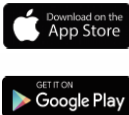


How to sign up for National Steps Challenge™ Season 6 : Corporate Challenge

Challenge period: 3 Jan 2022 – 17 Apr 2022
Registration period: 12 Jul 2021 – 19 Dec 2021



Step 1

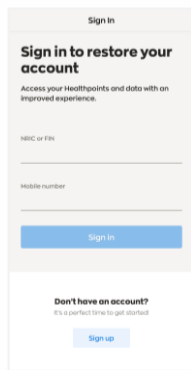
Download or update to the latest version of the Healthy 365 app*.

*The latest version of the Healthy 365 app requires a minimum of Android 6 and iOS 10.

Step 2

Create or restore your profile if you already have one.

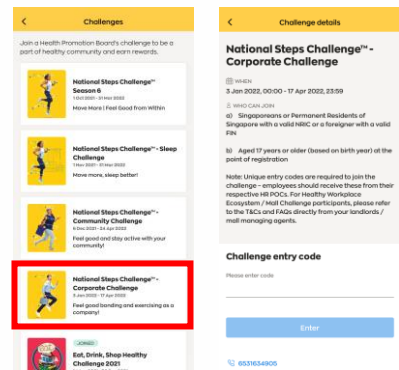
If you are restoring your profile, a 4-digit One-Time-Pin (OTP) will be sent via SMS to your registered mobile number.



Step 3

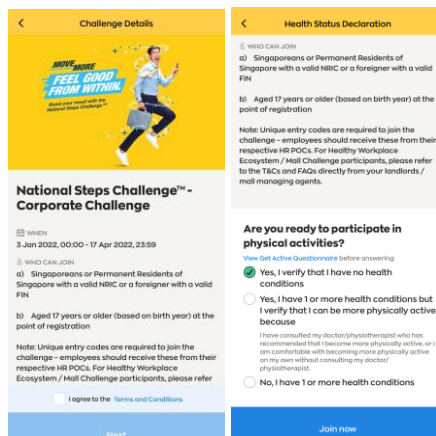
- Click 'Explore',
- Tap on 'Challenges' tab and select 'Corporate Challenge'.
- Key in your organisation's unique 8-digit entry code[^].

[^]Entry codes are case sensitive



Step 4

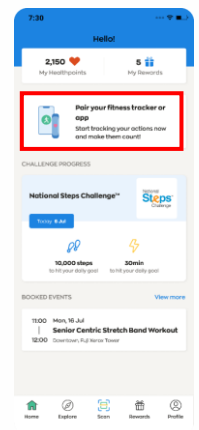
Agree to the Terms & Conditions and complete your Health Declaration status.



Step 5

Pair your preferred fitness tracking mode with the Healthy 365 app.

Participants will have the option to take part in the Challenge by tracking their physical activities via a Preferred Fitness Tracking Device or Apps



For participants who are using one of the compatible apps and fitness trackers, your device needs to be able to track heart-rate data in order to contribute towards the Moderate to Vigorous Physical Activity (MVPA) category. Applicable to selected fitness tracking devices compatible with Actxa®, Apple Health, Fitbit, Garmin Connect™, Polar Flow, or Samsung Health apps.

Participants who have signed up for the Corporate Challenge and have not collected a HPB Fitness Tracker in Season 5 are eligible for the free HPB Fitness Tracker, available on a first come, first served, while stocks last basis. Participants must be an employee of the organisation and at least 17 years old at the time of signing up. Other terms and conditions apply.



For enquiries, please call 1800 567 2020 or email us at stepschallenge@hpb.gov.sg
stepschallenge.gov.sg | #moveit150 | #my10ktoday
Championing: Let's Beat Diabetes