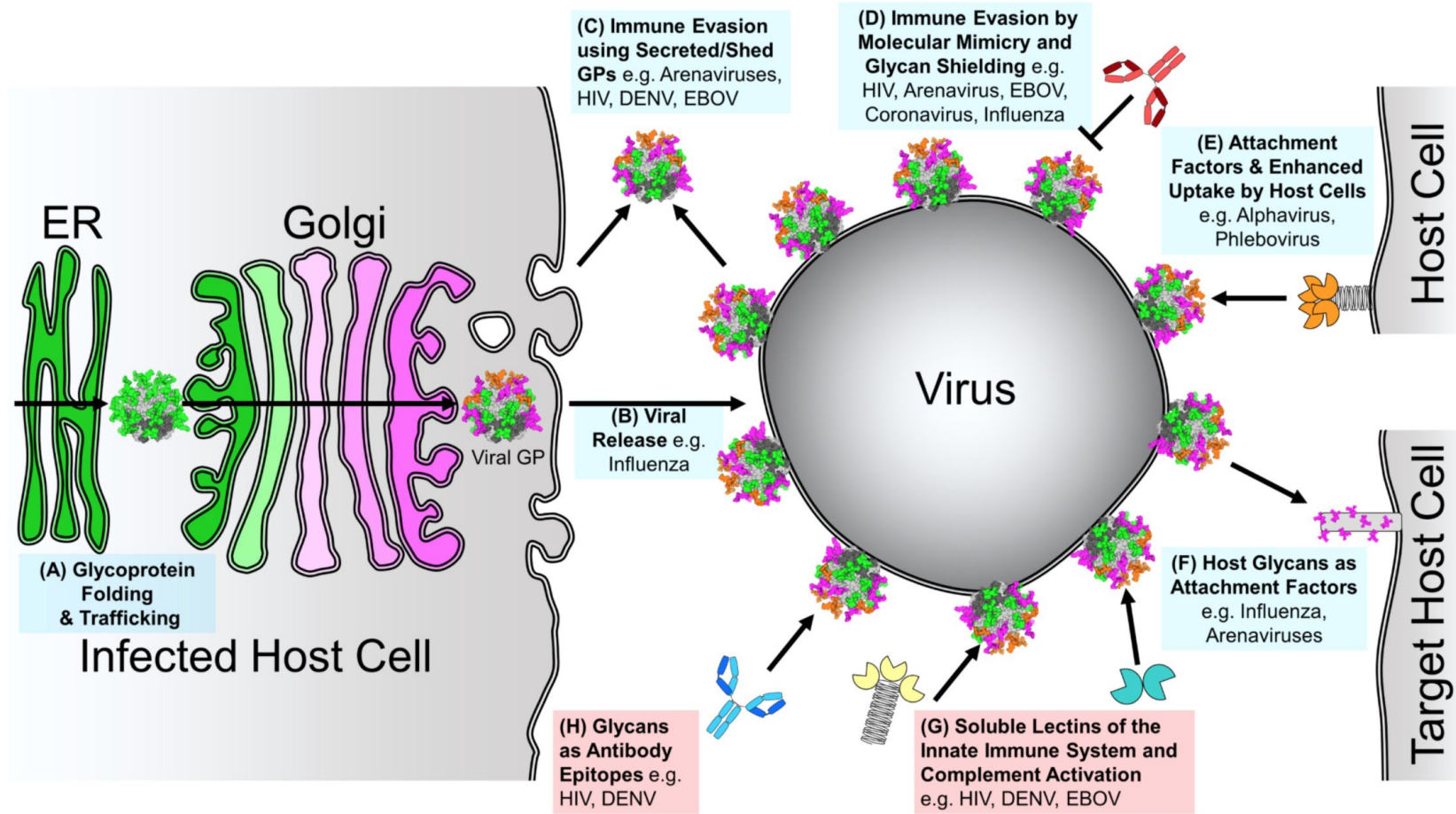


Garg & Agostinis, *Immuno Rev* (2017)



# Glycans: Viral

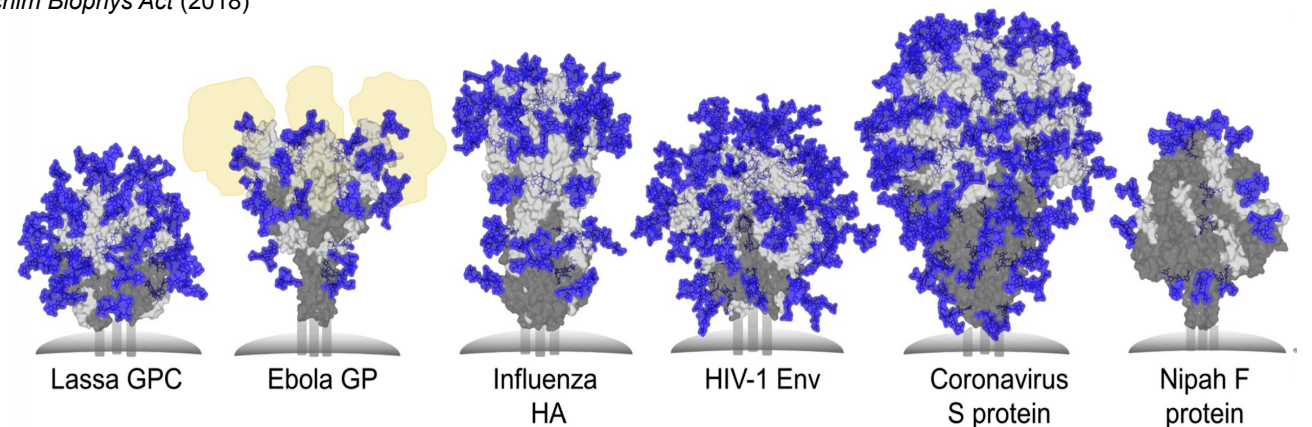
- Viral envelope shielding with host-derived glycans for immune evasion
- Viral glycan shedding for immune evasion
- Interference with host glycosylation
- Attachment factors



Watanabe, *Biochim Biophys Acta* (2018)

## IN THE CLINIC

- Vaccines: influenza, HIV, MERS
- Neuraminidase inhibitors
- Neutralizing antibodies

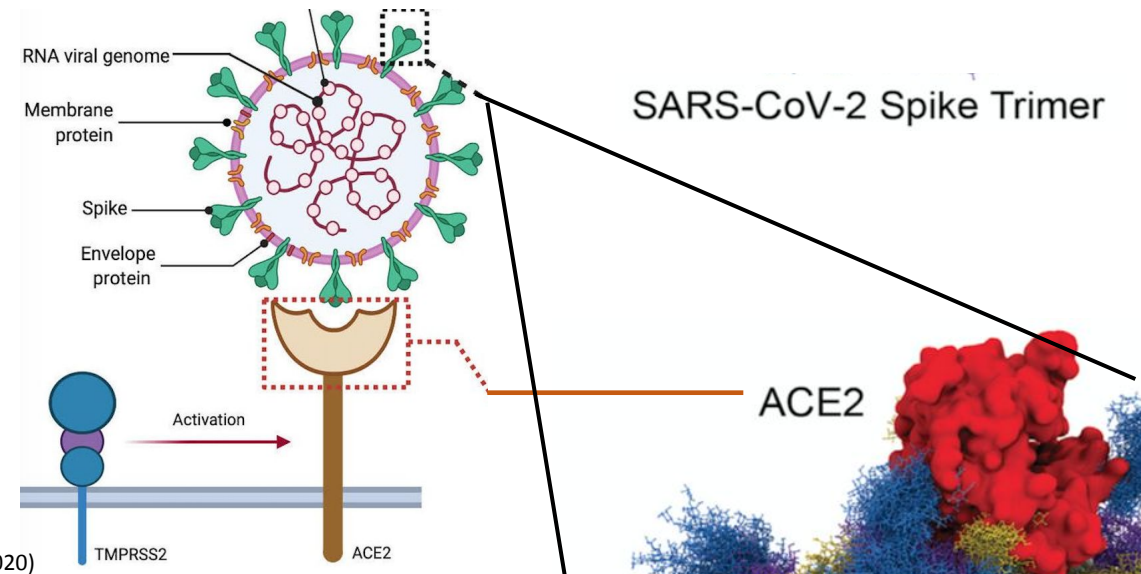


# Important role of glycans on SARS-CoV-2 Spike protein

Multiple MS-based approaches – glycomic and glycoproteomic

Static and dynamic models of S alone + glycosylated soluble ACE2 complex

Simulations of glycosylated S-ACE2 interaction



Wiese et al., *J Clin Path* (2020)

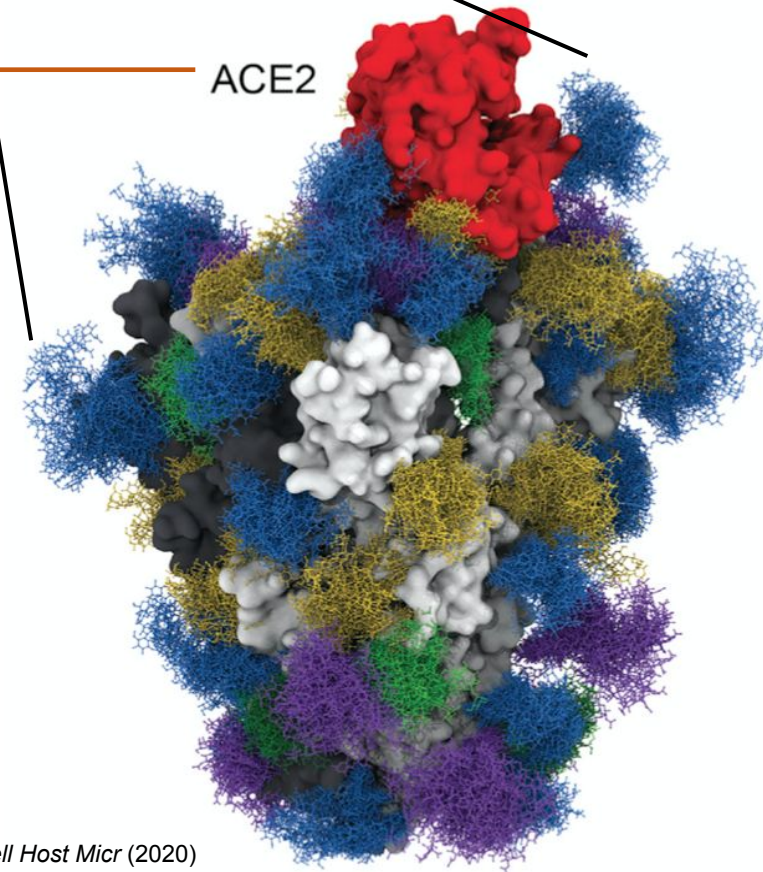
## Glycans are essential in receptor-viral binding and S shielding

22 sites of S show site-specific N-linked microheterogeneity  
6 sites of human ACE2 receptor show N-linked microheterogeneity

### IN THE CLINIC

Strategic vaccine design

Competitive inhibition with decoy soluble extracellular domains of ACE2 as decoy



Watanabe et al., *Cell Host Micr* (2020)

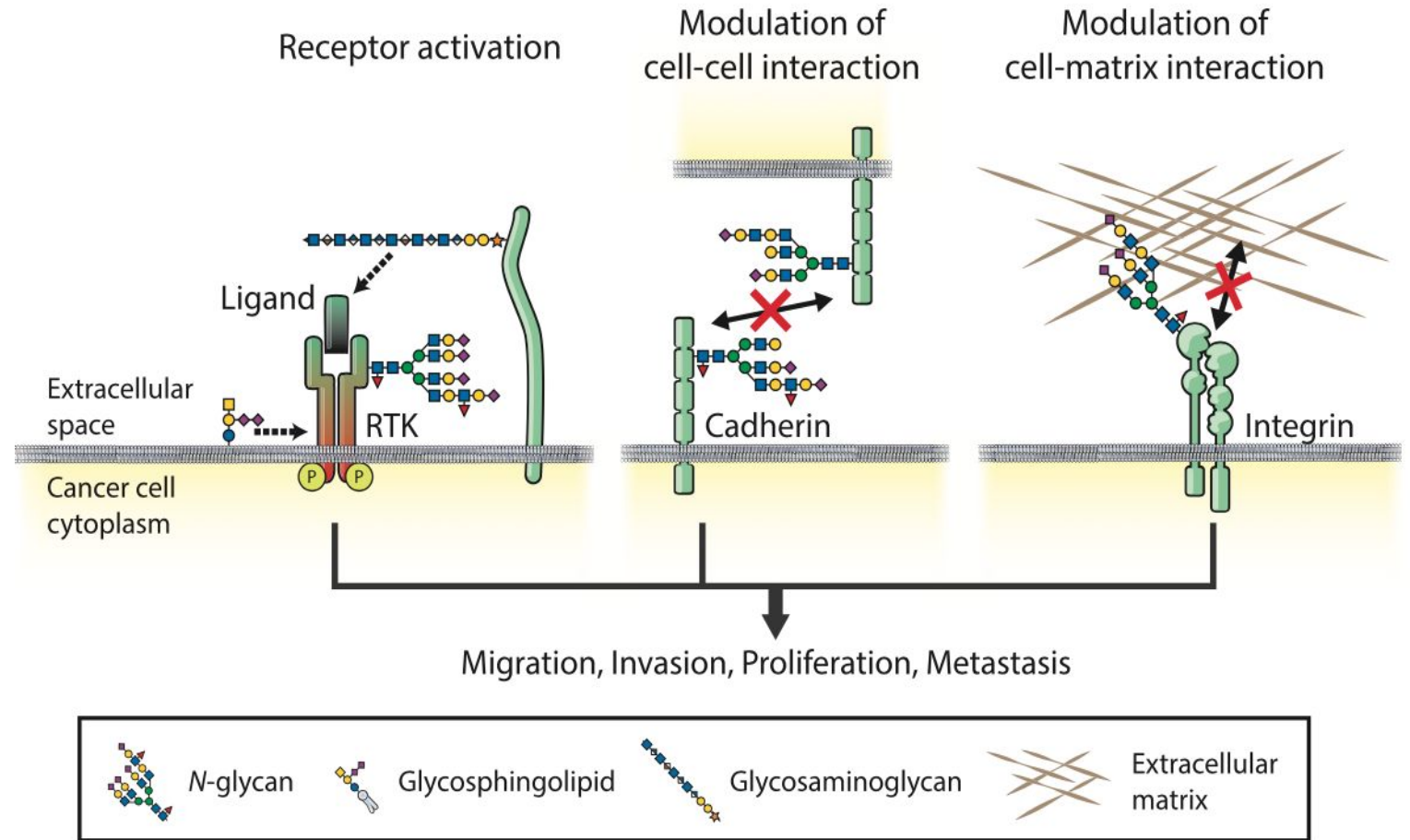
# “Glycosylation is associated with cancer hallmark capabilities”

