



Clinical Supervision Hub

Introduction

The Clinical Supervision Hub was established due to the increase in request for quality clinical supervision delivered by qualified professionals. Working with vulnerable people, listening to distressing information and having empathic relationships will have an impact on your staff's mental health. We call this the cost of caring. Your staff cannot effectively support the vulnerable people they work with if they do not have the time to process and reflect upon their work.

Clinical supervision is a very important component for staff's mental health and professional development. By having access to frequent clinical supervision, your staff will be able to reflect upon their work and can process information that may be impacting on their emotional and mental health.

What does the Hub Offer?

The Clinical Supervision Hub provides online 1:1 and group supervision (up to 3 people per group) for staff that are not clinically qualified. The Hub can also offer evening and weekend sessions.

We will match your organisational needs to our Clinical Supervisors to ensure supervisees are accessing supervision from professionals that are suitability qualified, trained and experienced within the field you work in. We are keen to ensure supervisees can access the same clinical supervisor where possible as the supervisory relationship is very important.

The frequency of Clinical Supervision sessions will be discussed with the team at Innovating Minds. We recommend supervision takes place every 4 to 6 weeks.

Innovating Minds will provide data on attendance and any overarching themes that may support the organisation to develop their services and HR offer.

What can supervisees expect?

We will provide supervisees access to videos and resources to explain what clinical supervision is, and how best they can use supervision. We will also explain that supervision is not therapy, and the role of the clinical supervisor. In the first session, a supervision contract will be collaboratively formulated to ensure each supervision sessions fulfils the goals and objectives.

Supervisees will be able to arrange their supervision sessions via our online portal. If the supervisee needs to speak to member of the team at Innovating Minds they can email or phone us. We are always happy to help.

Safeguarding

The clinical supervision sessions will remain confidential unless we have any concerns relating to risk to self and/or others. We will ask for the designated safeguarding leads contact details. Innovating Minds has a robust safeguarding process in place so Clinical Supervisors can raise their concerns promptly.

Cost

The cost for each clinical supervision session is £120 (excl VAT). We would ask that organisations commit to a 12 months contract to ensure we can maintain the supervisory relationships. A break clause is included within the terms and conditions. If you are not satisfied with the service, we provide the contract can be ended with 30 days' notice.

Please note, sessions that are not attended will be charged for at full cost; these are also known as DNA sessions. A DNA session is when the supervisee does not attend the session, or the session is cancelled without giving 24 business hours' notice.

Contact Us

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