### Artificial Intelligence-based Breast Density Classifier Improves Mammography Reporting Reliability



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# EMBRACING



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# DISCLOSURES

### Authors:

- Dr. Watanabe is Chief Medical Officer, CureMetrix, Inc (La Jolla, CA)
- Richard Mantey, MS is an employee of CureMetrix
- Chiyung Chim, PhD is an employee of CureMetrix

### Product:

• CureMetrix cmDensity<sup>™</sup> software is investigational



# **PURPOSE**

To present a new semi-supervised learning (SSL) based model for mammography and how it can improve reliability in density assessments in radiologist reports





# **INTRODUCTION: Clinical Importance of Density Assessment**



Source: Journal of the American College of Radiology (JACR)

#### Breast cancer risk assessment

- Higher lifetime risk of developing breast cancer in patients with high tissue density
- Tyler-Cuzick Version 8
- Masking effect
  - Decreased sensitivity of mammography with higher tissue density
  - Qualitative
  - BIRADS- 5<sup>th</sup> edition



# BACKGROUND: Breast Density Reporting – 5th Edition mandated in US

### 5th Edition: Category A-D

#### Readers categorize more mammograms as dense

- Portnow, et al. RSNA 2019
- Irshad et al. AJR 2016 Dec;207(6):1366-1371
- Alikhassi A, et al.: Higher but not significant. Eur J Radiol 2018; 5:67–72

### Reader variability is increased

- 5th vs 4<sup>th</sup> edition (k = 0.57 vs. 0.63)
- Irshad, et al. AJR 2016 Dec;207(6):1366-1371



BIRADS 5<sup>th</sup> Edition: Category C (dense), even though less than 50% of the volume contains fibroglandular tissue, but there are dense patches Percentage system of 4<sup>th</sup> edition (Type 1-4 eliminated)

#### Source: BIRADS 5<sup>th</sup> edition, ACR



### BACKGROUND: The challenge for density software: No gold standard

### Quantitative methods do not translate well to subjective 5<sup>th</sup> Edition qualitative guidelines

Ex: Volpara, Quantra, Densitas

- Use breast MRI or human labels as reference standards
- K = .799 (moderate agreement with Volpara v rad)
  - https://doi.org/10.1177/0284185114554674

### Therefore, a new approach is needed:

- Semi-supervised deep learning (SSL)
- No human labels for training—which eliminates human bias

Source: https://www.sciencedirect.com/topics/computer-science/semisupervised-learning



The use of SSL removes human bias from the training of software. SSL addresses reader variability, poor consistency of quantitative classifiers, and the complex issues in machine training based on the subjective goals of BIRADS 5th-edition.



### MATERIALS AND METHODS: Readers vs. cmDensity

#### 7 MQSA qualified readers

- Board-certified radiologist
- MQSA certified
- Spent at least 75% of time reading mammograms for the last 3 years
- Read >5000 mammography exams/year
- 792 full-field digital mammograms from 3 institutions, 2 continents, and 3 vendors
- IRB Approved
- Screening mammos, 4 or more views

#### Difficult borderline cases chosen to test performance

- 4-class (Category A-D) assessment
- Binary (dense vs non-dense) assessment





# RESULTS: High inter-reader variability – 792 exams

4 Class A-D assessment (k=.35)

# 2 Class/Binary (dense vs non dense) assessment (k=0.6)







# RESULTS: High intra-reader variability: cmDensity is more consistent



Reliability (intra-reader	y (intra-reader variability) of readers vs cm		
Reader	ICC		
1	0.70 (CI: 0.68,0.73)		
2	0.72 (CI: 0.70,0.74)		
3	0.75 (CI: 0.72, 0.76)		
4	0.71 (CI: 0.69,0.73)		
5	0.78 (CI: 0.76,0.8)		
6	0.77 (CI: 0.75,0.79)		
7	0.82 (CI: 0.80,0.83)		
cmDensity	0.99 (CI: 0.98, 0.99)		

cmDensity<sup>™</sup> shows higher consistency (0.99) compared to all readers

- The most consistent reader categorized these cases as C,B,C
- In retrospect, reader indicated he would reclassify all 3 as C
- cmDensity consistently classified all 3 as C



# RESULTS: cmDensity - High agreement with readers in consensus exams



- Similar cases all Category 3 by **cmDensity** despite variation in percentage of fibroglandular tissue
- Downfall of quantitative volumetry software

Agreement of cmDensity with consensus data

<b>Readers in Consensus</b>	4_Class_Kappa	2_Class_Kappa
4	0.65 (CI: 0.58,0.72)	0.72 (CI: 0.63, 0.82)
5	0.82 (CI: 0.76, 0.87)	0.88 (CI: 0.83, 0.94)
6	0.94 (CI: 0.89, 0.98)	0.95 (CI: 0.91, 0.99)
7	0.97 (CI: 0.91, 1.0)	1.0 (CI: 1.0, 1.0 )

- cmDensity agreement increases with increased consensus
- K=0.97, 1.0 for 100% reader consensus exams







# **CONCLUSION: Clinical impact of cmDensity™**

### Findings:

- AI model shows higher reliability compared to readers
- Addresses qualitative goal of the 5th Edition
- Overcomes consistency issues with quantitative density products

### Clinical Relevance:

- ✓ Reduces subjective reporting variability
- ✓ Improved worklist control for radiologist Sort by density
- ✓ Automated population of density field in structured reports and tracking system
- ✓ MQSA case retrieval

BI-RADS®:
1 - Negative-No significa 🛛 👻
Recommendation:
1Y - Repeat mammogram in 1 year
Tissue Density:
Heterogeneously dense 🛛 🚽
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# Thank you



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# BACKGROUND: Quantitative vs. Qualitative density assessment

### BIRADS 4<sup>th</sup> Edition – 2003 = Quantitative

- To measure percentage of fibroglandular tissue within the breast
- Breasts with glandular densities of
  <25%, 25%–50%, 50%–75%, and >75%
- BIRADS Type 1-4

### BIRADS 5<sup>th</sup> Edition – 2013 = Qualitative

- To subjectively describe the masking effect of dense tissue as it may impair the accuracy of breast cancer
- Percentage system eliminated
- BIRADS Category A-D

Radiologists classify breast density using a 4-level density scale:



- A = almost entirely fat
- B = scattered fibroglandular densities
- C = heterogeneously dense
- D = extremely dense

Source: ACR/Society of Breast Imaging



# RESULTS: High inter-reader variability – 4 class overall kappa=0.35



5

6

7

Example: Low consensus case Readers labeled from A to C: 3=A, 3=B, 1=C. cmDensity =B



0.79

0.77

0.84

0.74

0.70

0.76