Migration, invasion, proliferation, and metastasis:

Receptor tyrosine kinases (RTKs) activated by altered receptor glycosylation, gangliosides, GAGs

Increased N-glycan branching on E-cadherin impairs cell-cell adhesion, downstream signaling

Glycosylation modulates tumor micro-environment, cell-ECM interactions; facilitates integrin-dependent signaling >>> cell growth and survival



Mereiter et al., *Cell Cancer* (2019)

## IN THE CLINIC

Altered glycosylation is a near-universal feature of tumor cells  
Promising targets for many biomarker and therapeutic applications

# Glycan-based cancer markers

## Blood:

CA15-3 (MUC1), CA19-9, CA125 (MUC16), CEA, PSA, AFP-L3

Limited sensitivity, specificity; used for prognostics, monitoring

Extracellular vesicles (EVs)

Circulating tumour cells (CTCs)

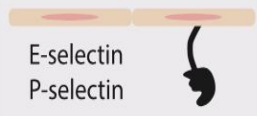




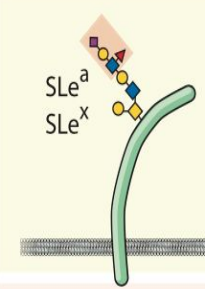
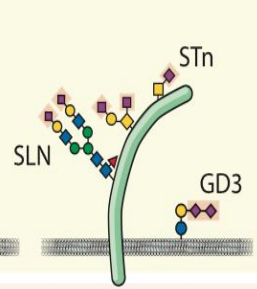
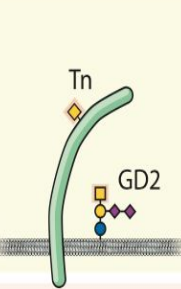
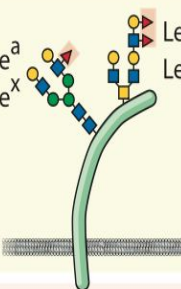
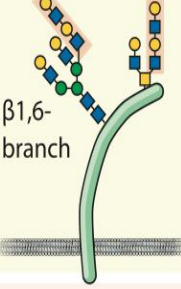
## Tissue:

MALDI-IMS imaging

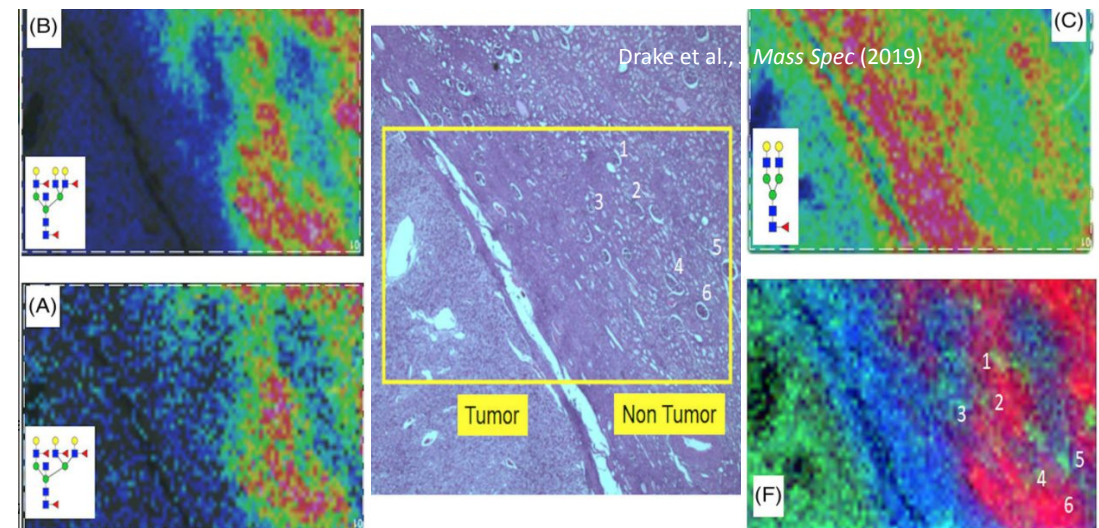
Differentiation, margins

## IN THE CLINIC

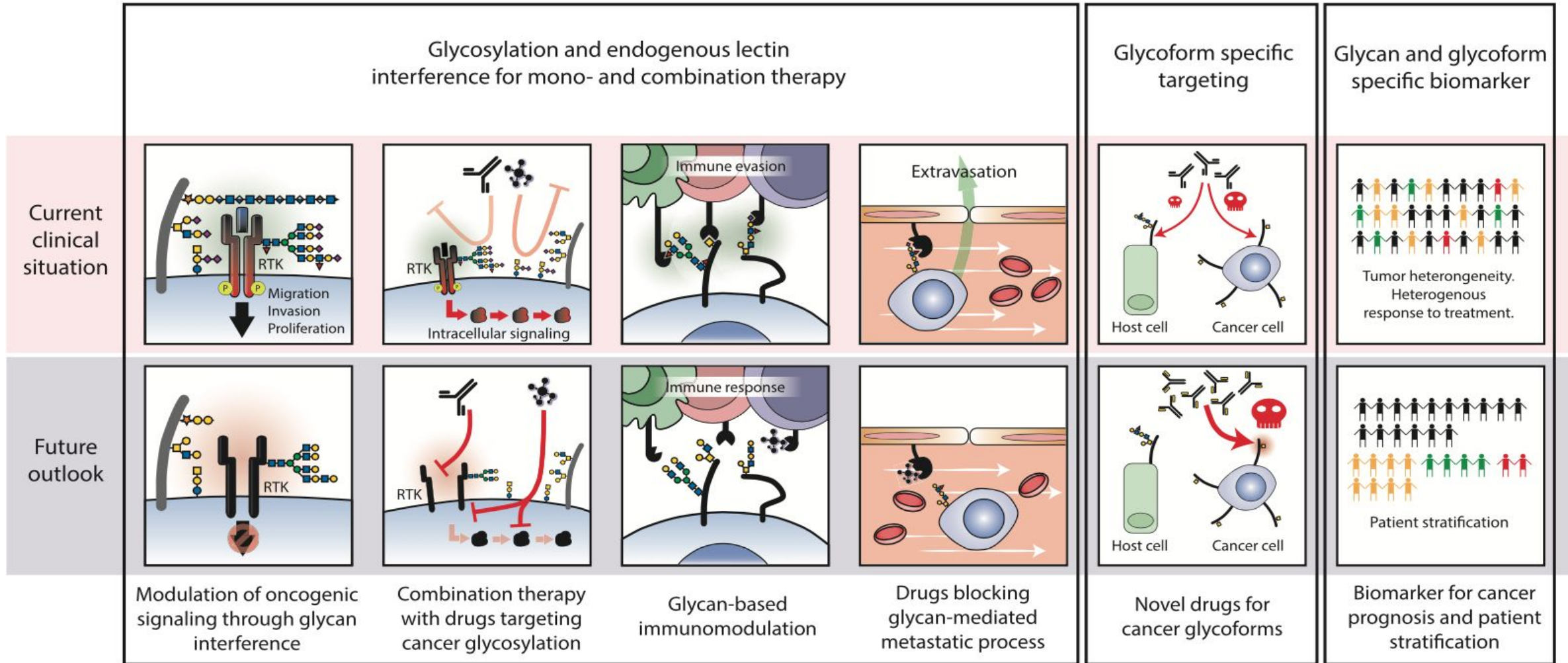
Breast, Ovarian, Prostate  
–sialic acid, Hepatocellular,  
Pancreatic, Colorectal

Lectin	Selectins	Siglecs	MGL	DC-SIGN	Galectins
Cell	Endothelial cells Platelets 	Monocytes, Macrophages, DCs, NK cells, CD8 <sup>+</sup> T Cells 	DCs and macrophages 	DCs and macrophages 	Various cells 
Ligand					
Acquired glycan alteration	Expression of sialyl Lewis antigens	Increased sialylation	Truncation of O-glycans and altered ganglioside expression	Increased fucosylation	Increased branching

Mereiter et al., *Cell Cancer* (2019)



# Glycosylation modulation for precision cancer therapeutics





# Glycation and the AGE-RAGE axis

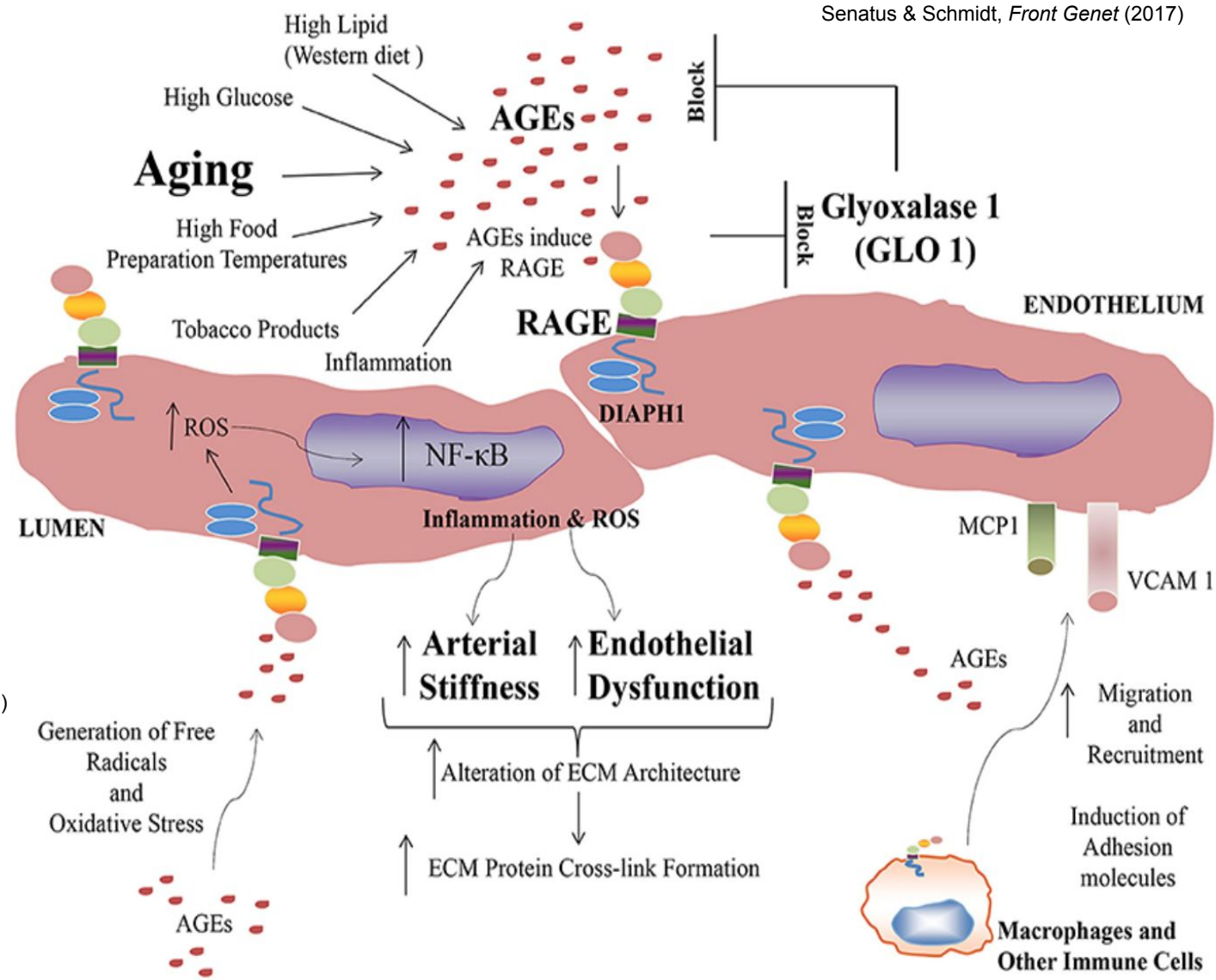
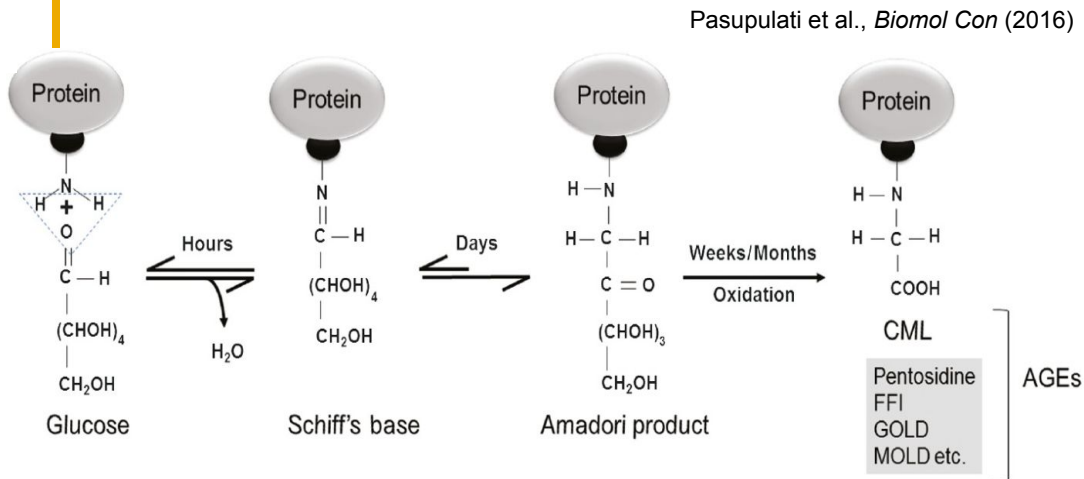
Glycation: non-enzymatic, often multi-step reactions between reducing sugars, e.g. glucose, and proteins, lipids, or nucleic acids

