

DISCOVERY BOOK

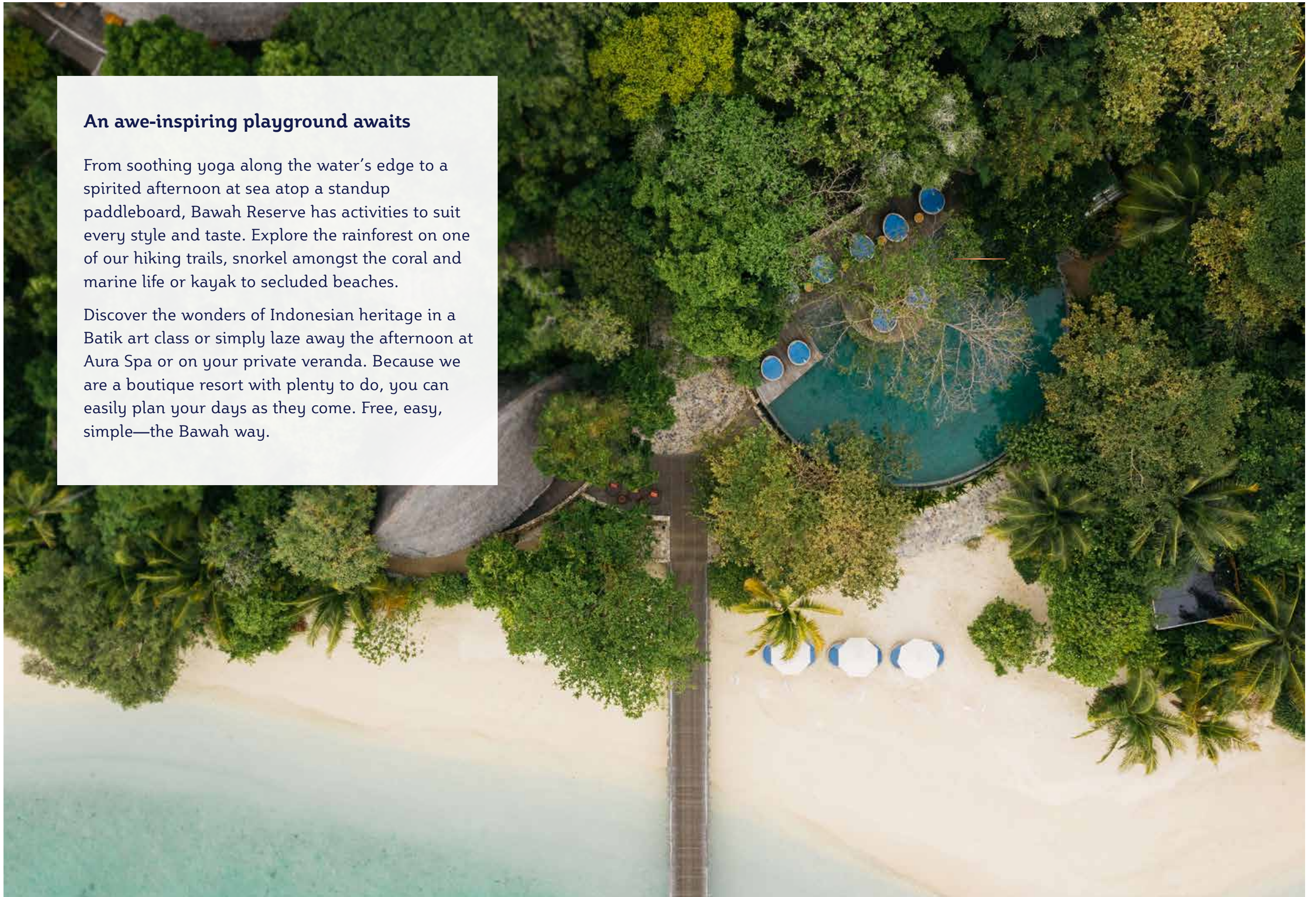


Bawah
RESERVE

An awe-inspiring playground awaits

From soothing yoga along the water's edge to a spirited afternoon at sea atop a standup paddleboard, Bawah Reserve has activities to suit every style and taste. Explore the rainforest on one of our hiking trails, snorkel amongst the coral and marine life or kayak to secluded beaches.

Discover the wonders of Indonesian heritage in a Batik art class or simply laze away the afternoon at Aura Spa or on your private veranda. Because we are a boutique resort with plenty to do, you can easily plan your days as they come. Free, easy, simple—the Bawah way.



WATER & BEACH ACTIVITIES

Catamaran Sailing

Nacra 5, Wave, Hobie, Hobie
Wave, RS Feva XL

Make waves and set sail on our easy-to-use catamarans. Enjoy a sail on our turquoise lagoons with magical views included. A relaxing and fun activity that provides unforgettable adventure at sea. Whether you are a beginner or an experienced sailor, gliding through the water is an experience like no other – the ideal sport to add to your tropical island holiday.

