

Ospedale Sacra Famiglia	URINARY CATECHOLAMINES	Cod:Mod.IO238.08	Rev. 1
Erba	VANILLYMANDELIC ACID	Data:13/04/17	
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PATIENT INSTRUCTIONS FOR THE COLLECTION OF 24 HOURS URINE FOR

DETERMINATION OF:

VANILMANDELIC ACID
ACID 5 HYDROXINDOLACETIC
HYDROXYPROLINE
URINE METERSFRINE
URINARY CORTISOL
URINE COPPER

Before starting the urinary collection, pick up the container, with 10 mL of hydrochloric Acid, at Laboratory.

- Pay attention to the preservative (acid) in the container. Do not overturn it and do not touch it with your hands, as it may be caustic. Keep the container away from the reach of children.
- Start collecting in the morning after emptying the bladder at the usual time (e.g. at 7.00 am) and, from that point, collect all subsequent urine throughout the day and night until 7.00 am of the following day.
- It is important not to lose part of the emitted urine.
- Close the container properly.
- Keep the container in a **cold** place (2-8°C) and dark place for Hydroxyproline.
- Deliver the urine container to the Pickup Center from 8 am to 10 am.