>>>

Advanced glycation end products (AGEs)

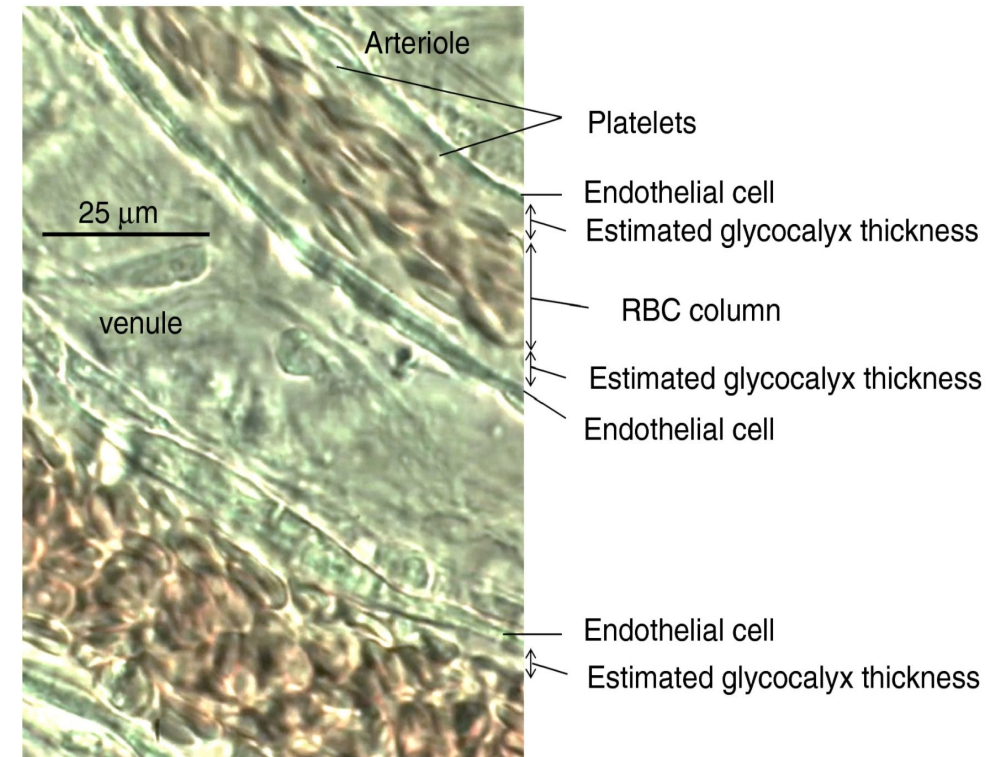
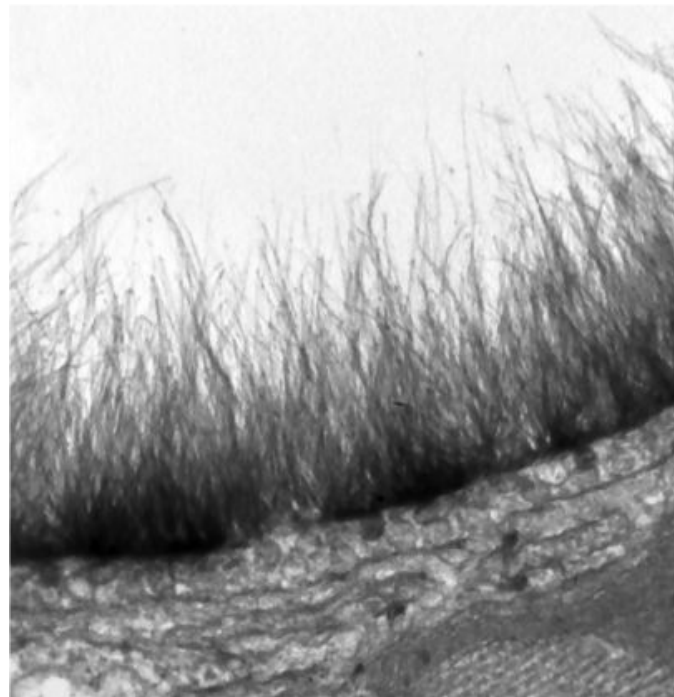
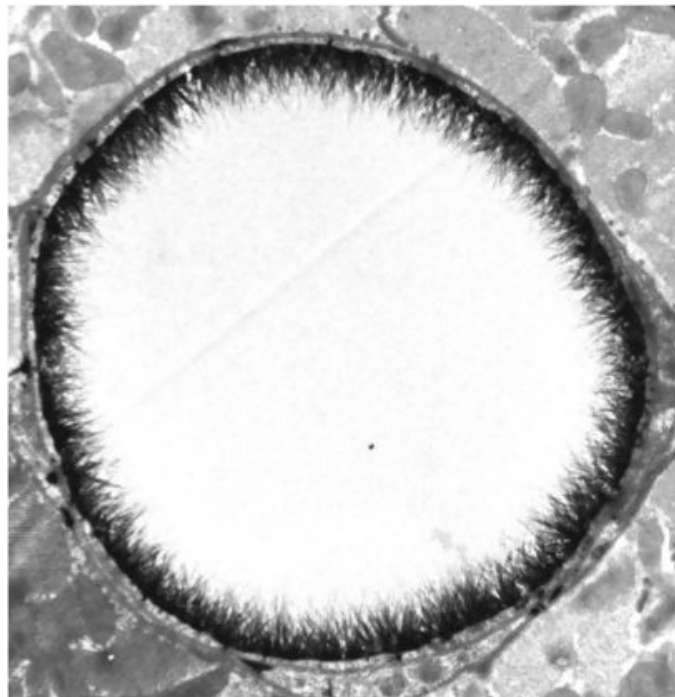
aka glycotoxins

HbA1C = Amadori product of hemoglobin and glucose



# Intravascular imaging reveals the endothelial glycocalyx (EGX)

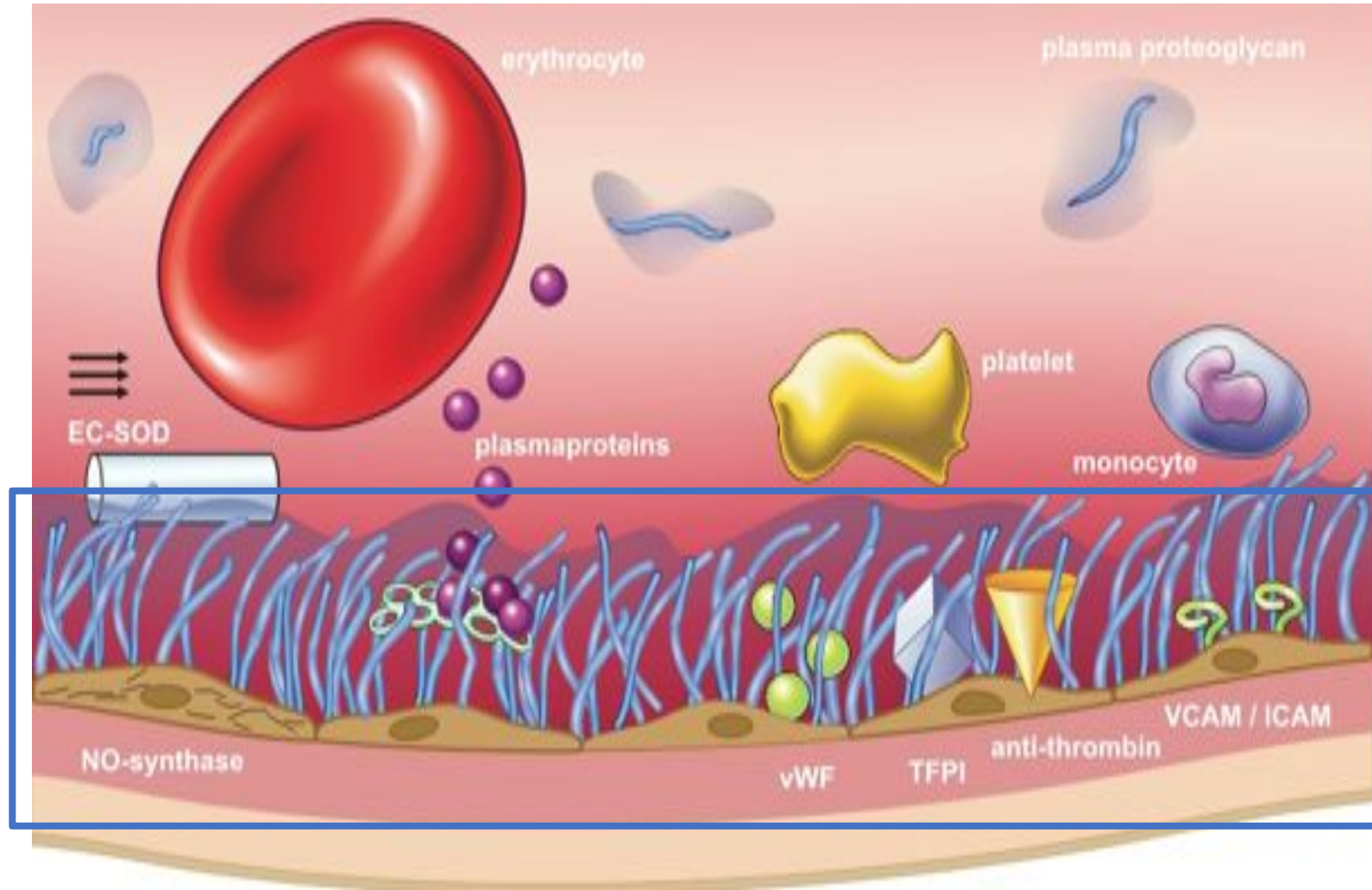
A microscopically thin gel-like layer of glycoproteins, proteoglycans, and GAGs coating the luminal side of the vascular endothelium



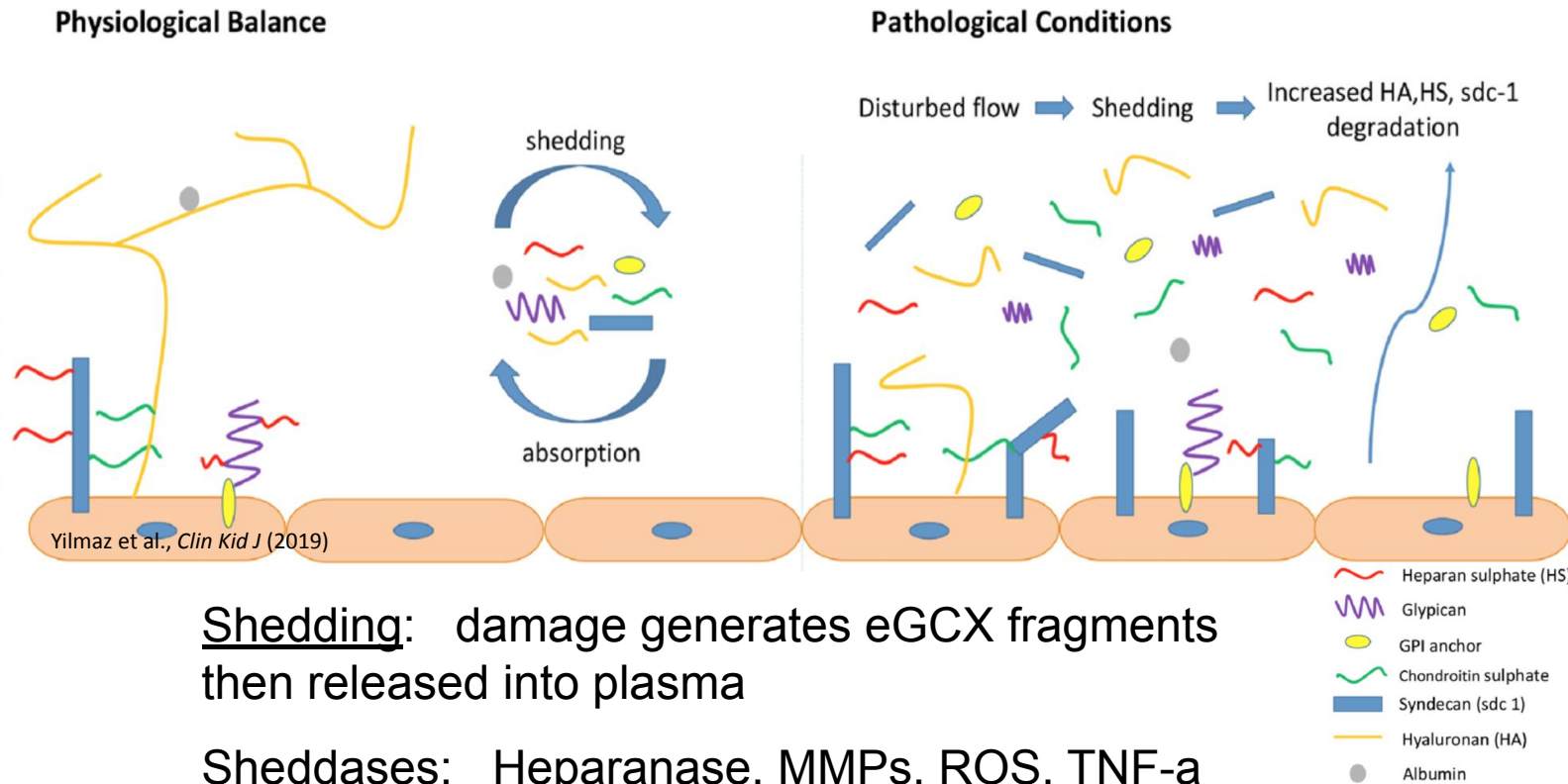
Iba & Levy, *J Thromb Haemost* (2019)

# Roles of the endothelial glycocalyx

- Regulates permeability as a selective sieving barrier
- Helps regulate surface inflammatory response
- Arterial anti-adhesive
- Harbors coagulation regulatory factors
- Houses SOD – potent anti-inflammatory antioxidant
- Triggers production of nitric oxide (NO)



