

Ospedale Sacra Famiglia	INSTRUCTIONS FOR URINE EXAMINATION	Cod.:Mod.IO238.06	Rev.0
Erba		13/04/17	
U.O. di Patologia Clinica		Pag.1	Di 1

INSTRUCTIONS FOR THE COLLECTION OF THE PATIENTS

URINE FOR URINE EXAMINATION

Collect the urine on the morning of the examination day following these instructions:

- Take the first urine jet and then collect the urine in a clean container or directly into the yellow cap.
- Deliver the urine container to Laboratory from 8 am to 10 am.

INSTRUCTIONS FOR THE COLLECTION OF THE PATIENTS

URINE DURING 24 HOURS

Examinations: Clearance of Creatinine, Urea Clearance, Creatinine, Urea, Proteinuria, Urinary Electrolytes (Sodium, Chlorine, Potassium, Calcium), Amylase, Uric Acid, Phosphorus, Glucose, Urinary Cortisol

- Start collecting in the morning, after emptying the bladder at the usual time (e.g. at 7 am) and, from that point on, collect all the subsequent urine throughout the day and the night until 7 am including the next day in Special container.
- It is important not to lose part of the emitted urine.
- Always insert the container properly. Keep them during the day in a cool and dark place.
- Deliver the urine container to Laboratory from 8 am to 10 am.