STAND DOWN

STAND DOWN FOR THE COVID-19 PANDEMIC | JANUARY 2021

#NECASafetyStandDown #StopTheSpread



Use practical contact tracing: guidelines look at who a person with COVID-19 has been in contact with during the past 6 days and if a person has been around someone that has tested positive in that time frame.



Practice social distancing by maintaining a minimum 6-foot distance from others.



Follow medical guidance on vaccines so that the country can begin to put an end to this pandemic.



Wear a facemask when you are around other people to help prevent the spread of the virus to others.



Wear all necessary PPE such as gloves, goggles, face shields and face masks as required for the activity.



Don't shake hands and don't share items such as pencils, cell phones, water bottles, etc.



Wash your hands with soap and warm water for at least 20 seconds and/or use proper 60% alcohol-based hand sanitizer.



Feel sick or showing any signs of illness or respiratory distress? Stay home!