# Healthy EGX turnover is a balance of shedding and synthesis



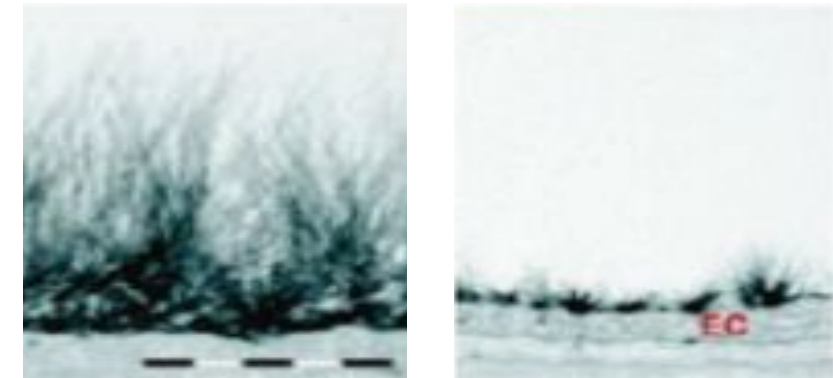
**Shedding:** damage generates eGFX fragments then released into plasma

**Sheddases:** Heparanase, MMPs, ROS, TNF- $\alpha$

## IN THE CLINIC

Systemic or local inflammation  
Sepsis (TNF- $\alpha$  induced)  
Hyperglycemia, DM

Ischemia-reperfusion (I-R) injury  
Renal disease  
Atherosclerosis



Gouverneur et al., *J Int Med* (2006)

## Unhealthy eGFX:

Increased leukocyte and platelet adhesion, thrombin generation

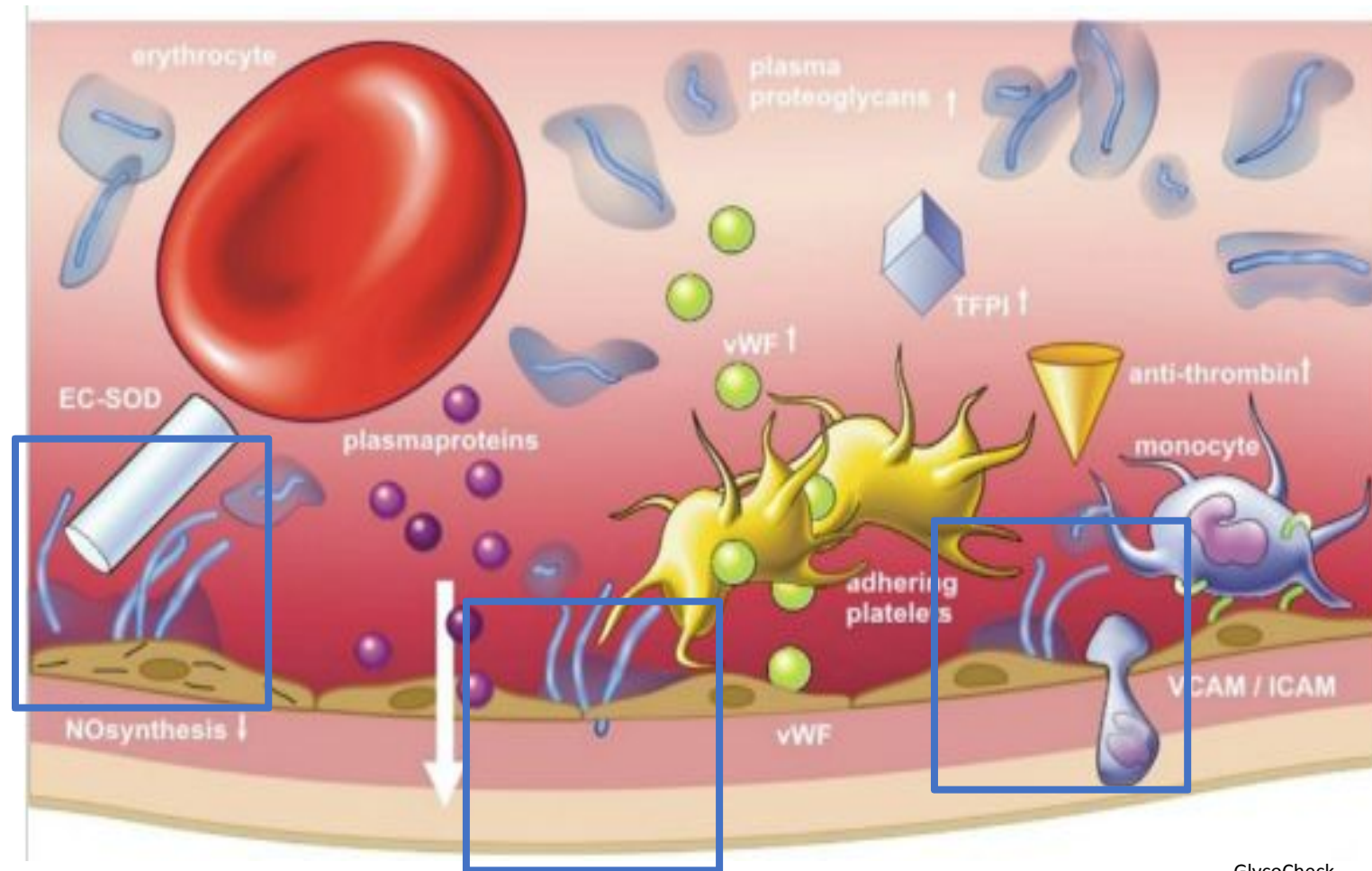
Increased macromolecule leakage, oxidative stress

Reduced NO production

# Endothelial glycocalyx: A proxy for endothelial health

Causes of EGX degradation:

- High blood glucose, insulin
- Inflammation
- Oxidative stress
- Toxins
- Infections/sepsis
- Lifestyle factors, e.g. stress, sleep deprivation, sleep apnea
- Genetic factors
- Trauma
- Electrolyte imbalances
- High blood pressure
- Surgery
- IV fluids
- Aging



GlycoCheck

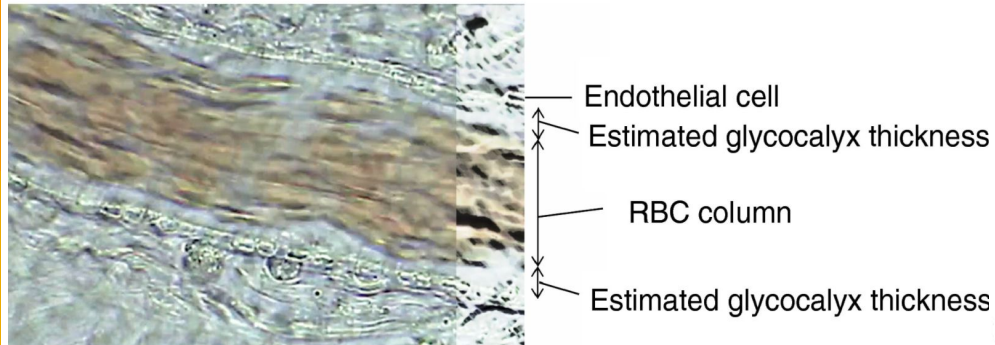
# Endothelial glycocalyx in sepsis

Severe generalized infection >>> systemic multiorgan sequelae

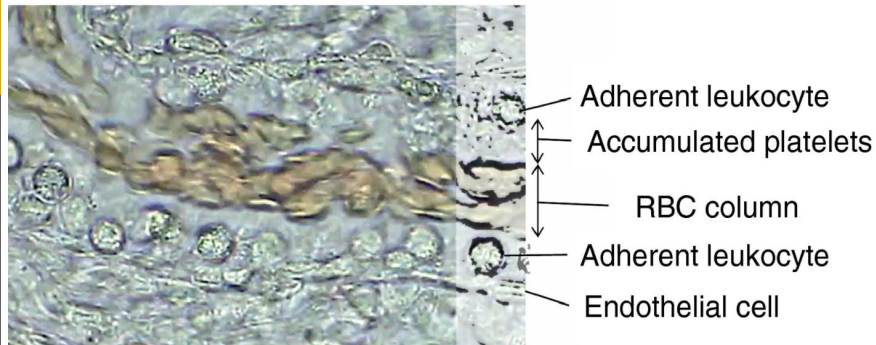
Key molecular cause of gram (-) is outer membrane glycan LPS >>> inflammasome induction

Increases sheddases and glycocalyx destruction.

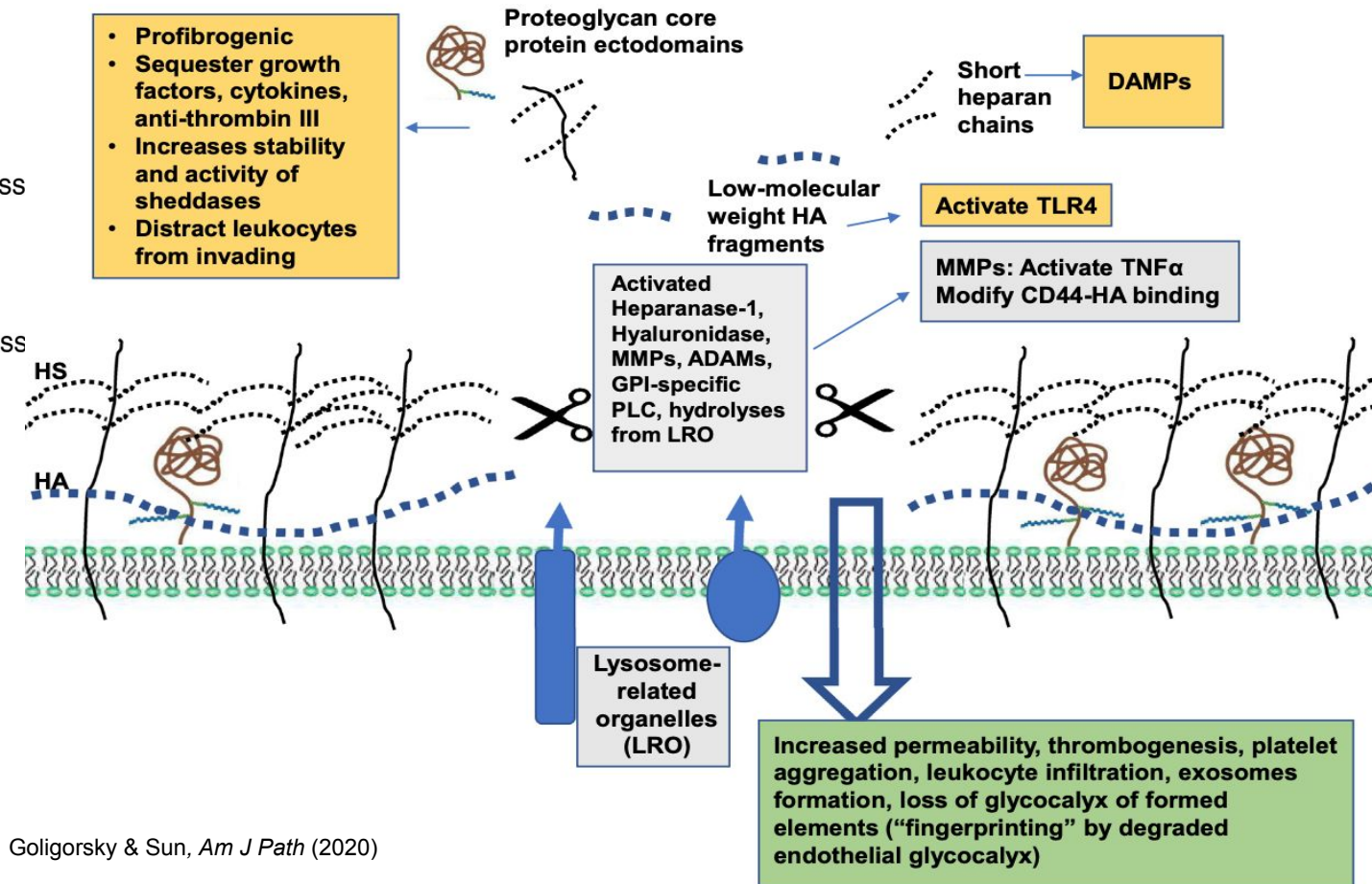
Healthy condition



Sepsis model



Iba & Levy, *J Thromb Haemost* (2019)



Goligorsky & Sun, *Am J Path* (2020)