New to sailing?

Let our activities team take you out and show you the ropes.

Dive with **ORCA**Nation™ (\$)

Situated in the Northeast of Indonesia in the middle of the Coral Triangle, the prolific and preserved area of the Anambas, Bawah Reserve offers some spectacular diving attractions. If you are new to diving and looking to complete your certification, or are a seasoned diver, the surrounding reefs offer an abundance of marine life. Our registered Dive Centre is managed by OrcaNation™, Southeast Asia's leader in diving education and conservation. We can organise your online theory in advance to maximise your diving time. Bawah is an ideal place to try scuba diving.

Dive services include:

- Scuba Discovery
- Orca Refresher
- Open Water
- Advanced Open Water Diver
- Rescue Diver Course
- Fun Dives
- Conservation Dives
- Bubblemaker

Kayaking

Single, double, transparent

Guests are free to pick up a kayak from the Activities Centre at any time to explore the lagoons and alcoves or paddle to our islands and their beaches. A paddle to Sanggah island will uncover evidence of Bawah's volcanic past.

Want a guide?

Guided kayaking excursions are available upon request.





Snorkelling

Grab your fins and your GoPro and discover Bawah's underwater world (a protected marine conservation area). Come face-to-face with giant Bumphead Parrotfish, Clown Fish, Angelfish, Rabbit Fish, Butterfly Fish and Long-nosed Trumpet Fish to name a few. Keep your eyes peeled for the illusive Puffer Fish, Triggerfish, Giant Clams and Nudibranch galore.

New to snorkelling?

Our Activities Team will be happy to guide you.

Daily guided snorkelling trips

Join our Activities Team on a guided snorkel to our other islands. Contact Guest Relations for details and timings.

Stand Up Paddleboard (SUP)

Our calm lagoon waters are the perfect place to learn or practice paddleboarding. SUP offers a challenging full-body workout and great views above and below the waves.

Group Sunset Boat Excursion

One of the best ways to see Bawah's six islands is at the golden hour of sunset with a glass of wine in hand. Ease into an hour-long guided tour learning about the Reserve's rich history and biodiversity from our Activities Team.

Water and fresh juices provided. Alcohol upon request.



Day Trip to Nowhere (\$)

Explorers wanted for a trip to nowhere. Step aboard our yacht, the Bawah Flyer and sail into the South China Sea for a relaxing afternoon between the sun and the surf. Explore nearby islands or just kick back and enjoy the ride.

Lunch and refreshments provided.

Private Sunrise/Sunset Six Islands Boat Trip (\$)

Join us for a one-hour cruise on board our classic teak motorboat, Hyacinth, a great way to see the Reserve. During your tour you'll get to watch the sun rise or set over the Anamban horizon, toast to a new day or set the pace for the night ahead with loved ones or friends.

Sunrise: water, coffee, juice, morning pastries provided

Sunset: wine, juices and canapes

Private Island Cruise (\$)

Are the seas calling to you? We have several boats in various sizes that can take you and yours out for exploration. Speak to Guest Relations to arrange your magical seafaring experience.





ISLAND ACTIVITIES



Forest Hiking

At the heart of our wilderness you'll encounter primary jungle and a rich ecosystem bursting with life. Don't miss the 'King of Our Jungle' – a 50-metre high, 500-year-old Keruing tree. Bawah offers three marked trails, leading to magnificent lookouts where you will be rewarded with commanding views of the coastline, Coconut Beach, the statuesque Batu Tokong and surrounding islands.

Guided Forest Hike

Start or end your day immersed in nature with a guided sunrise or sunset hike. Our knowledgeable Activities Team will take you to the most picturesque spots you will learn about the flora and fauna as you trek.

Permaculture Garden Walk

Discover our organic and ecological gardens and take an eye-opening guided tour learning about our recycling and pioneering farming practices, which allow us to grow the freshest and most delicious organic produce possible.

Architecture Walk

Join us for an informative hour-long walking tour to reveal the hidden stories behind the building of Bawah Reserve, which took seven years to build by hand.

Discover the process of building on the previously uninhabited islands and the architectural practices that use new engineering and traditional Indonesian building methods. Learn about how the bamboo structures of our Beach Suites were designed and constructed, the traditional method for making rock walls and the artists who weaved strips of bamboo to create the rich tapestry on the walls and ceilings.



Beach Games

Football, volleyball, badminton, petanque, frisbee, sepak takraw

The soft sandy beach in front of the Activities Centre provides the perfect spot for a host of beach fun. From a game of football to learning the local game of Sepak Takraw, our Activities Team are always up for a friendly competition.

