

A few intrepid canine culinary explorers posted on Instagram, just for fun—and when we stumbled onto their accounts, this cookbook was born. Now, dogs are hungry for more. Post your creation and tag @WestPawUS.



CANINE CANDY CANE

In 1670, a German choirmaster invented the first candy canes. Why? The “sugar sticks” shushed kiddos during church sermons. Keep your “kids” out of trouble in the sweetest way possible too—with healthy fruit, probiotic-rich yogurt, and no added sugar.

INGREDIENTS & MATERIALS

- Fresh Raspberries and/or strawberry (crushed). 3-4 raspberries per mold.
- Plain Greek Yogurt (1 Tbsp of plain greek yogurt per water bottle ice cube tray mold, depending on size)
- Water bottle ice cube tray
- Large or small Qwizl®

DIRECTIONS

1. Mash your fruit of choice and set aside.
2. Fill your water bottle ice cube tray first with mashed berries, using your fingers to create space an even space in between the berries. Use a dry paper towel to absorb any juice from the empty paces to ensure the red color won't bleed into the white yogurt later. Freeze.
3. Remove your tray from the freezer and begin filling the gaps with the plain greek yogurt - this two-step method keeps the colors from running together. Place the tray back into the freezer for a minimum of 3 hours.
4. Remove from freezer and run the thin ice cube under tap water for a second to make it easier to slide into the Qwizl.
5. Place inside the Qwizl and serve—right before you get on that family Zoom.



CANINE BRAIN TIP

Qwizl encourages dogs to keep chewing on the problem because the “windows” let them see, smell, and hold the reward without wolfing it down all at once. And that makes the eventual victory even sweeter.