# EGX in COVID-19

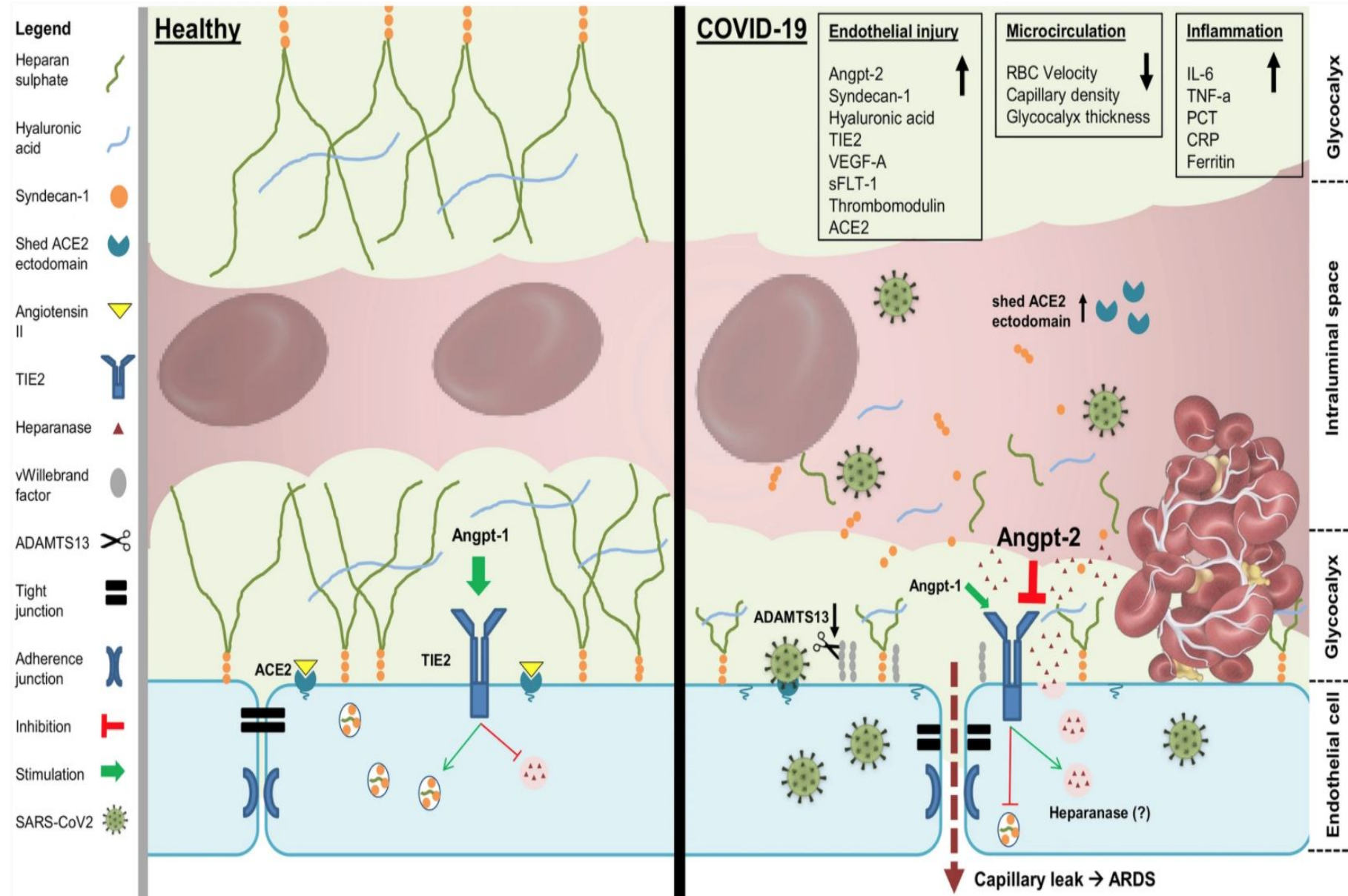
Early evidence:  
Reduced total and perfused vascular density in sublingual microvessels in ventilated patients

MYSTIC:  
Microvascular dysfunction in COVID-19

Mod-sev or critical

Intravital microscopy + circulating markers

Replicated early evidence + direct eGCX damage



# Associated pathologies

Cardiovascular disease

Stroke

Atherosclerosis

Peripheral artery disease

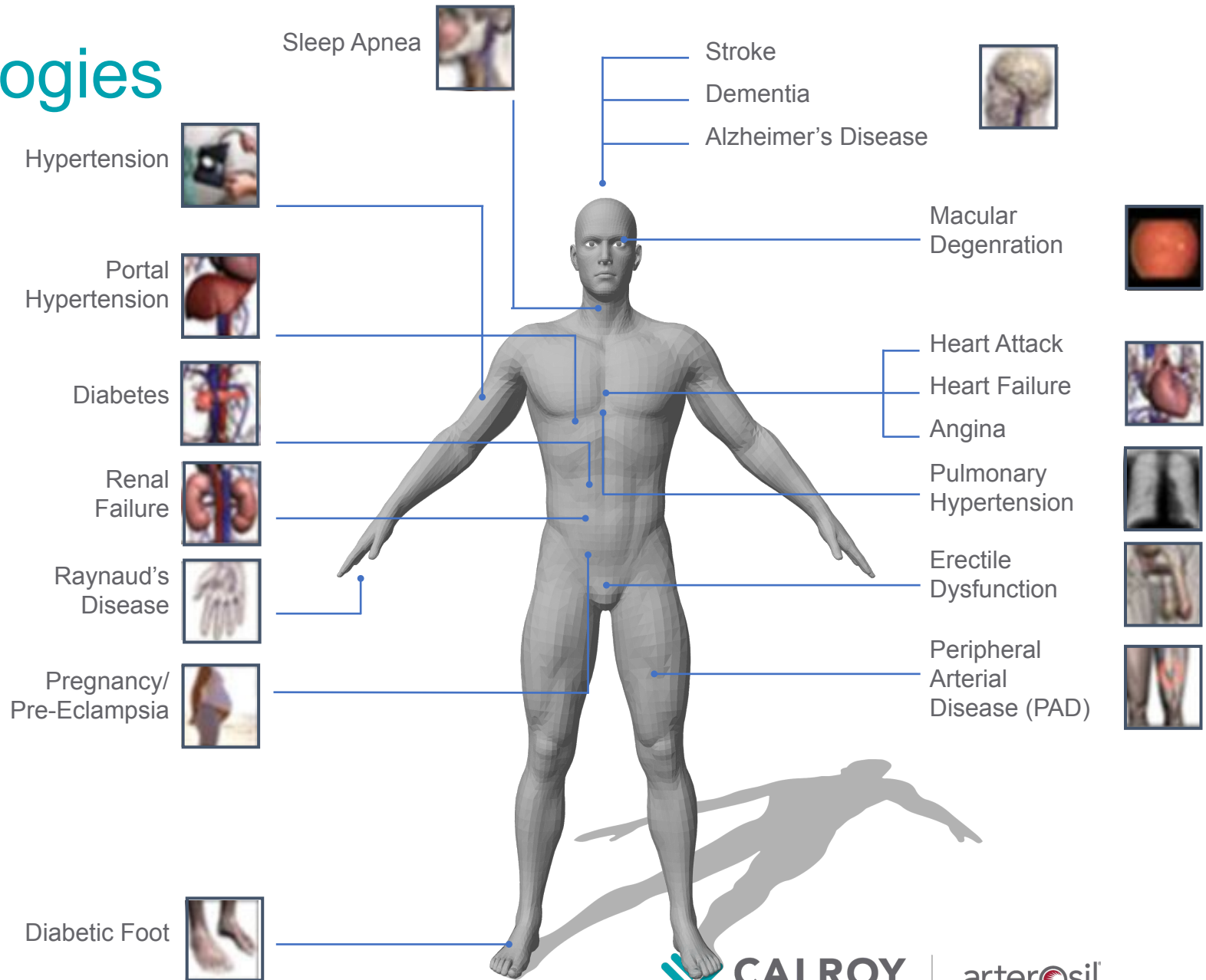
Renal disease

Hypertension

Diabetes, diabetic neuropathy

Erectile dysfunction

Other circulatory issues





# Glycocalyx functions in the gut

- Secreted and transmembrane glycoprotein layers over entire tract; protects mucosa from pathogens, mechanical stress

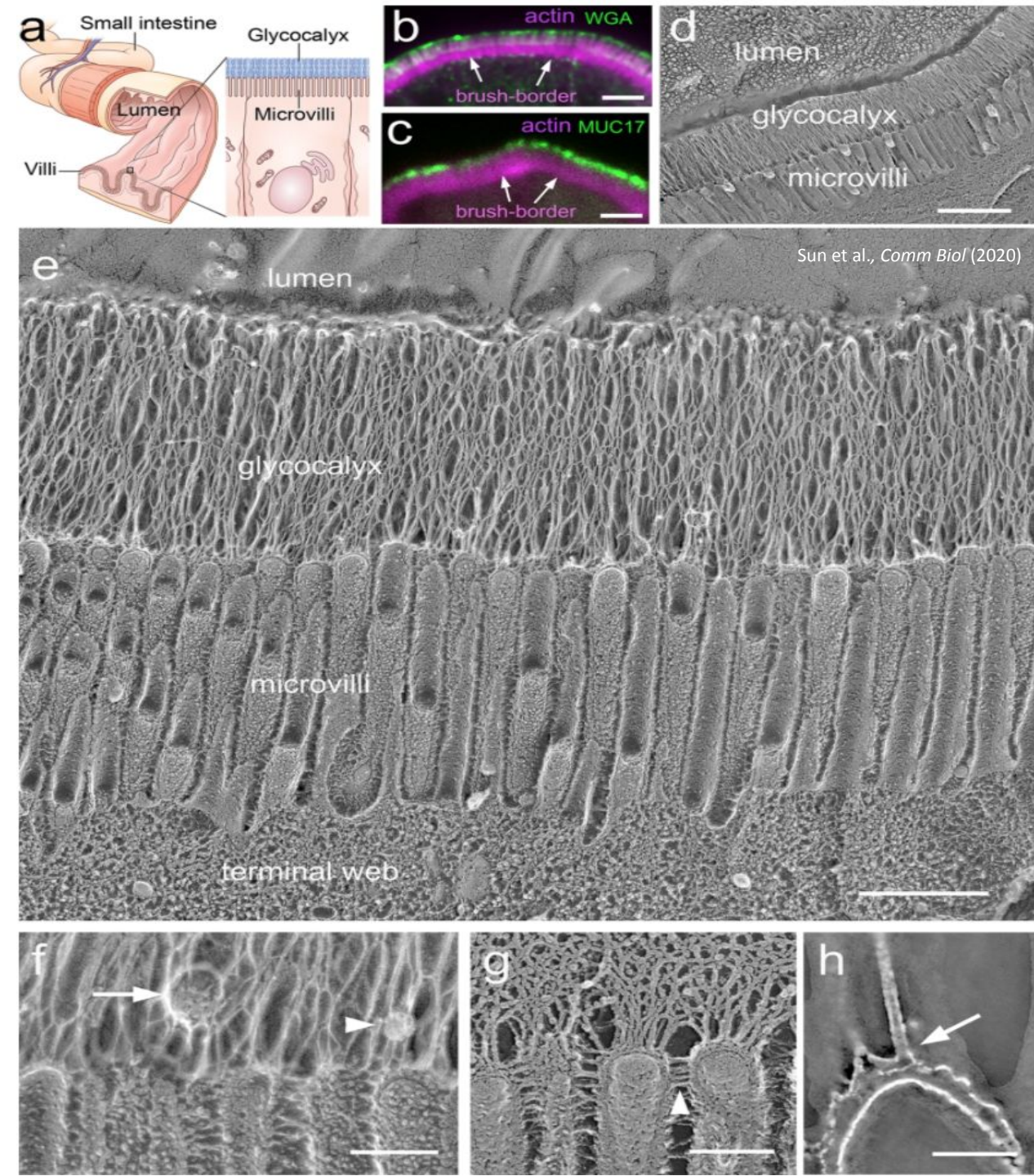
- In small intestine, covers entire epithelia cell surface; overlaying mucus layer can be thin and discontinuous

- Highly diverse glycoproteins, glycolipids act as receptors for bacterial adhesion, including normal flora to limit pathogen colonization

- Mucosal lubrication and hydrophobicity; prevents auto-digestion and ulceration; participates in cell signaling; selective diffusion barrier to exclude deleterious microbes