Island Treasure Hunt

A fun-filled Island treasure hunt and an entertaining outdoor activity around Bawah Island.

Indonesian Dance Lesson

Learn some basic traditional Indonesian dance moves from our talented team.

Indonesian Batik Class

Discover the art of batik making, a craft included in the UNESCO Intangible Cultural Heritage of Humanity list. Learn the process of traditional plant-based wax dyeing along with the basic principles of the craft. Create your own batik with the assistance of our experienced team.

Six Islands Trading Post

Bawah's island boutique offers local giftware, sustainable sunscreens and a collection of resort wear. Stop by for a browse or a scoop of our delicious organic ice cream that's a must try during your visit.

Croquet & Tennis

Our activities lawn is situated in between the boutique and the permaculture gardens. Enjoy a traditional, slow-paced game of croquet or get the heart racing with a game of lawn tennis.

Afternoon Tea & Croquet (\$)

Enjoy two traditional British pastimes with a game of croquet or tennis followed by afternoon tea in the Garden Pavilion. Delight in sweet and savoury morsels and a choice of freshly brewed teas.

Stargazing

With no light pollution, Bawah Reserve is a great place to see the night sky in all its glory. On the beach in front of The Boat House you can also see stars and planets up close in our telescope.

Starlight Cinema

Enjoy a memorable cinematic experience watching a classic movie by moonlight on our outdoor screen, shown twice a week at The Boat House and the Infinity Pool. Ease into a lounge with popcorn, gentle tropical breezes and enjoy the show.

Private Movie Night (\$)

Experience an intimate screening from the comfort of your own suite.

Children's Activities

Our Activities Team are young at heart and enjoy engaging with children. We offer the following activities for our younger guests (5-12 years).

- Face painting
- Origami
- Traditional Indonesian games for children
- Batik painting (10+ years)



TASTE EXPERIENCES

Pre-booking required

Breakfast on a Stand Up Paddleboard (\$)

Indulge in the ultimate holiday experience with an array of breakfast treats atop a stand up paddleboard, floating on the calm lagoon water. The ultimate Instagram photo of your time at Bawah.

Beach BBQs @ The Boat House

Add some sizzle to your evenings at one of our twice weekly beach BBQs serving up a variety of Indonesian and Mediterranean delights for sharing.

Private Beach BBQ (\$)

For groups, consider an intimate beach BBQ complete with your own open flame grill, BBQ chef and wait staff. A mix of grilled meats, fresh fish, salads and delicious desserts are sure to please everyone.

The Lookout @ Tree Tops (\$)

A treetop hideaway perfect for romantic dinners for two or small group dining for up to eight guests. Come early to appreciate a stunning sunset.

Private Beach Dinner (\$)

Create magical memories with a candlelight beach dinner with the gentle sounds of the sea lapping as your soundtrack. Our chefs will create a delectable menu which can be customised to your taste. The ultimate romantic experience for two or an intimate evening for groups.

Private Balé & Beach Dinner (\$)

Enjoy crimson skies as the sun sets over the South China Sea with a romantic candlelit dinner in one of our secluded beach balés. On your own swathe of deserted sand, you and your partner will enjoy a four-course BBQ dinner prepared by your private chef. Our food and beverage team will be happy to tailor the meal to your taste, complete with wine pairings or extra special requests.

Sunset Sandbar Service (\$)

Relax in your reserved oceanfront daybed as you enjoy chilled prosecco and gourmet hor d'oeuvres served up to you as the sun sets on another day.





Castaway Beach Picnic (\$)

Hop on a boat for a castaway picnic to one of our secluded beaches chosen for their pristine views and natural landscape. Choose from four crafted picnic baskets and enjoy a light and healthy meal prepared by our chefs.

Indonesian Cooking Class

Indonesian cuisine is world famous for its aromatic flavours. Learn about the spices and taste the freshness of our home-grown vegetables as you're guided through a two hour cooking class by one of our chefs. Take home a recipe and the skills to recreate the dish.

Hookahs for Shisha Smoking (\$)

The Grouper Bar is the perfect place to chill with a hookah available for shisha smoking. A hookah is a water pipe that is used to smoke sweetened and flavoured tobacco. Various flavours are available for your enjoyment.

Jamu Health Tonic Workshop

Drinking jamu, made from a variety of locally grown herbs, is one of the most popular and widespread rituals in Indonesia. Traditionally, it's the females in the family that mix the tonics and pass down the recipes to the next generation. In this class you will discover the ancient techniques of Jamu creation, prepare your own using organic ingredients, and then enjoy.

Sunset Tapas (\$)

Experience splendid sunsets on the hilltop and sample Indonesian and Mediterranean tapas and a sumptuous made-to-taste, garden-to-glass cocktails in the Jules Verne Bar.

