



SENIOR MOMENT

Qwizl is a good pick for older dogs, because it doesn't roll around. Plus, they can grip it in their paws and solve the puzzle lying down—comfily, happily entertained.

CHICKEN NOODLESS SOUP

Pop Qwizl: what's tastier than noodles, packs protein, and delivers all nine amino acids? Quinoa! And it shines in this twist on a classic fall soup. Skip the sloppiness of soup by turning it into a neat treat in the freezer—or take out the broth and poof! Grain salad.

INGREDIENTS & MATERIALS

- 1/4 C Chicken - boiled
- 1 C Chicken bone broth
- 1/4 C Cooked Quinoa
- 2 Carrots (peeled and chopped)
- 2 Celery Stalks (chopped)
- Water bottle ice cube tray
- Large or small Qwizl®

DIRECTIONS

Speed prep

1. No ice cube tray? No problem. Add the shredded chicken and chopped veggies into the Qwizl on their own.

Freezer prep

1. Shred cooked chicken into small pieces and distribute across a narrow ice cube tray.
2. Add in a layer of cooked quinoa, chopped carrots and celery. (Meh on celery? Some dogs love peas instead.)
3. Fill each mold with bone broth until all ingredients are covered. Freeze for at least 1 hour.
4. Once frozen, release molds from the tray and add to the Qwizl.

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