## IN THE CLINIC

GCX impairment implicated in several GI diseases, e.g. IBD, cancer

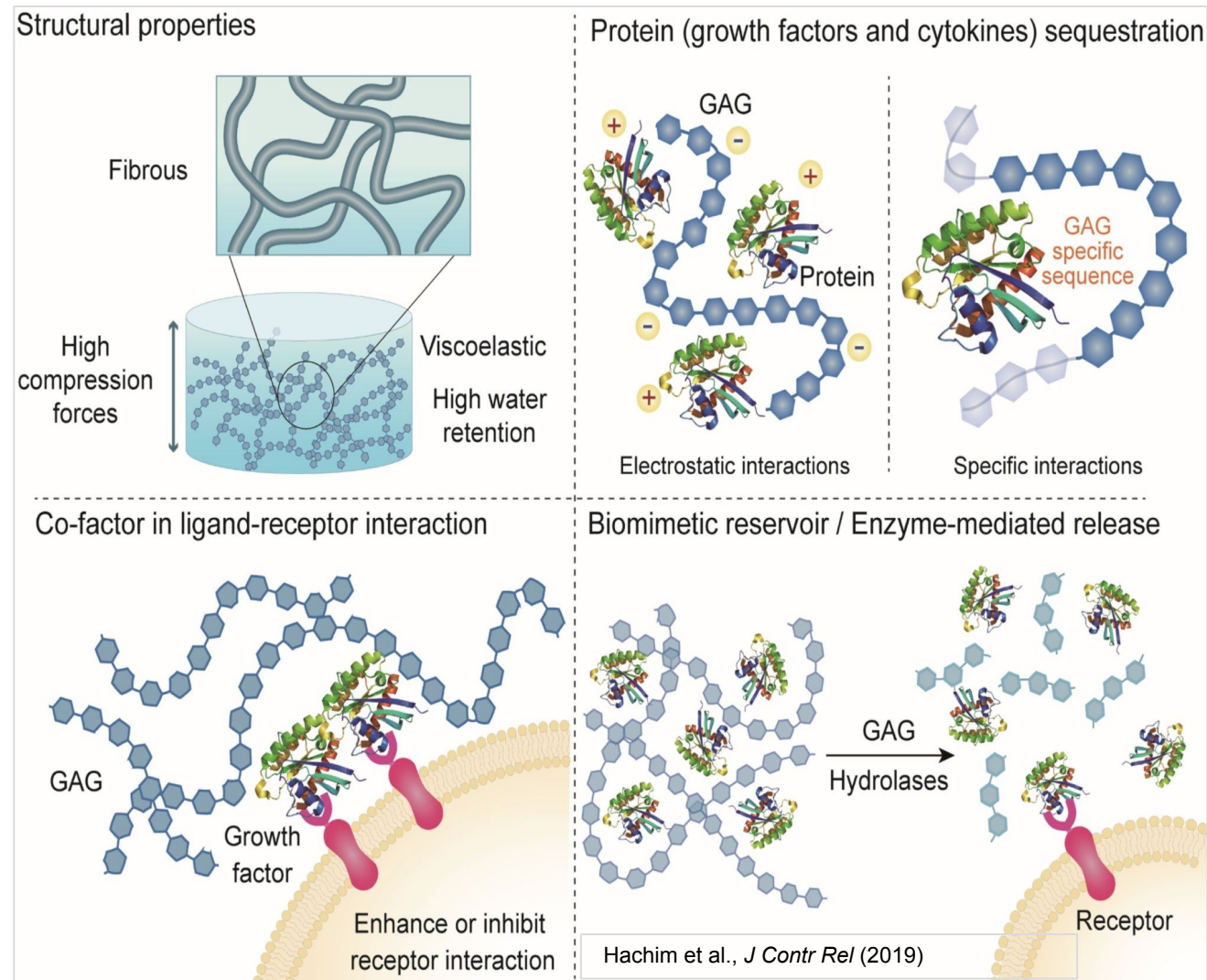


# Intestinal Glyco-therapeutics

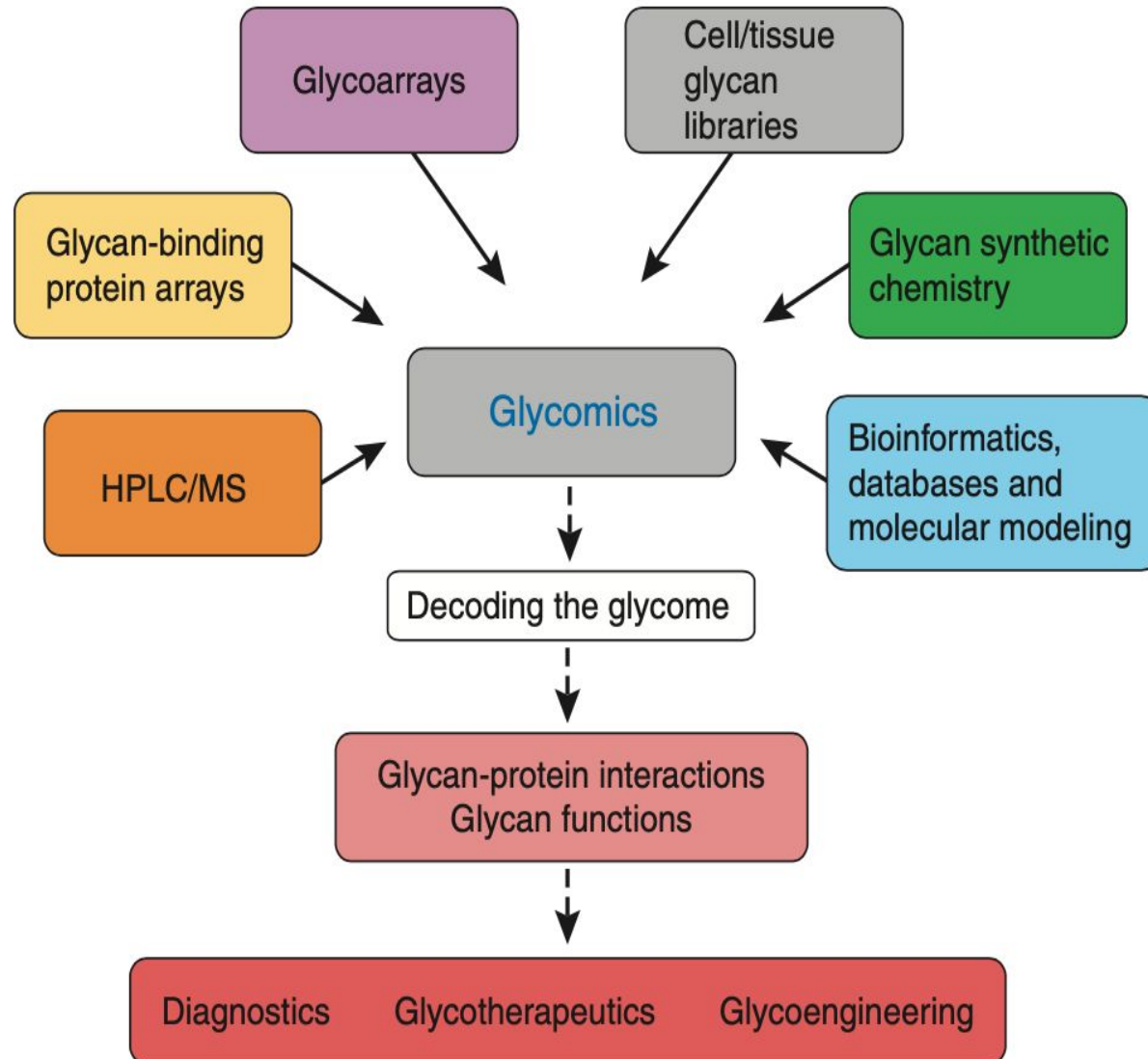
N-acetyl glucosamine (GlcNAc) tested in a phase 2 trial with IBD

Oral GlcNAc was reported to promote mucus production in intestinal tissues of children with severe treatment-resistant IBD  
8 of 12 children given GlcNAc achieved clinical remission

GlcNAc is an immunomodulatory agent and promoter of epithelial barrier integrity



# Glycomics: Approaches and Technologies



# Diagnosics: Clinical glycan profiling

Tegtmeyer et al., *NEJM* (2014)

## CDG Screening:

Carbohydrate-deficient transferrin (IEF)

Apo CIII

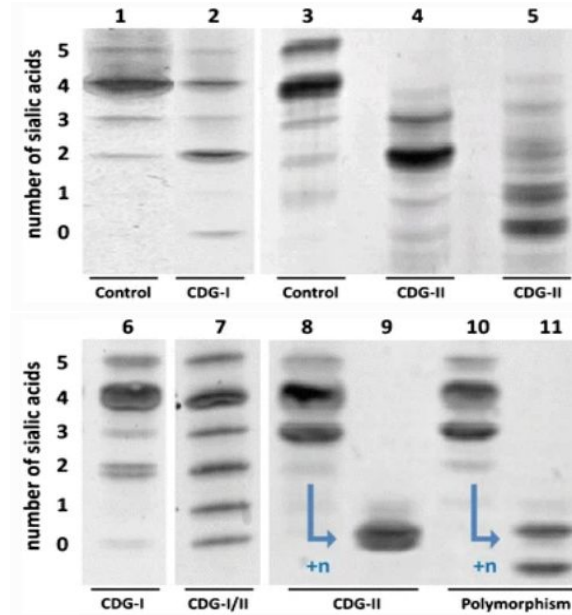
Mass spec (MS)

## CDG Advanced:

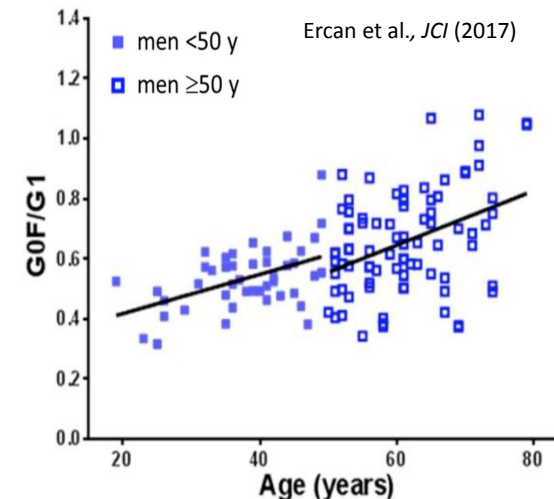
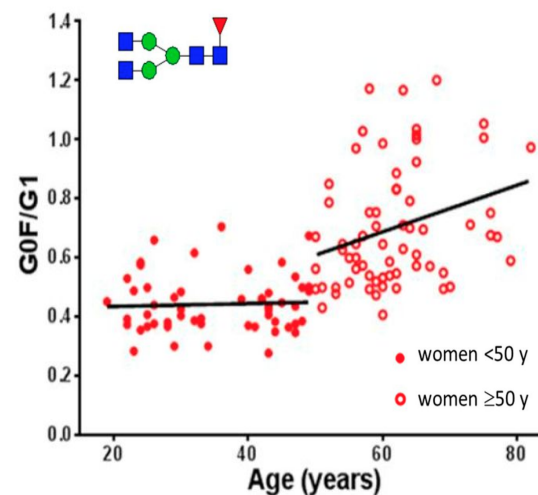
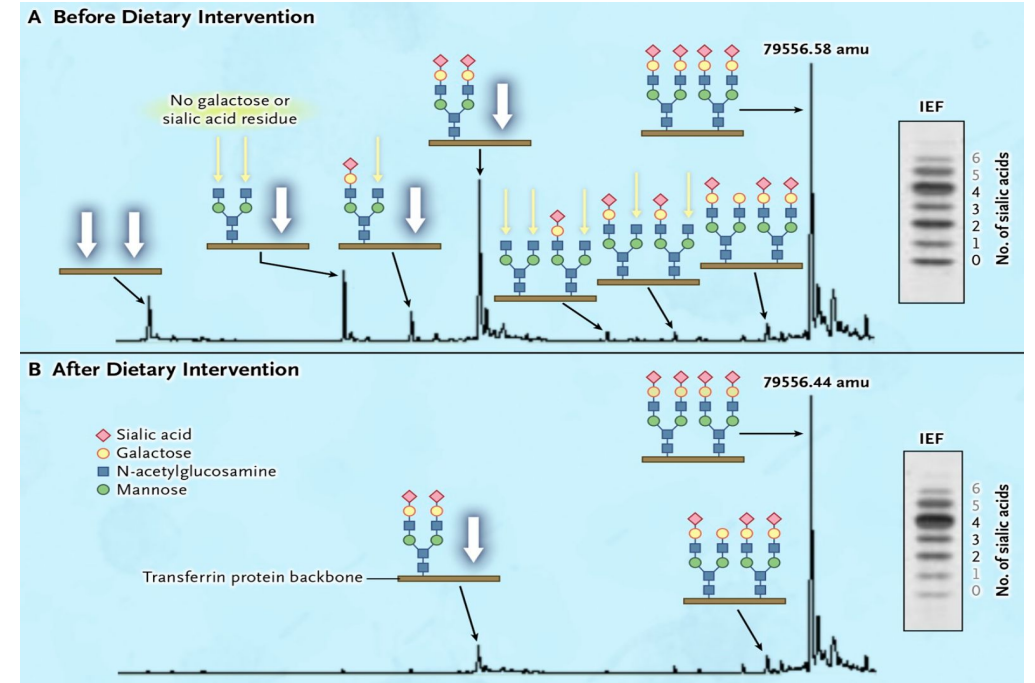
WES/WGS >>> subtle phenotypes, discovery of novel genetic causes, non-global functions

## Direct-to-consumer:

Biological age



Van Scherpenzeel et al., *Glycocon J* (2014)



# Microarrays, global glycan profiling

## Glycans, lectins, mucins:

State-of-the-art, key resource for many years

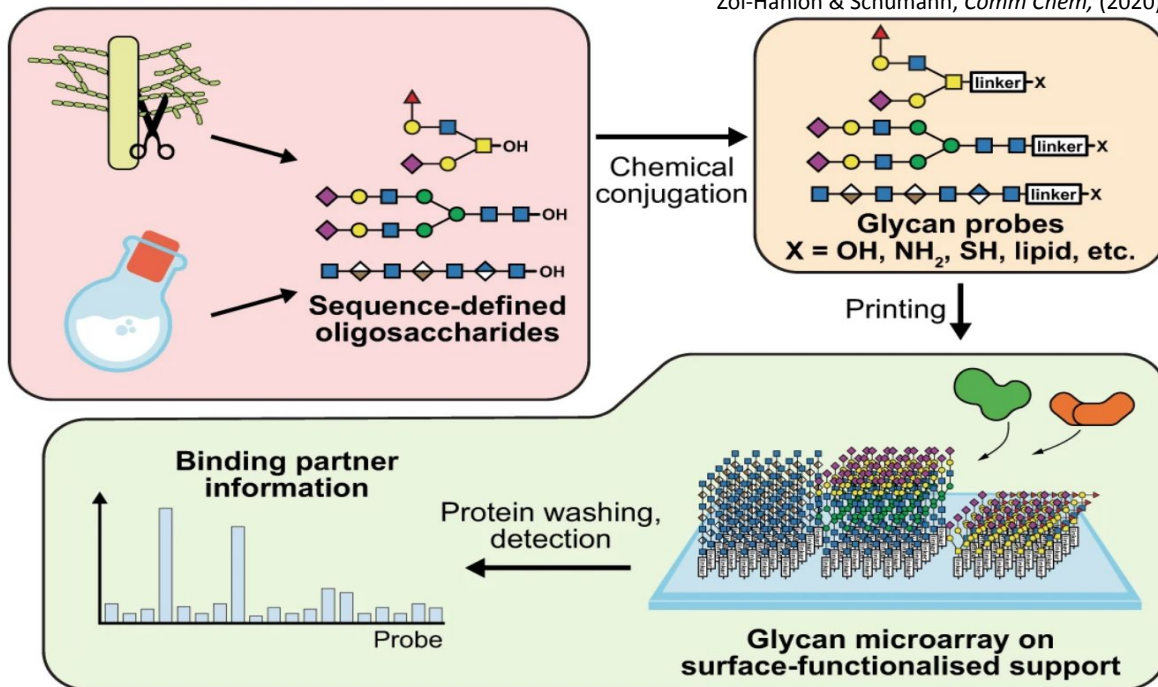
Limited by number of pre-specified glycans

(~100s) vs. 1000s possible *in vivo*

## IN THE CLINIC

Glyco Liver Profile

Zol-Hanlon & Schumann, *Comm Chem*, (2020)