Whisky & Chocolate Pairing (\$)

Be guided through the intriguing history of whisky. Learn the basics of the spirit, its origins, distinctive characteristics and how to pair it with the perfect chocolate treat.

Cocktail / Mocktail Making Class (\$)

Spend an hour with our bartenders and pick up one (or two) tricks of the trade to create your own signature garden-to-glass cocktails or mocktails.

Coffee Making Class

Offering an introduction to manual brewing to create the perfect espresso. Expand your knowledge and gain new skills in coffee making and sample some of our Indonesian coffee blends.





SPA & WELLBEING



Daily Movement Classes

Breathe in and out to the rhythm of the waves lapping on the shore or zen out in nature on our outdoor yoga deck. We offer two daily classes and guests can also book a private personalised session.

Air-conditioned Gym

Our fully-equipped, indoor gym comes complete with cardio equipment and weight equipment such as TRX, boxing, kettle bells and stunning lagoon views.

Jungle Gym

A custom-made, outdoor gym created to leverage body weight and gravity and offer a total-body strength workout.

Private Gym or Movement (Yoga or Pilates) Session (\$)

A one-to-one gym, yoga or Pilates session offers guests the opportunity to set specific goals for flexibility, strength or meditation.

Moonlight Meditation

Experience a guided evening meditation class held under the stars on Bawah's east jetty. This session will help you focus your mind, reveal and release old blocks and patterns, and fall into a space of peace. You can close your eyes or simply gaze up at the beautiful sky.

The Wallace Library

Named after the British naturalist and explorer, Alfred Russel Wallace, the library offers a cool respite from the tropical heat. Guests can relax and peruse an array of books, free to borrow during your stay.

Stand Up Paddleboard Yoga (\$)

SUP yoga is a wonderful way to experience nature and diversify your yoga practice. Your instructor will guide you through the poses and no experience is necessary. You'll get a different type of workout doing SUP yoga as it engages new muscles, and you'll develop mindfulness as you focus on your movements.





Aura Spa

Nestled amongst the forest on the east side of Bawah Island, Aura Spa offers guests a relaxing sanctuary. A range of treatments are available including full body massages, facials, scrubs and nail service.

Spa Explorer (\$)

The ultimate pampering experience. You will be taken by boat to a secluded private spa balé offering a haven of tranquility and sea views. Breathe in the fresh ocean air and enjoy the warm breeze and the healing touch of your spa therapist. From start to finish you will be indulged, leaving your body and mind rejuvenated. This experience is perfect to create special memories.

May be enjoyed individually or together with a partner.

Infinity Pool

The swimming pool is half-moon shaped and 22 m at its longest point making it great for morning laps. Shaded by trees, the pool offers a cool respite from the tropical heat.

Scent Bar (\$)

Create and personalise your own perfume using pure organic oils and explore the different ingredients from the scent bar. Aura's spa team will guide you through pairings and notes.





ANAMBAS FOUNDATION



The Anambas Foundation is an Indonesian Foundation that aims to improve the overall ecosystem in the Anambas, both underwater and terrestrial, as well as sustainably lifting the community's welfare.

Beach Clean

Our paradise isn't exempt from plastic pollution, with as much as 100 Kg of waste washing up on our beaches every month. Join us for a fun beach clean and help us keep our marine life safe and our beaches plastic free.

Anambas Underwater Clean (\$)

Join the Anambas Foundation team on an underwater diving experience to remove ghost fishing nets and equipment left on the reef.

Diving fee applies. A portion of the proceeds go towards supporting the Anambas Foundation

Day Trip to Telaga or Kiabu (\$)

The Anambas Foundation has pilot programmes in two nearby villages. During this half- day trip you will see the positive impact the foundation is having in the community — see the organic farms, interact with kids learning English via the Digital English Club or simply experience life in these humble seaside communities.



Coral Transplantation Reef Health Monitoring Experience (\$)

Join the Anambas Foundation team for a reef dive to help transplant and preserve coral for future generations to come.

Diving fee applies. A portion of proceeds go towards supporting the Anambas Foundation.

Teatime with the Anambas Foundation

Enjoy time with representatives from the Anambas Foundation and learn more about what they are doing on the surrounding islands and right here at Bawah Reserve. From coral restoration, to setting up recycling centres to enabling and empowering women, to create new revenue streams, the Anambas Foundation is making a lasting impact on communities.

Sea Life Talk with our Marine Biologist

Did you know that Bawah Reserve has two resident marine biologists?

Learn more about our marine conservation area and the sea life that inhabits the ocean world in our lagoons. The Anambas Foundation and our marine biologists have several programmes running at the Reserve that you can participate in: coral measurement and transplantation, underwater beach clean-up and turtle protection and hatching.

A great activity for families.

