



75 courses written by  
Australians in the aged  
care sector, for  
Australians in the aged  
care sector.

June 2020

| TITLE   | UPDATED DURATION (MINUTES) | STANDARD          |
|---|----------------------------|-------------------|
| <b>Mandatory</b>  |                            |                   |
| Food Handling Fundamentals                              | 18                         | 4, 5 & 8          |
| Manual Handling in Residential Aged Care                | 37                         | 5 & 8             |
| Workplace Safety for Managers                           | 31                         | 5, 7 & 8          |
| Reportable Incidents & Preventing Elder Abuse           | 26                         | 1, 7 & 8          |
| Responding to Fire Emergencies (for Fire Wardens)       | 46                         | 4, 5, 7 & 8       |
| Responding to fire emergencies in Residential Aged Care | 40                         | 4, 5, 7 & 8       |
| Responding to fire emergencies in office environments   | 39                         | 8                 |
| Workplace Bullying & Harassment                         | 25                         | 3, 7 & 8          |
| Meeting Infection Control Requirements                  | 41                         | 3 & 8             |
| Infection Control: General Laundry Requirements         | 17                         | 3 & 5             |
| Positive Behaviour Support                              | 25                         | 1, 3, 7 & 8       |
| <b>Aged Care Quality Standards – “Essentials”</b>       |                            |                   |
| Consumer Dignity and Choice                             | 24                         | 1                 |
| Risk Management   | 24                         | 1, 4, 5, 6, 7 & 8 |
| Supporting an older person at the end of life           | 60                         | 3c & 4            |
| Food and Hydration                                      | 25                         | 3f & 4            |
| Organizational Governance                               | 37                         | 1, 3, 4, 6 & 8    |
| Information Management (Systems)                        | 25                         | 1, 7 & 8          |
| Arthritis   | 39                         | 3 & 4             |
| Supporting the frail older person                       | 37                         | 3c & 4            |
| Human Resources   | 27                         | 1, 7 & 8          |


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|--|----------------------------|-------------|
| <b>Clinical Care</b>   |                            |             |
| Administration of medications in residential aged care for support workers                           | 10                         | 3, 4, 7 & 8 |
| Administration of Medications in Residential Aged Care for RNs and Medication Endorsed ENs           | 23                         | 3, 4, 7 & 8 |
| The Aged Care Quality Standards and Medication Management for Nurses                                 | TBC                        | 3.4.7 & 8   |
| Oral Health: Oral Health for Healthy Ageing  | 14                         | 3           |
| Oral Health: Protecting Oral Health  | 16                         | 3           |
| Restraint  | 14                         | 1, 2, 6 & 8 |
| Pandemic Prevention: Preventing the spread of infectious conditions                                  | 18                         | 3 & 5       |
| Falls Prevention   | 43                         | 1, 2 & 4    |
| Pain Management  | 23                         | 1, 2 & 3    |
| Prevention of Pressure Area Injuries   | 48                         | 1, 2 & 4    |
| Prevention of Wounds & Skin Tears  | 32                         | 3, 4 & 8    |
| Understanding, Identifying & Managing Sensory Loss   | 31                         | 1, 2 & 3    |
| Continence Management  | 26                         | 3 & 8       |
| Diabetes Management  | 46                         | 3 & 8       |
| Mobility, Dexterity & Rehabilitation   | 34                         | 4           |
| Palliative Care for Aged and Community care  | 24                         | 1, 2, 4 & 8 |
| Managing Dysphagia   | 26                         | 3, 4 & 8    |
| Coronavirus Disease 2019 (COVID-19) General Information and guidelines for health care workers       | 35                         | 3 & 5       |
| Coronavirus Disease 2019 (COVID-19) General Information and guidelines for aged care personal carers | 18                         | 3 & 5       |
| Coronavirus Disease 2019 (COVID-19) General Information and guidelines for home care workers         | 18                         | 3 & 5       |
| <b>Manual Handling</b>   |                            |             |
| Manual Handling in Residential Aged Care   | 37                         | 5 & 8       |
| Safe Manual Handling of People – Level 2 (contains videos for correct technique)                     | 110                        | 1, 2, 6 & 8 |
| Manual Handling for ancillary workers in Residential Aged Care                                       | 31                         | 5, 7 & 8    |
| Workplace Safety for Managers  | 31                         | 5,7 & 8     |
| Manual Handling for Home and Community Care  | 55                         | 5 & 8       |
| <b>Community and Home Care</b>   |                            |             |
| Palliative Care for Aged and Community Care  | 24                         | 1, 2, 4 & 8 |
| Positive Behaviour Support in Home and Community settings  | tbc                        | 3, 7 & 8    |
| Responding to Emergencies in Home and Community  | 21                         | 5, 7 & 8    |
| Meeting Infection Control Requirements in Community Care   | 41                         | 3 & 8       |
| Manual Handling for Home and Community Workers   | 55                         | 5 & 8       |
| Reportable Incidents & Preventing Elder Abuse in Community Care                                      | 33                         | 1 & 8       |
| <b>ACFI</b>  |                            |             |
| ACFI Basics  | 6                          | ACFI        |
| ACFI Activities of Daily Living  | 12                         | ACFI        |
| ACFI Cognition and Behaviours  | 10                         | ACFI        |
| ACFI Complex Health Care   | 10                         | ACFI        |
| ACFI Recording and Documentation for Carers and Enrolled Nurses                                      | 8                          | ACFI        |
| How to Complete an ACFI Appraisal Pack   | 12                         | ACFI        |
| ACFI Validation Trends and Changes   | 9                          | ACFI        |
| Test your ACFI Knowledge Part 1 – Clinician  | 2                          | ACFI        |
| Test your ACFI Knowledge Part 2 – Coordinator  | 2                          | ACFI        |
| How to Accurately Complete the PAS (Psychogeriatric Assessment Scales)                               | 15                         | ACFI        |
| ACFI Cornell Scale for Depression in Dementia (CSDD)   | 22                         | ACFI        |
| Safe and Effective use of Heat Packs   | 16                         | ACFI        |




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|--|----------------------------|----------|
| <b>Dementia Care</b>   |                            |          |
| Dementia 1: Understanding Dementia                                     | 26                         | 2 & 7    |
| Dementia 2: Dignity of Care  | 18                         | 1 & 5    |
| Dementia 3: Designing the environment for persons living with Dementia | 35                         | 1, 4 & 5 |
| Dementia 4: Communication & Reconnecting                               | 25                         | 1 & 4    |
| Dementia 5: Providing Behavioral Support & Inclusion Dementia          | 30                         | 1 & 8    |
| Dementia 6: Dementia Friendly language                                 | 28                         | 1        |
| <b>Consumer Dignity and Choice</b>                                     |                            |          |
| Wellness, Reablement & Healthy & Active Ageing                         | 10                         | 1 & 4    |
| Consumer Experience  | 19                         | 1, 2 & 6 |
| Food Service & Menu Planning in Aged Care                              | .                          | 4 & 8    |
| Nutrition & Diabetes in Aged Care                                      | 16                         | 3 & 4    |
| Cultural Diversity   | 39                         | 1 & 4    |
| Friendship, Intimacy & Sexual Expression                               | 21                         | .        |
| Seating & Eating   | 13                         | 4 & 5    |
| LGBTQI in Aged Care  | 16                         | 1, 4 & 8 |
| <b>Other</b>   |                            |          |
| Introduction to the LMS  | 28                         | .        |
| Specified Care & Services in Aged Care                                 | 37                         | .        |



For more information on how Healthcare Australia can work for you:

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