## Next generation:

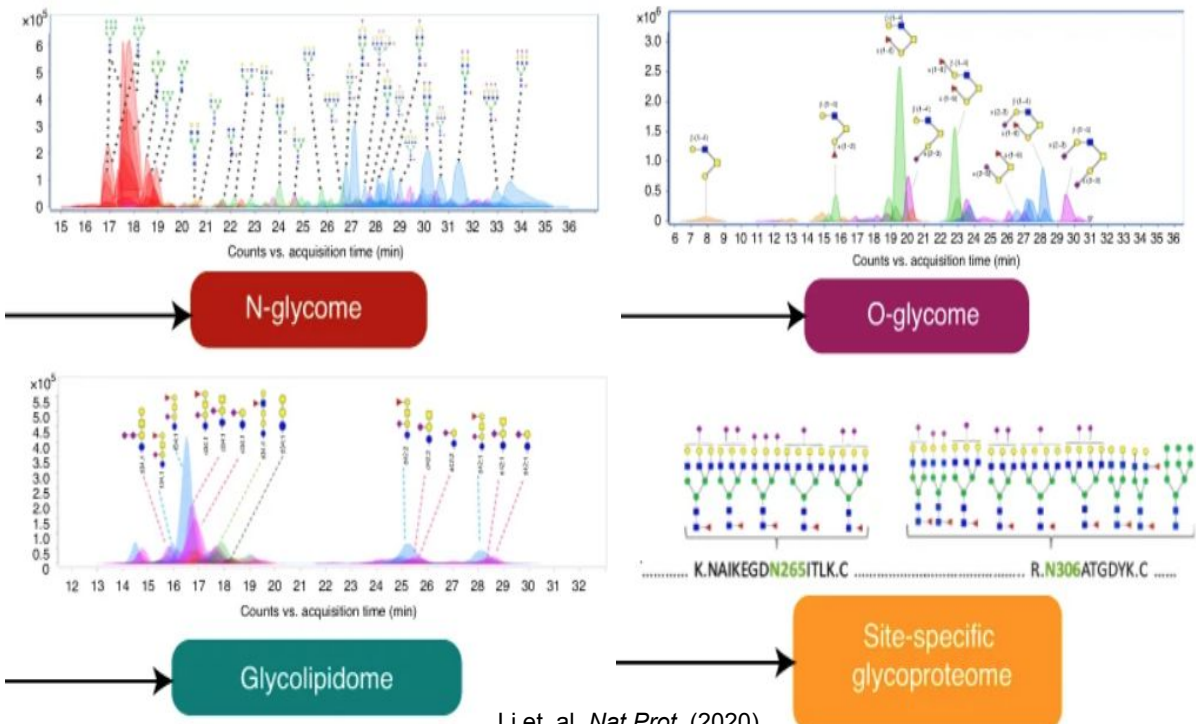
Multiplex bead arrays – boost throughput

Cell-based arrays – near-native environment

Liquid arrays – densely conjugated, DNA-barcoded virions

Parallel shotgun glycomics + proteomics

Site-specific glycopeptide mapping



# Diagnostics: Endothelial status and function

Previous methods are invasive and/or challenging to administer

**EndoPat** – reactive hyperemia in finger microvasculature

Easy to access and perform

Automated

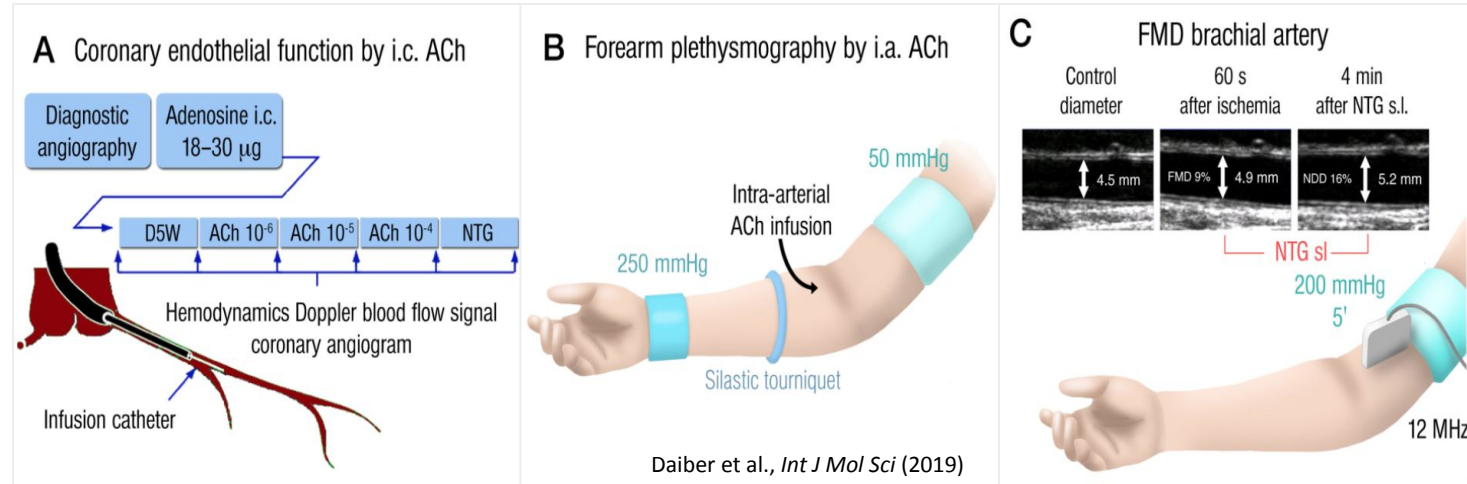
Low interobserver and intra-observer variability

Correlation with invasive microvascular vascular function

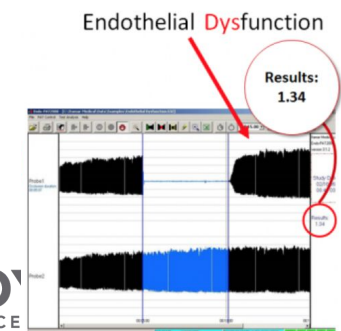
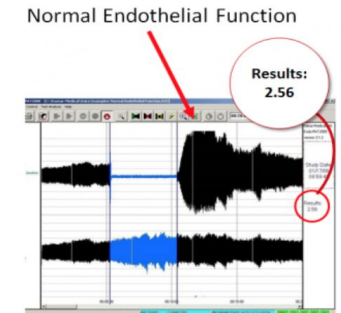
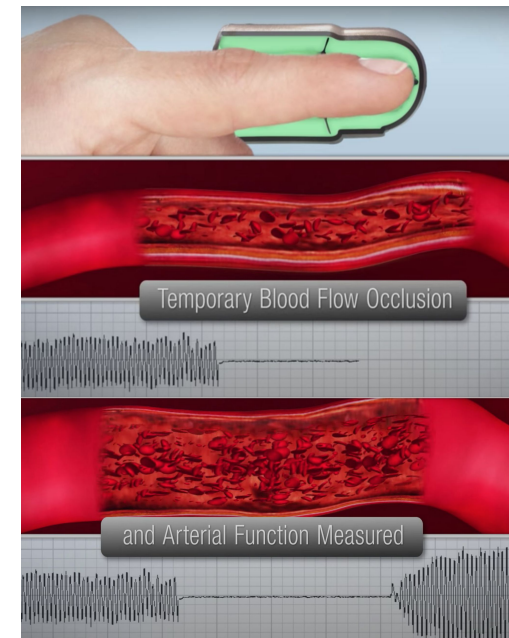
**Pulse wave velocity** – volume wave form information via finger probe

Arterial stiffness

Vascular tone



EndoPat, Itamar Medical



RO  
SCIENCE

# Sidestream dark field imaging allows real-time eGCX assessment

Hand-held videomicroscope records sublingual mucosal microvasculature (5-25  $\mu\text{m}$ )

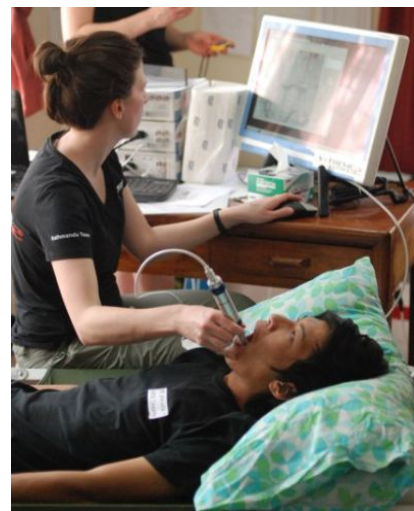
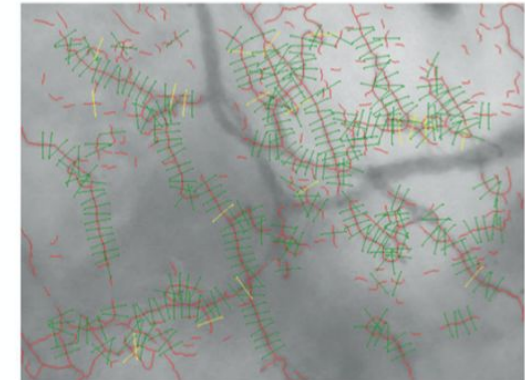
Software automatic calculation of measurements:

- capillary density
- capillary blood volume
- blood flow
- red cell velocity

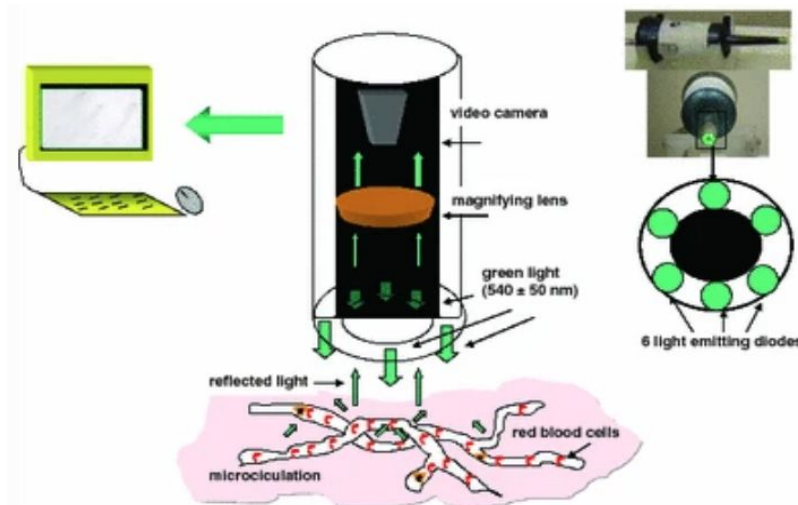
**Perfused boundary region (PBR) =**  
inversely proportional to EGX thickness



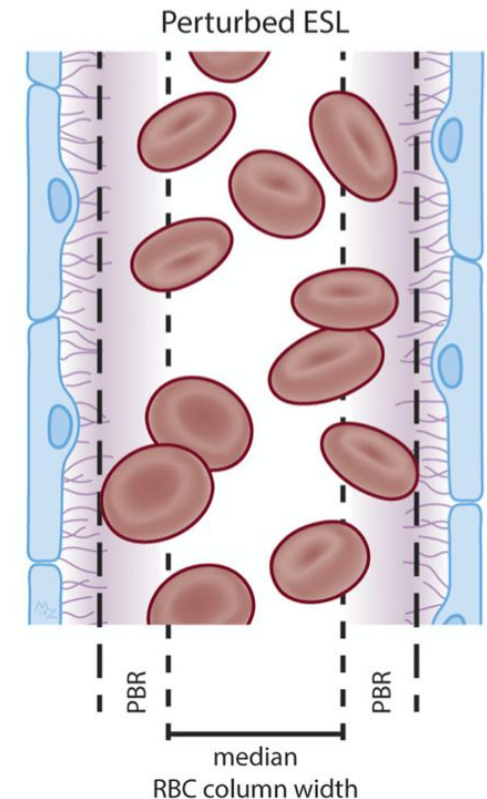
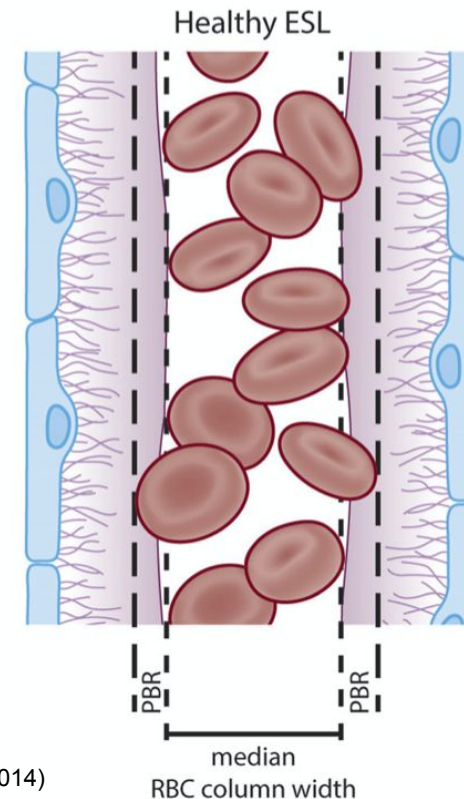
Dane et al., *AJP Ren Physiol* (2015)



Pring, F., *BMC Blog* (2013)



Treu et. al, *Arch Derm Res* (2014)



# Endothelial glycocalyx is a therapeutic target

## Restoration

requires days (5-7) to achieve functionality after an insult

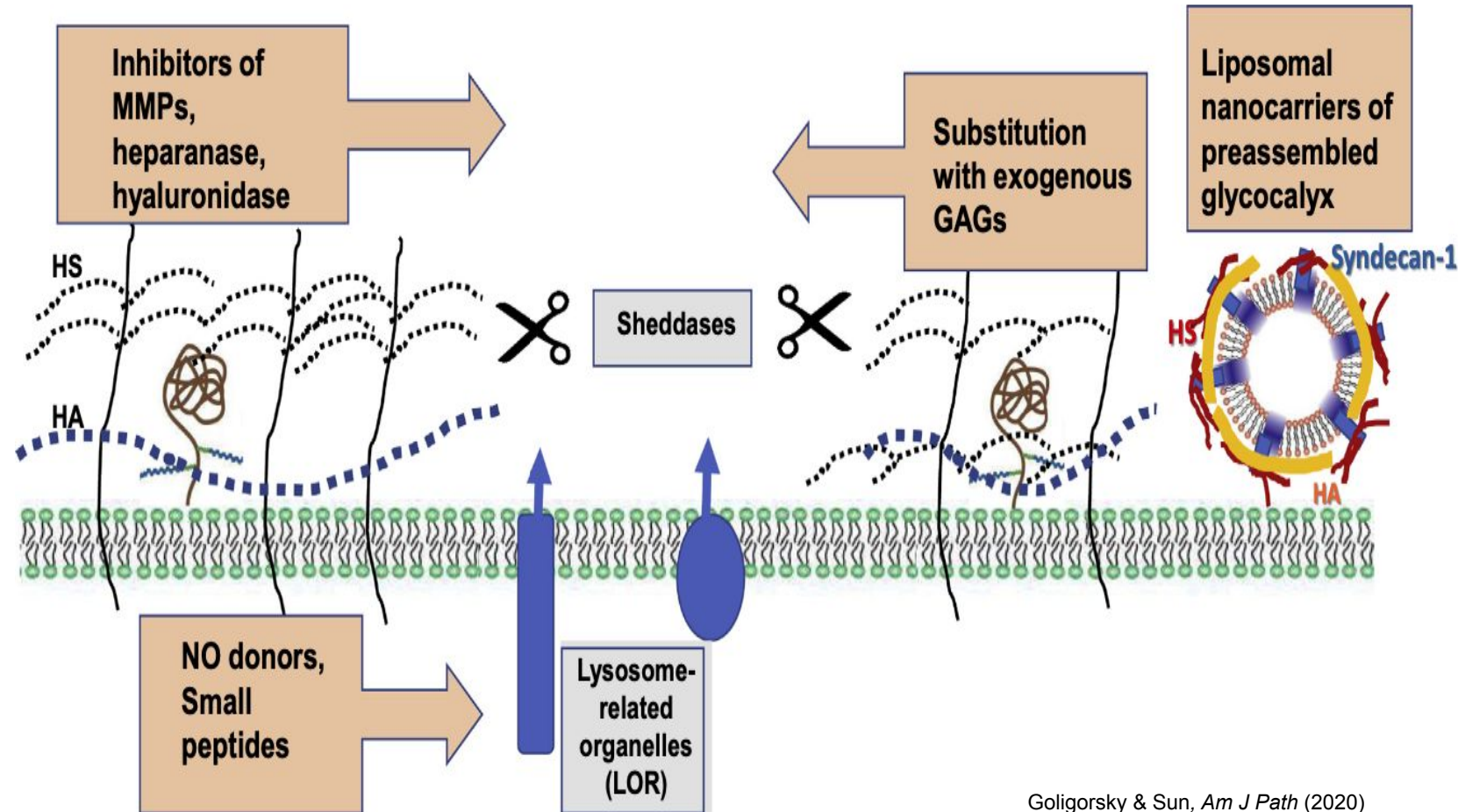
## Preservation

*precipitous degradation, exigent requirement for restitution*

acute I-R, sepsis, burns, surgical stress, aortic clamping / CV bypass, toxin-producing infection

*gradually accruing imbalance between synthesis-degradation, leading to defects*

DM, chronic CV diseases, CKD, tumors, chronic inflammatory processes, aging



Goligorsky & Sun, *Am J Path* (2020)



# EGX is a therapeutic target

## Existing compounds:

albumin

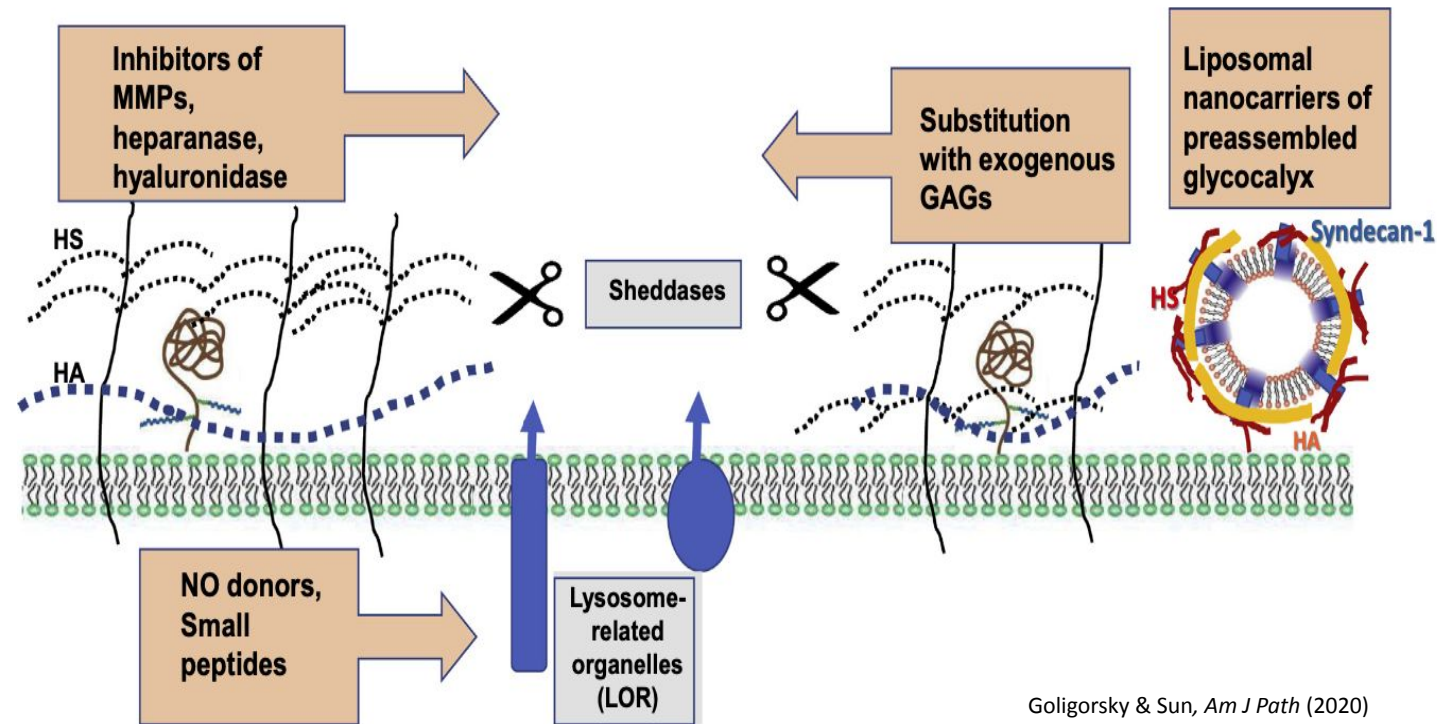
FFP – preserves integrity and SYND1, source of albumin, protease inhibition, induces endothelial cell release of preformed SYND1  
 glucocorticoids – anti-inflammatory actions, incl cytokine-induced vascular barrier damage on vascular barrier

systemic high MW hyaluronic acid (HA)

HA infusion + chondroitin sulfate

doxycycline – MMP inhibition

NAC – opposes shedding in hyperglycemia



Goligorsky & Sun, *Am J Path* (2020)

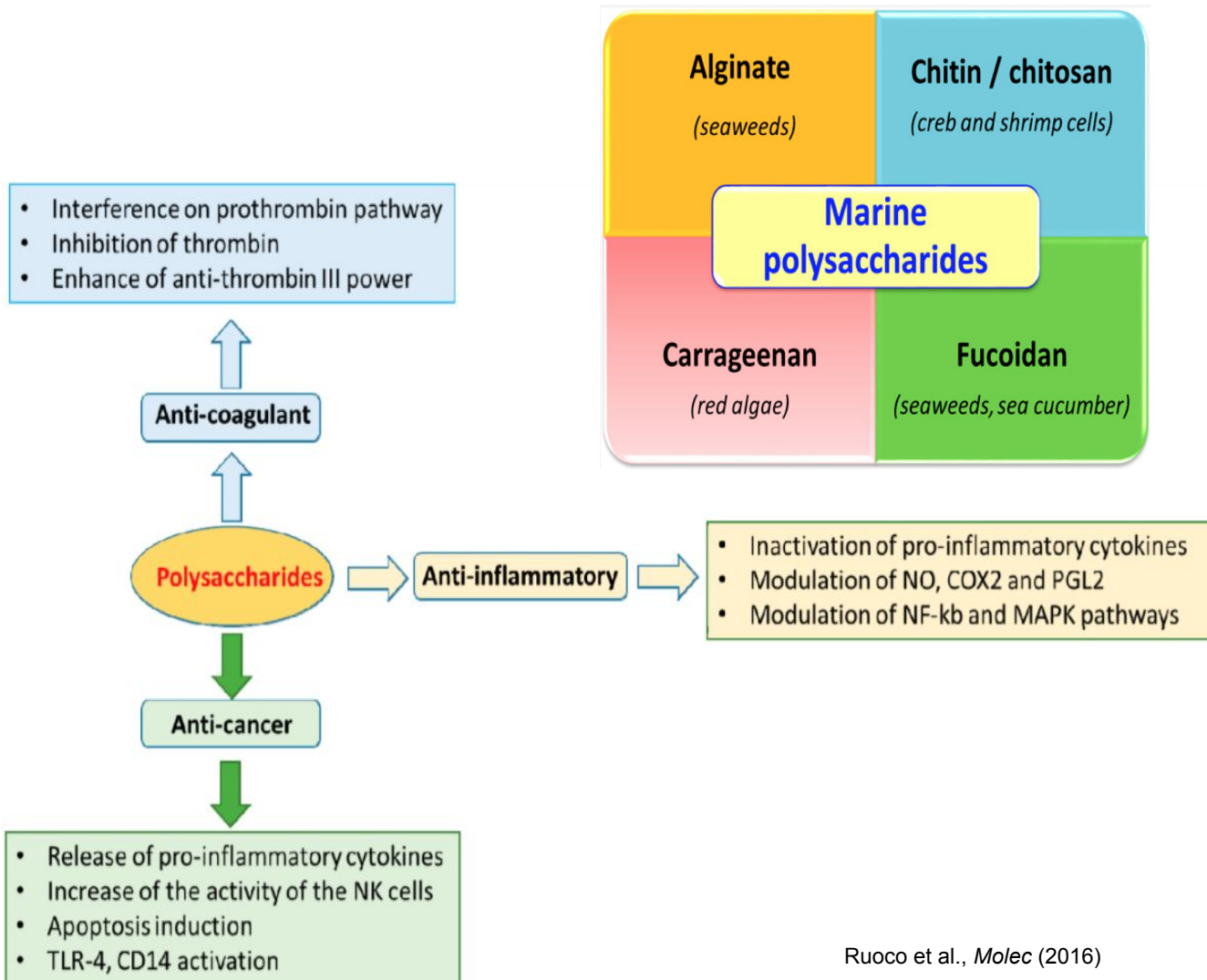
## Novel compounds:

heparin aggregates (Corline) – anti-thrombotic

selectin-targeting anti-adhesive coating (EC-SEAL) – dermatan sulfate backbone + selectin-binding peptides

Heparin-mimetics (Sulodexide) – HS + dermatan sulfate GAG, sheddase inhibitor  
 S1P/Albumin S1P –sheddase inhibitor

# Glyco-therapeutics



Ruoco et al., *Molec* (2016)

**Rhamnan sulfate**, a sulfated polysaccharide from green seaweed

Rapidly absorbed and incorporated into the endothelial glycocalyx

Improves endothelial function

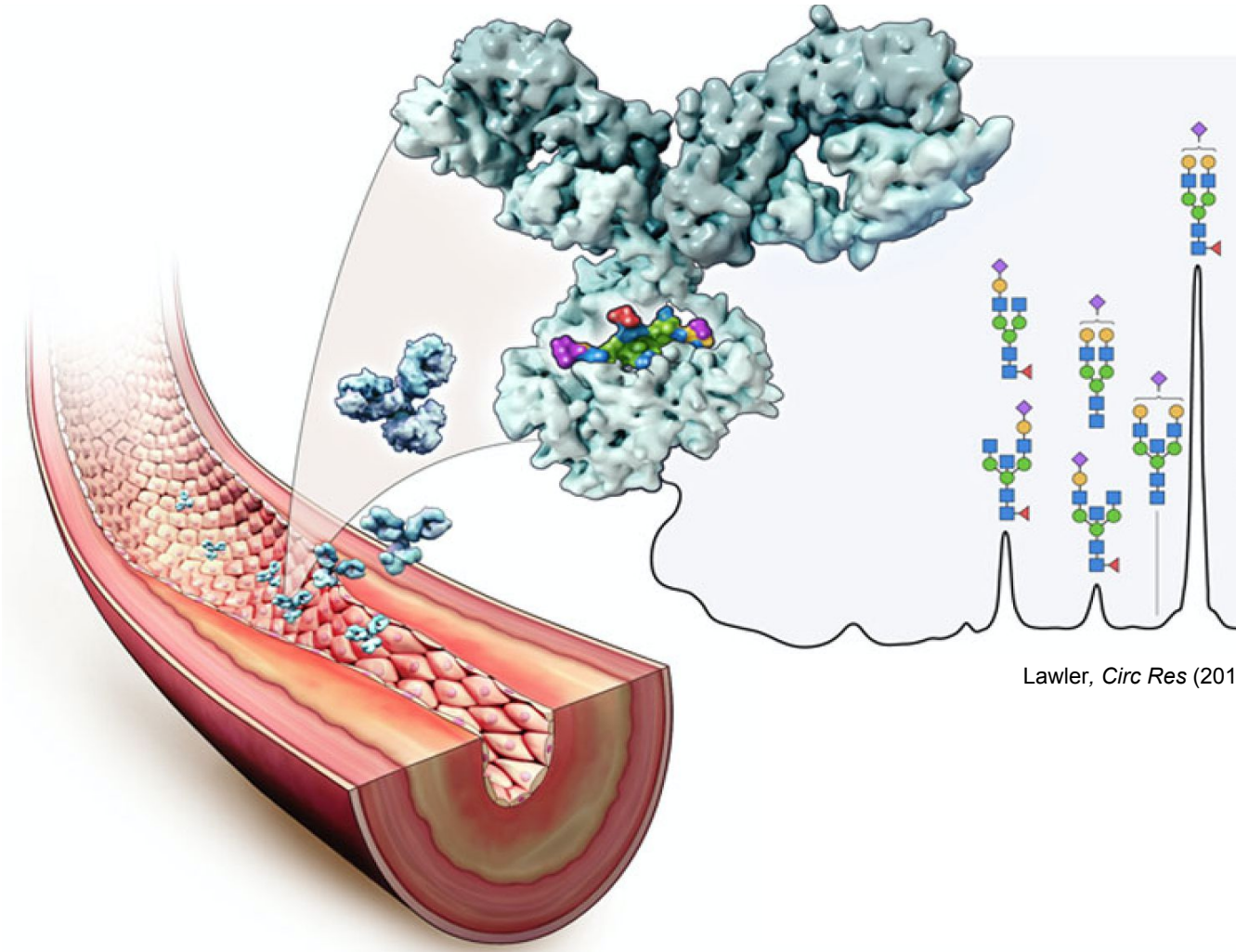
Anticoagulant

Antithrombotic

Antiviral effects

Modulates intestinal immune responses

# THANK YOU



Lawler, *Circ Res* (2018)